

2012 Outdoor Rankings Master Women

Time/Dist		Athlete			Date	Meet
50 Metres						
8.02	0.0	LaFayette-Boyd, Carol	42	EXCL	12/05/2012	Spring Classic
100 Metres						
14.84	-1.7	Meloche, Laurie	61	EXCL	09/08/2012	NCCWMA
14.91	1.1	LaFayette-Boyd, Carol	42	EXCL	16/06/2012	Provincial Championships
14.95	1.1	Tremblay, Rhonda	60	STFC	16/06/2012	Provincial Championships
15.67	-0.9	Gieni, Muriel	58	RIVA	17/07/2012	Hub City Twilite 3
16.38	1.1	Coward, Selina	54	EXCL	16/06/2012	Provincial Championships
22.32	1.1	Boivin, Gwen	34	UNSK	16/06/2012	Provincial Championships
27.02	1.1	Fitzer, Dorothy	37	UNSK	16/06/2012	Provincial Championships
200 Metres						
31.32	0.0	Tremblay, Rhonda	60	STFC	16/06/2012	Provincial Championships
31.51	2.0	LaFayette-Boyd, Carol	42	EXCL	09/08/2012	NCCWMA
35.51	0.0	Coward, Selina	54	EXCL	16/06/2012	Provincial Championships
53.91	0.0	Boivin, Gwen	34	UNSK	16/06/2012	Provincial Championships
55.79	0.0	Fitzer, Dorothy	37	UNSK	16/06/2012	Provincial Championships
Wind/No Wind						
30.89	2.1	Tremblay, Rhonda	60	STFC	09/08/2012	NCCWMA
400 Metres						
1:08.17		Meloche, Laurie	61	EXCL	09/08/2012	NCCWMA
1:12.56		Tremblay, Rhonda	60	STFC	09/08/2012	NCCWMA
2:07.08		Fitzer, Dorothy	37	UNSK	16/06/2012	Provincial Championships
800 Metres						
3:33.26		MacDonald, Reita	61	CTCM	09/08/2012	NCCWMA
3000 Metres						
19:59.99		Fitzer, Dorothy	37	UNSK	16/06/2012	Provincial Championships
80m Hurdles						
14.81	0.0	Gieni, Muriel	58	RIVA	16/06/2012	Provincial Championships

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High Jump						
1.24m	LaFayette-Boyd, Carol		42	EXCL	12/05/2012	Spring Classic
Long Jump						
4.26m	1.9	LaFayette-Boyd, Carol	42	EXCL	09/08/2012	NCCWMA
4.13m	0.9	LaFayette-Boyd, Carol	42	EXCL	16/06/2012	Provincial Championships
3.88m	-0.3	LaFayette-Boyd, Carol	42	EXCL	12/05/2012	Spring Classic
2.22m	1.6	Boivin, Gwen	34	UNSK	16/06/2012	Provincial Championships
Wind/No Wind						
3.85m	NWI	Gieni, Muriel	58	RIVA	14/05/2012	Hub City Twilite #1
Triple Jump						
8.36m	1.5	LaFayette-Boyd, Carol	42	EXCL	12/05/2012	Spring Classic
5.11m	0.0	Boivin, Gwen	34	UNSK	16/06/2012	Provincial Championships
Shot Put						
9.63m	Coward, Selina		54	EXCL	16/06/2012	Provincial Championships
8.21m	Tosh, Marg		37	UNSK	09/08/2012	NCCWMA
5.83m	Tremblay, Rhonda		60	STFC	09/08/2012	NCCWMA
5.14m	Ferguson, Lil		32	UNSK	16/06/2012	Provincial Championships
Discus						
21.31m	Coward, Selina		54	EXCL	16/06/2012	Provincial Championships
21.24m	Tosh, Marg		37	UNSK	09/08/2012	NCCWMA
11.96m	Ferguson, Lil		32	UNSK	16/06/2012	Provincial Championships
Hammer						
27.02m	Tosh, Marg		37	UNSK	09/08/2012	NCCWMA
Javelin						
26.31m	Tosh, Marg		37	UNSK	09/08/2012	NCCWMA
12.44m	Ferguson, Lil		32	UNSK	16/06/2012	Provincial Championships

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Master Women**

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Weight Throw

12.24m	Tosh, Marg	37	UNSK	09/08/2012	NCCWMA
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Weight Pentathlon

4257 pts	Tosh, Marg	37	UNSK	09/08/2012	NCCWMA
Hammer 25.92m /Shot Put 7.89m /Discus 21.81m /Javelin 23.79m /Weight Throw 11.85m					