

## 2016 Outdoor Rankings Master Women

Time/Dist		Athlete			Date	Location
<b>50 Metres</b>						
7.61	-1.7	Kelly Silcox	66	EXCL	25/06/2016	Saskatoon
8.14	-1.7	Carol LaFayette-Boyd	42	EXCL	25/06/2016	Saskatoon
8.97	-1.7	Monique Campbell	64	UNSK	25/06/2016	Saskatoon
<b>100 Metres</b>						
13.02	1.7	Amanda Stalwick	72	DATC	13/07/2016	Saskatoon
13.94	1.3	Kelly Silcox	66	EXCL	07/05/2016	Regina
14.70	1.3	Sandi Arnason	73	RIVA	07/05/2016	Regina
15.05	-1.0	Carol LaFayette-Boyd	42	EXCL	12/08/2016	Ontario
15.86	-3.1	Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
16.62	-1.2	Jan Smith	59	UNSK	27/08/2016	British Columbia
17.87	-2.0	Monique Campbell	64	UNSK	25/06/2016	Saskatoon
<b>200 Metres</b>						
27.33	1.8	Amanda Stalwick	72	DATC	13/07/2016	Saskatoon
28.95	1.9	Kelly Silcox	66	EXCL	25/06/2016	Saskatoon
29.85	-2.3	Andrea Kozan	72	EXCL	27/08/2016	British Columbia
31.57	0.3	Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
32.02	1.5	Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
<b>400 Metres</b>						
1:05.37		Andrea Kozan	72	EXCL	27/08/2016	British Columbia
1:14.09		Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
1:32.85		Monique Campbell	64	UNSK	25/06/2016	Saskatoon
<b>800 Metres</b>						
2:35.04		Andrea Kozan	72	EXCL	27/08/2016	British Columbia
3:48.93		Judy Warick	49	SCTM	07/05/2016	Regina
<b>1500 Metres</b>						
7:15.95		Judy Warick	49	SCTM	07/06/2016	Saskatoon

**2016 Outdoor Rankings  
Master Women**

<b>Time/Dist</b>		<b>Athlete</b>			<b>Date</b>	<b>Location</b>
<b>3000 Metres</b>						
12:44.74		Judy Warick	49	SCTM	25/06/2016	Saskatoon
<b>5000 Metres</b>						
22:55.45		Jan Smith	59	UNSK	27/08/2016	British Columbia
<b>100m Hurdles</b>						
14.23	-2.0	Muriel Gieni	58	RIVA	12/08/2016	Ontario
<b>2000m Steeple Chase</b>						
8:59.30		Jan Smith	59	UNSK	27/08/2016	British Columbia
<b>High Jump</b>						
1.36m		Sandi Arnason	73	RIVA	07/05/2016	Regina
1.26m		Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
<b>Long Jump</b>						
4.32m	1.5	Sandi Arnason	73	RIVA	07/06/2016	Saskatoon
4.32m	1.9	Muriel Gieni	58	RIVA	27/08/2016	British Columbia
4.19m	1.9	Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
<b>Triple Jump</b>						
9.25m	1.0	Muriel Gieni	58	RIVA	12/08/2016	Ontario
9.01m	0.0	Sandi Arnason	73	RIVA	07/05/2016	Regina
8.33m	-1.5	Carol LaFayette-Boyd	42	EXCL	25/06/2016	Saskatoon
<b>Wind/No Wind</b>						
6.06m	5.2	Judy Warick	49	SCTM	07/06/2016	Saskatoon

**2016 Outdoor Rankings  
Master Women**

<b>Time/Dist</b>	<b>Athlete</b>			<b>Date</b>	<b>Location</b>
<b>Shot Put</b>					
9.37m	Margaret Tosh	37	STFC	13/07/2016	Saskatoon
7.10m	Vi Mizuno	51	SCTM	07/05/2016	Regina
7.03m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
6.18m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
<b>Discus</b>					
21.16m	Margaret Tosh	37	STFC	07/06/2016	Saskatoon
20.29m	Vi Mizuno	51	SCTM	25/06/2016	Saskatoon
19.73m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
18.56m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
<b>Hammer</b>					
31.51m	Margaret Tosh	37	STFC	13/07/2016	Saskatoon
22.38m	Vi Mizuno	51	SCTM	07/05/2016	Regina
20.18m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
19.62m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
<b>Javelin</b>					
23.46m	Vi Mizuno	51	SCTM	25/06/2016	Saskatoon
21.03m	Margaret Tosh	37	STFC	25/06/2016	Saskatoon
19.55m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
15.07m	Jean Healey	48	SCTM	25/06/2016	Saskatoon