

2016 Outdoor Rankings Master Women

Time/Dist		Athlete			Date	Location
50 Metres						
7.61	-1.7	Kelly Silcox	66	EXCL	25/06/2016	Saskatoon
8.14	-1.7	Carol LaFayette-Boyd	42	EXCL	25/06/2016	Saskatoon
8.97	-1.7	Monique Campbell	64	UNSK	25/06/2016	Saskatoon
100 Metres						
13.02	1.7	Amanda Stalwick	72	DATC	13/07/2016	Saskatoon
13.94	1.3	Kelly Silcox	66	EXCL	07/05/2016	Regina
14.70	1.3	Sandi Arnason	73	RIVA	07/05/2016	Regina
15.05	-1.0	Carol LaFayette-Boyd	42	EXCL	12/08/2016	Ontario
15.86	-3.1	Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
16.62	-1.2	Jan Smith	59	UNSK	27/08/2016	British Columbia
17.87	-2.0	Monique Campbell	64	UNSK	25/06/2016	Saskatoon
200 Metres						
27.33	1.8	Amanda Stalwick	72	DATC	13/07/2016	Saskatoon
28.95	1.9	Kelly Silcox	66	EXCL	25/06/2016	Saskatoon
29.85	-2.3	Andrea Kozan	72	EXCL	27/08/2016	British Columbia
31.57	0.3	Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
32.02	1.5	Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
400 Metres						
1:05.37		Andrea Kozan	72	EXCL	27/08/2016	British Columbia
1:14.09		Rhonda Tremblay	60	RIVA	25/06/2016	Saskatoon
1:32.85		Monique Campbell	64	UNSK	25/06/2016	Saskatoon
800 Metres						
2:35.04		Andrea Kozan	72	EXCL	27/08/2016	British Columbia
3:48.93		Judy Warick	49	SCTM	07/05/2016	Regina
1500 Metres						
7:15.95		Judy Warick	49	SCTM	07/06/2016	Saskatoon

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3000 Metres						
12:44.74		Judy Warick	49	SCTM	25/06/2016	Saskatoon
5000 Metres						
22:55.45		Jan Smith	59	UNSK	27/08/2016	British Columbia
100m Hurdles						
14.23	-2.0	Muriel Gieni	58	RIVA	12/08/2016	Ontario
2000m Steeple Chase						
8:59.30		Jan Smith	59	UNSK	27/08/2016	British Columbia
High Jump						
1.36m		Sandi Arnason	73	RIVA	07/05/2016	Regina
1.26m		Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
Long Jump						
4.32m	1.5	Sandi Arnason	73	RIVA	07/06/2016	Saskatoon
4.32m	1.9	Muriel Gieni	58	RIVA	27/08/2016	British Columbia
4.19m	1.9	Carol LaFayette-Boyd	42	EXCL	27/08/2016	British Columbia
Triple Jump						
9.25m	1.0	Muriel Gieni	58	RIVA	12/08/2016	Ontario
9.01m	0.0	Sandi Arnason	73	RIVA	07/05/2016	Regina
8.33m	-1.5	Carol LaFayette-Boyd	42	EXCL	25/06/2016	Saskatoon
Wind/No Wind						
6.06m	5.2	Judy Warick	49	SCTM	07/06/2016	Saskatoon

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Shot Put					
9.37m	Margaret Tosh	37	STFC	13/07/2016	Saskatoon
7.10m	Vi Mizuno	51	SCTM	07/05/2016	Regina
7.03m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
6.18m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
Discus					
21.16m	Margaret Tosh	37	STFC	07/06/2016	Saskatoon
20.29m	Vi Mizuno	51	SCTM	25/06/2016	Saskatoon
19.73m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
18.56m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
Hammer					
31.51m	Margaret Tosh	37	STFC	13/07/2016	Saskatoon
22.38m	Vi Mizuno	51	SCTM	07/05/2016	Regina
20.18m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
19.62m	Jean Healey	48	SCTM	25/06/2016	Saskatoon
Javelin					
23.46m	Vi Mizuno	51	SCTM	25/06/2016	Saskatoon
21.03m	Margaret Tosh	37	STFC	25/06/2016	Saskatoon
19.55m	Marilyn McCloy Cornish	55	SCTM	25/06/2016	Saskatoon
15.07m	Jean Healey	48	SCTM	25/06/2016	Saskatoon