

## 2015 Outdoor Rankings Master Men

Time/Dist		Athlete			Date	Location
<b>50 Metres</b>						
6.44	-1.7	Tim Sebulsky	77	UNSK	13/06/2015	Regina
6.94	-1.7	Colin Ellis	67	EXCL	13/06/2015	Regina
7.25	-1.7	Marcel D'Eon	53	RIVA	13/06/2015	Regina
7.43	-1.7	Howard Ruston	60	UNSK	13/06/2015	Regina
7.44	-1.7	Brian Berquist	53	RIVA	13/06/2015	Regina
8.41	-1.7	Ted Rowan	33	SCTM	13/06/2015	Regina
8.52	-1.7	Dale Ross	46	SCTM	13/06/2015	Regina
<b>60 Metres</b>						
8.57	0.0	Marcel D'Eon	53	RIVA	21/02/2015	Hawaii
<b>100 Metres</b>						
11.80	-1.8	Tim Sebulsky	77	UNSK	13/06/2015	Regina
11.98	-0.6	Chad Kichula	76	EXCL	09/05/2015	Regina
12.76	-1.6	Colin Ellis	67	EXCL	13/06/2015	Regina
13.30	-1.6	Marcel D'Eon	53	RIVA	13/06/2015	Regina
13.84	-1.6	Howard Ruston	60	UNSK	13/06/2015	Regina
14.15	-1.6	Brent McPherson	54	UNSK	13/06/2015	Regina
15.79	-1.6	Ted Rowan	33	SCTM	13/06/2015	Regina
16.04	-1.6	Dale Ross	46	SCTM	13/06/2015	Regina
<b>200 Metres</b>						
24.51	0.1	Chad Kichula	76	EXCL	17/07/2015	Ontario
24.68	0.4	Tim Sebulsky	77	UNSK	13/06/2015	Regina
26.88	0.7	Colin Ellis	67	EXCL	13/06/2015	Regina
28.20	-2.6	Marcel D'Eon	53	RIVA	25/07/2015	Alberta
28.55	0.7	Howard Ruston	60	UNSK	13/06/2015	Regina
37.37	-0.4	Hike van der Wal	38	UNSK	17/07/2015	Ontario
Wind/No Wind						
27.89	NWI	Marcel D'Eon	53	RIVA	21/02/2015	Hawaii
33.79	NWI	Doug Renwick	42	SCTM	03/10/2014	Nevada

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Time/Dist	Athlete			Date	Location
<b>400 Metres</b>					
1:01.63	Colin Ellis	67	EXCL	13/06/2015	Regina
1:03.51	Marcel D'Eon	53	RIVA	25/07/2015	Alberta
1:05.13	Larry Longmore	51	EXCL	13/06/2015	Regina
1:08.89	Steven Lewis	51	SCTM	17/07/2015	Ontario
1:12.85	Doug Renwick	42	SCTM	03/10/2014	Nevada
1:27.22	Joe Koza	35	UNSK	09/05/2015	Regina
<b>800 Metres</b>					
2:31.39	Steven Lewis	51	SCTM	17/07/2015	Ontario
2:32.19	Keith Meszaros	56	SCTM	13/06/2015	Regina
2:59.49	Doug Renwick	42	SCTM	06/10/2014	Utah
<b>1500 Metres</b>					
6:04.92	Doug Renwick	42	SCTM	06/10/2014	Utah
<b>3000 Metres</b>					
11:50.93	Dave Olsen	55	UNSK	09/05/2015	Regina
13:32.04	Doug Renwick	42	SCTM	06/10/2014	Utah
<b>5000 Metres</b>					
20:39.88	Dave Olsen	55	UNSK	17/07/2015	Ontario
<b>10,000 Metres</b>					
44:15.51	Dave Olsen	55	UNSK	17/07/2015	Ontario
<b>1500m Walk</b>					
12:09.75	Doug Renwick	42	SCTM	03/10/2014	Nevada
<b>300m Hurdles</b>					
59.54	Doug Renwick	42	SCTM	03/10/2014	Nevada

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<b>2000m Steeple Chase</b>						
17:56.44		Hike van der Wal	38	UNSK	17/07/2015	Ontario
<b>High Jump</b>						
1.25m		Joe Koza	35	UNSK	09/05/2015	Regina
<b>Long Jump</b>						
3.98m	1.0	Dale Lawrence	58	UNSK	13/06/2015	Regina
3.53m	1.1	Ted Rowan	33	SCTM	13/06/2015	Regina
Wind/No Wind						
4.31m	NWI	Dale Lawrence	58	UNSK	09/05/2015	Regina
3.89m	NWI	Doug Renwick	42	SCTM	06/10/2014	Utah
3.52m	NWI	Joe Koza	35	UNSK	09/05/2015	Regina
2.50m	2.6	Hike van der Wal	38	UNSK	17/07/2015	Ontario
<b>Triple Jump</b>						
9.38m	1.2	Larry Longmore	51	EXCL	13/06/2015	Regina
8.91m	0.4	Dale Lawrence	58	UNSK	13/06/2015	Regina
7.57m	1.8	Joe Koza	35	UNSK	09/05/2015	Regina
<b>Shot Put</b>						
11.23m		Don Brodeur	51	UNSK	09/05/2015	Regina
10.15m		Brian Berquist	53	RIVA	25/07/2015	Saskatoon
9.73m		Art Battiste	42	SCTM	25/07/2015	Saskatoon
8.88m		Roland Delhomeau	45	SCTM	25/07/2015	Saskatoon
7.72m		Bob Edwards	40	YLTC	09/05/2015	Regina
<b>Discus</b>						
40.53m		Don Brodeur	51	UNSK	09/05/2015	Regina
38.03m		Brian Berquist	53	RIVA	30/07/2015	Saskatoon
32.19m		Terry Mountjoy	48	EXCL	13/06/2015	Regina

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### Discus Cont'd

28.44m	Roland Delhomeau	45	SCTM	13/06/2015	Regina
26.65m	Dale Ross	46	SCTM	09/05/2015	Regina
22.66m	Bob Edwards	40	YLTC	09/05/2015	Regina
22.04m	Art Battiste	42	SCTM	25/07/2015	Saskatoon
20.98m	Joe Koza	35	UNSK	09/05/2015	Regina

### Hammer

31.20m	Don Brodeur	51	UNSK	09/05/2015	Regina
28.82m	Bob Edwards	40	YLTC	09/05/2015	Regina
26.58m	Brian Berquist	53	RIVA	25/07/2015	Saskatoon
25.19m	Art Battiste	42	SCTM	25/07/2015	Saskatoon
24.35m	Roland Delhomeau	45	SCTM	30/07/2015	Saskatoon
23.42m	Terry Mountjoy	48	EXCL	13/06/2015	Regina

### Javelin

36.24m	Larry Longmore	51	EXCL	13/06/2015	Regina
33.55m	Brent McPherson	54	UNSK	09/05/2015	Regina
32.70m	Brian Berquist	53	RIVA	09/05/2015	Regina
30.22m	Dale Lawrence	58	UNSK	13/06/2015	Regina
28.32m	Don Brodeur	51	UNSK	09/05/2015	Regina
26.56m	Roland Delhomeau	45	SCTM	25/07/2015	Saskatoon
22.09m	Joe Koza	35	UNSK	09/05/2015	Regina
20.97m	Bob Edwards	40	YLTC	25/07/2015	Saskatoon
19.19m	Art Battiste	42	SCTM	25/07/2015	Saskatoon

### Weight Throw

12.08m	Brian Berquist	53	RIVA	25/07/2015	Saskatoon
11.94m	Roland Delhomeau	45	SCTM	25/07/2015	Saskatoon
10.05m	Art Battiste	42	SCTM	25/07/2015	Saskatoon
9.89m	Bob Edwards	40	YLTC	25/07/2015	Saskatoon

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### Weght Pentathlon

2802 pts	Brian Berquist	53 RIVA	25/07/2015	Saskatoon
	HT 26.58m; SP 10.15m; DT 35.50m; JT 31.70m; WT 12.08m			
2755 pts	Roland Delhomeau	45 SCTM	25/07/2015	Saskatoon
	HT 22.81m; SP 8.88m; DT 27.36m; JT 26.56m; WT 11.94m			
2603 pts	Bob Edwards	40 YLTC	19/09/2015	Saskatoon
	HT 26.32m; SP 7.77m; DT 20.42m; JT 18.53m; WT 10.37m			
2447 pts	Art Battiste	42 SCTM	25/07/2015	Saskatoon
	HT 25.19m; SP 9.73m; DT 22.04m; JT 191.19m; WT 10.05m			