

**2012 Indoor Rankings
Master Men**

Time/Dist	Athlete			Date	Meet
50 Metres					
6.70	Ellis, Colin	67	EXCL	16/03/2012	Saskatoon Kinsmen Indoor
8.91	Delhomeau, Roland	45	CTCM	16/03/2012	Saskatoon Kinsmen Indoor
60 Metres					
7.79	Ellis, Colin	67	EXCL	02/03/2012	Boeing Indoor Classic
8.43	Headley, John	56	RIVA	10/02/2012	Queen City Kinsmen Indoor
10.14	Greschuk, Leonard	68	UNSK	10/02/2012	Queen City Kinsmen Indoor
10.34	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor
60 Metres Hand Time					
8.1h	D'Eon, Marcel	53	RIVA	10/12/2011	PR First Chance Meet
200 Metres					
25.64	Ellis, Colin	67	EXCL	02/03/2012	Boeing Indoor Classic
27.72	Headley, John	56	RIVA	10/02/2012	Queen City Kinsmen Indoor
32.36	Renwick, Doug	42	CTCM	16/03/2012	Saskatoon Kinsmen Indoor
33.90	Greschuk, Leonard	68	UNSK	10/02/2012	Queen City Kinsmen Indoor
300 Metres					
52.03	Renwick, Doug	42	CTCM	27/01/2012	Sled Dog
400 Metres					
1:05.51	Meszaros, Keith	56	CTCM	27/01/2012	Saskatoon Kinsmen Indoor
1:12.09	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
600 Metres					
1:37.36	Kowalski, Kent	70	RIVA	07/01/2012	Prairie Dual
1:46.40	Meszaros, Keith	56	CTCM	27/01/2012	Sled Dog
1:57.72	Renwick, Doug	42	CTCM	27/01/2012	Sled Dog
600 Metres Hand Time					
1:49.0h	D'Eon, Marcel	53	RIVA	10/12/2011	PR First Chance Meet

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Time/Dist	Athlete			Date	Meet
800 Metres					
2:20.45	Balezantis, Ron	63	STFC	10/02/2012	Queen City Kinsmen Indoor
2:26.57	Meszaros, Keith	56	CTCM	27/01/2012	Sled Dog
2:29.66	Gerwing, Jim	59	UNSK	27/01/2012	Sled Dog
2:32.15	Lewis, Steven	51	UNSK	16/03/2012	Saskatoon Kinsmen Indoor
2:44.24	Souter, Neal	58	TIST	16/03/2012	Saskatoon Kinsmen Indoor
2:45.41	Renwick, Doug	42	CTCM	16/03/2012	Saskatoon Kinsmen Indoor
3:12.91	Delhomeau, Roland	45	CTCM	16/03/2012	Saskatoon Kinsmen Indoor
1000 Metres					
3:14.26	Meszaros, Keith	56	CTCM	10/02/2012	Queen City Kinsmen Indoor
3:50.27	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
4:10.06	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor
1500 Metres					
5:07.06	Svec, John	65	UNSK	10/02/2012	Queen City Kinsmen Indoor
5:10.02	Olsen, Dave	71	UNSK	03/12/2011	Regina Friendship Games
5:11.32	Meszaros, Keith	56	CTCM	16/03/2012	Saskatoon Kinsmen Indoor
6:04.36	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
3000 Metres					
10:23.36	Balezantis, Ron	63	STFC	10/02/2012	Queen City Kinsmen Indoor
10:36.23	Olsen, Dave	71	UNSK	10/02/2012	Queen City Kinsmen Indoor
1 Mile					
5:08.33	Balezantis, Ron	63	STFC	27/01/2012	Sled Dog
5:34.16	Baynton, Kirby	58	UNSK	27/01/2012	Sled Dog
5:35.94	Meszaros, Keith	56	CTCM	27/01/2012	Sled Dog
5:47.04	Lewis, Steven	51	UNSK	27/01/2012	Sled Dog
6:39.49	Renwick, Doug	42	CTCM	27/01/2012	Sled Dog
6:59.97	Delhomeau, Roland	45	CTCM	27/01/2012	Sled Dog
60m Hurdles					
12.73	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
13.42	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor

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Time/Dist	Athlete			Date	Meet
High Jump					
1.25m	Koza, Joe	35	UNSK	03/12/2011	Regina Friendship Games
1.24m	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor
1.18m	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
Pole Vault					
3.90m	Kowalski, Kent	70	RIVA	10/12/2011	PR First Chance Meet
1.95m	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
Long Jump					
5.01m	Ellis, Colin	67	EXCL	16/03/2012	Saskatoon Kinsmen Indoor
3.73m	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
3.62m	Koza, Joe	35	UNSK	03/12/2011	Regina Friendship Games
3.53m	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor
Triple Jump					
7.73m	Koza, Joe	35	UNSK	03/12/2011	Regina Friendship Games
7.57m	Delhomeau, Roland	45	CTCM	03/12/2011	Regina Friendship Games
Shot Put					
8.87m	Delhomeau, Roland	45	CTCM	17/12/2011	Santa Claus Throws
9.04m	Edwards, Bob	40	UNSK	21/04/2012	Athletic Festival
8.09m	Rowan, Ted	33	CTCM	17/12/2011	Santa Claus Throws
7.35m	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
6.20m	Greschuk, Leonard	68	UNSK	03/12/2011	Regina Friendship Games
Weight Throw					
12.97m	Mountjoy, Terry	48	EXCL	16/03/2012	Saskatoon Kinsmen Indoor
11.93m	Medernach, Doug	74	RIVA	16/03/2012	Saskatoon Kinsmen Indoor
11.74m	Edwards, Bob	40	UNSK	21/04/2012	Athletic Festival
10.60m	Delhomeau, Roland	45	CTCM	17/12/2011	Santa Claus Throws

**2012 Indoor Rankings
Master Men**

Time/Dist	Athlete			Date	Meet
	Indoor Pentathlon (Age Graded)				
3088pts	Renwick, Doug	42	CTCM	10/02/2012	Queen City Kinsmen Indoor
	12.74 60mH;3.73m LJ;7.35m SP;1.18m HJ;3:50.28 1000m				
2420pts	Delhomeau, Roland	45	CTCM	10/02/2012	Queen City Kinsmen Indoor
	13.42 60mH;3.19m LJ;7.71m SP;1.24m HJ;4:10.07 1000m				