

2016 Outdoor Rankings Midget Women

Time/Dist	Athlete	Date	Location
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100 Metres

Native Outdoor	11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor	11.58 Jul-04-03 Jenni Hucul STFC

13.05	-1.1	Kailee Woitas	02	TMSK	29/07/2016	Regina
13.12	-0.2	Ann Ogunnubi	01	RIVA	25/06/2016	Saskatoon
13.14	1.6	Kyla Heidt	02	TMSK	29/07/2016	Regina
13.14	-0.2	Kalea Sauder	01	UNSK	25/06/2016	Saskatoon
13.43	-0.2	Nicole Hoare	01	RIVA	25/06/2016	Saskatoon
13.53	0.5	Sara Kozan	02	EXCL	07/05/2016	Regina
13.56	-0.4	Malika Yoh	02	EXCL	07/05/2016	Regina
13.92	0.5	Mirabel Bonar	02	EXCL	07/05/2016	Regina
13.94	0.5	Nicole Kistanov	02	ELTC	07/05/2016	Regina
13.98	-3.2	Megan Dueck	02	STFC	07/06/2016	Saskatoon
13.98	-0.4	Kaiya Jessop	01	EXCL	07/05/2016	Regina
14.08	-0.2	Gaby Rutherford	01	STFC	25/06/2016	Saskatoon
14.35	-0.4	Emma Braaten	02	EXCL	07/05/2016	Regina
14.37	-2.1	Kayleigh Strinholm	01	EXCL	29/07/2016	Regina
14.40	-0.4	Kelly Romanuik	02	QPTC	07/05/2016	Regina
14.57	-0.4	Abby Belanger	02	EXCL	07/05/2016	Regina
14.76	-4.1	Megan Dueck	02	STFC	25/06/2016	Saskatoon
14.79	-0.4	Taylor Geisel	02	ELTC	07/05/2016	Regina
14.96	-3.4	Emily Turnbull	01	STFC	25/06/2016	Saskatoon
15.03	-2.1	Mukesh, Lakshmi	02	EXCL	29/07/2016	Regina
15.69	-0.4	Tegan Kohomick	01	EXCL	07/05/2016	Regina
16.83	-3.2	Lauren O'Reilly	02	STFC	07/06/2016	Saskatoon

200 Metres

Native Outdoor	24.50 Apr-26-03 Jenni Hucul STFC
Open Outdoor	24.50 Apr-26-03 Jenni Hucul STFC

26.62	0.4	Aspen Slobodzian	01	TMSK	29/07/2016	Regina
26.86	-0.6	Kyla Heidt	02	TMSK	29/07/2016	Regina
27.80	1.1	Nicole Hoare	01	RIVA	25/06/2016	Saskatoon
28.02	0.0	Malika Yoh	02	EXCL	07/05/2016	Regina
28.08	-1.7	Sara Kozan	02	TMSK	29/07/2016	Regina
29.18	1.1	Jacinta Bumphrey	01	STFC	25/06/2016	Saskatoon

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200 Metres Cont'd

29.42	-1.5	Kayleigh Strinholm	01	EXCL	29/07/2016	Regina
30.35	0.0	Abby Belanger	02	EXCL	07/05/2016	Regina
30.63	1.1	Dominique Piche	02	STFC	25/06/2016	Saskatoon
30.80	0.0	Emma Braaten	02	EXCL	07/05/2016	Regina
31.82	0.0	Claire Ledingham	01	EXCL	07/05/2016	Regina

Wind/No Wind

26.17	3.1	Ann Ogunnubi	01	TMSA	25/07/2016	Estevan
26.40	3.1	Aspen Slobodzian	01	TMPC	25/07/2016	Estevan
27.27	NWI	Nicole Hoare	01	RIVA	25/06/2016	Saskatoon

300 Metres

Native Outdoor	41.51	Aug-09-13	Amanda LePage	TMSK
Open Outdoor	39.86	Jul-19-14	Victoria Tachinski	TMMB

41.26	Angela Moser	01	TMSK	29/07/2016	Regina
45.31	Malika Yoh	02	EXCL	25/06/2016	Saskatoon
45.67	Ellison Kozan	02	EXCL	25/06/2016	Saskatoon

400 Metres

Native Outdoor	58.67	Aug-12-00	Katie Rooks	STFC
Open Outdoor	58.28	Aug-03-85	Cheryl Allen	AB

59.48	Angela Moser	01	TMSA	25/07/2016	Estevan
1:05.23	Makenna Gerwing	01	TMPC	27/05/2016	Estevan

800 Metres

Open Outdoor	2:13.00	Aug-15-05	Stephanie Romanson	TMMB
Native Outdoor	2:14.79	Aug-17-93	Deidre Emerson	CEN

2:14.65	Natalia McCullough	01	TMSK	29/07/2016	Regina
2:16.83	Kaitlyn Harrison	01	TMSK	29/07/2016	Regina
2:25.25	Hannah Walker	01	TMSK	29/07/2016	Regina

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800 Metres Cont'd

2:32.71	Mackenzie Johnson	02 TIST	25/06/2016	Saskatoon
2:33.45	Ellison Kozan	02 EXCL	07/05/2016	Regina
2:35.50	Julianne Langlois	01 UNSK	25/06/2016	Saskatoon
2:35.54	Sarah Novakowski	01 YLTC	07/05/2016	Regina
2:35.74	Makenna Gerwing	01 TMPC	25/07/2016	Estevan
2:36.31	Samantha Monette	01 TMLK	25/07/2016	Estevan
2:43.84	Abby Belanger	02 EXCL	07/05/2016	Regina
2:44.61	Paige Novakowski	01 YLTC	25/06/2016	Saskatoon
2:44.63	Madelyn Kaban	02 EXCL	07/05/2016	Regina
3:06.40	Monika Nixdorf	02 EXCL	25/06/2016	Saskatoon
3:33.33	Jaira Cross Child	01 TMSA	25/07/2016	Estevan

1200 Metres

Native Outdoor	3:43.87	Jul-14-12	Amy Manske	RIVA/TMSK
Open Outdoor	3:42.57	Jul-19-14	Sophie Sigfstead	TMAB

3:39.65	Natalia McCullough	01 TMSK	29/07/2016	Regina
3:45.54	Kaitlyn Harrison	01 TMSK	29/07/2016	Regina
3:51.47	Jaira Cross Child	01 STFC	25/06/2016	Saskatoon
3:53.38	Hannah Walker	01 PAAC	25/06/2016	Saskatoon
3:55.80	Samantha Monette	01 PAAC	25/06/2016	Saskatoon
3:57.59	Sarah Novakowski	01 YLTC	25/06/2016	Saskatoon
4:10.74	Mackenzie Johnson	02 TIST	25/06/2016	Saskatoon
4:14.78	Ellison Kozan	02 EXCL	25/06/2016	Saskatoon
4:37.65	Madelyn Kaban	02 EXCL	07/05/2016	Regina

1500 Metres

Native Outdoor	4:36.53	Jul-25-04	Stephanie Smith	ON
Open Outdoor	4:36.53	Jul-25-04	Stephanie Smith	ON

4:52.60	Natalia McCullough	01 TMRE	25/07/2016	Estevan
4:57.78	Kaitlyn Harrison	01 TMPC	25/07/2016	Estevan
5:03.33	Jaira Cross Child	01 TMSA	25/07/2016	Estevan
5:06.29	Sarah Novakowski	01 TMPK	25/07/2016	Estevan
5:09.18	Hannah Walker	01 TMLK	25/07/2016	Estevan

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1500 Metres Cont'd

5:21.70	Samantha Monette	01 TMLK	25/07/2016	Estevan
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2000 Metres

Native Outdoor	6:41.88	Jul-15-12	Amy Manske RIVA/TMSK
Open Outdoor	6:22.94	Jul-18-14	Sophie Sigfstead TMAB

6:42.51	Kaitlyn Harrison	01 QCST	05/08/2016	Quebec
6:56.08	Hannah Walker	01 PAAC	25/06/2016	Saskatoon
6:58.26	Jaira Cross Child	01 STFC	25/06/2016	Saskatoon
7:05.33	Samantha Monette	01 PAAC	25/06/2016	Saskatoon
7:49.77	Mackenzie Johnson	02 TIST	25/06/2016	Saskatoon

3000 Metres

Native Outdoor	10:11.88	Jun-03-06	Karissa LePage QCST
Open Outdoor	10:00.80	Aug-03-85	Jennifer Armstrong ON

11:07.15	Kaitlyn Harrison	01 TMPC	25/07/2016	Estevan
11:10.56	Hannah Walker	01 TMLK	25/07/2016	Estevan
11:11.95	Jaira Cross Child	01 TMSA	25/07/2016	Estevan
11:31.85	Sarah Novakowski	01 TMPK	25/07/2016	Estevan
13:15.91	Page Novakowski	01 TMPK	25/07/2016	Estevan

80 Metre Hurdles .76m

Native Outdoor	11.96	Aug-11-01	Jaime Cruickshank RAT
Open Outdoor	11.96	Aug-11-01	Jaime Cruickshank RAT

12.74	1.7	Sierra Leonard	01 TMSK	29/07/2016	Regina
12.85	-0.9	Kalea Sauder	01 TMSK	29/07/2016	Regina
12.88	1.7	Kailee Woitas	02 TMSK	29/07/2016	Regina
14.35	0.3	Sara Kozan	02 EXCL	25/06/2016	Saskatoon
14.51	-0.9	Claire Ledingham	01 TMSK	29/07/2016	Regina
14.63	-0.9	Rebecca Hort	01 TMSK	29/07/2016	Regina

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80 Metre Hurdles .76m Cont'd

Wind/No Wind

17.47	2.2	Tegan Kohomick	01	EXCL	07/05/2016	Regina
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100m Hurdles 0.76m

16.76	0.8	Kalea Sauder	01	TMSW	25/07/2016	Estevan
18.26	0.8	Rebecca Hort	01	TMPK	25/07/2016	Estevan

200 Metre Hurdles .76m

Native Outdoor	28.54	Jul-25-10	Katelyn Lehner	CCTC
Open Outdoor	28.54	Jul-25-10	Katelyn Lehner	CCTC

33.66	-1.7	Rebecca Hort	01	TMSK	29/07/2016	Regina
33.74	-1.7	Claire Ledingham	01	TMSK	29/07/2016	Regina

Wind/No Wind

35.50	4.4	Claire Ledingham	01	EXCL	25/06/2016	Saskatoon
35.88	4.4	Emily Turnbull	01	STFC	25/06/2016	Saskatoon

300 Metre Hurdles .76m

Native Outdoor	45.88	Jun-28-96	Jennifer Stakiw	PRA
Open Outdoor	45.88	Jun-28-96	Jennifer Stakiw	PRA

55.22		Rebecca Hort	01	TMPK	25/07/2016	Estevan
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1500 Metre Steeplechase .76m (No Water Jump)

5:23.43		Sarah Novakowski	01	TMSK	29/07/2016	Regina
5:57.07		Ellison Kozan	02	TMSK	29/07/2016	Regina

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High Jump

Native Outdoor	1.71m	Jun-02-00	Janine Polischuk	RAT	
Open Outdoor	1.72m	Aug-03-85	Coralea Brown	AB	

1.55m	Kalea Sauder	01	UNSK	25/06/2016	Saskatoon
1.55m	Aspen Slobodzian	01	RIVA	18/06/2016	Alberta
1.50m	Gaby Rutherford	01	STFC	25/06/2016	Saskatoon
1.45m	Sarah Wildman	01	KATC	25/06/2016	Saskatoon
1.40m	Kelly Romanuik	02	QPTC	07/05/2016	Regina
1.40m	Sierra Leonard	01	TMSA	25/07/2016	Estevan
1.36m	Ellison Kozan	02	TMSK	29/07/2016	Regina
1.36m	Claire Ledingham	01	TMSK	29/07/2016	Regina
1.36m	Lakshmi Mukesh	02	EXCL	29/07/2016	Regina
1.35m	Nicole Kistanov	02	ELTC	07/05/2016	Regina
1.30m	Arden Nicholls	02	EXCL	07/05/2016	Regina
1.30m	Kailee Waitas	02	EXCL	07/05/2016	Regina
1.30m	Charne Esterhuysen	01	EXCL	07/05/2016	Regina
1.30m	Dominique Piche	02	STFC	07/06/2016	Saskatoon
1.30m	Reanna Solonas	02	YLTC	25/06/2016	Saskatoon

Pole Vault

Native Outdoor	3.55m	Jul-07-02	Theresa Wiebe	RIVA	
Open Outdoor	3.55m	Jul-07-02	Theresa Wiebe	RIVA	

2.85m	Jacinta Bumphrey	01	STFC	25/06/2016	Saskatoon
2.27m	Sierra Leonard	01	TMSK	29/07/2016	Regina
2.27m	Aspen Slobodzian	01	TMSK	29/07/2016	Regina
2.00m	Kathryn Guenter	01	RIVA	18/06/2016	Alberta
1.60m	Caitlyn Elkew	01	EXCL	07/05/2016	Regina

Long Jump

Native Outdoor	5.68m	May-06-00	Janine Polischuk	RAT	
Open Outdoor	5.68m	May-06-00	Janine Polischuk	RAT	

5.08m	0.9	Jada Roach	01	TMSA	25/07/2016	Estevan
5.08m	1.5	Kailee Waitas	02	EXCL	25/06/2016	Saskatoon

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Long Jump Cont'd

5.00m	1.6	Kalea Sauder	01	UNSK	25/06/2016	Saskatoon
4.90m	0.5	Angela Moser	01	STFC	18/06/2016	Alberta
4.70m	0.0	Sara Kozan	02	EXCL	07/05/2016	Regina
4.68m	1.2	Sierra Leonard	01	STFC	25/06/2016	Saskatoon
4.65m	2.2	Suzy Laniece	01	STFC	25/06/2016	Saskatoon
4.58m	1.9	Megan Dueck	02	STFC	25/06/2016	Saskatoon
4.43m	0.1	Nicole Kistanov	02	ELTC	07/05/2016	Regina
4.27m	0.0	Kelly Romanuik	02	QPTC	07/05/2016	Regina
4.15m	0.0	Holland Kozan	02	EXCL	07/05/2016	Regina
3.96m	0.3	Claire Ledingham	01	EXCL	07/05/2016	Regina
3.92m	0.0	Emma Braaten	02	EXCL	07/05/2016	Regina
3.67m	0.0	Caitlyn Elkew	01	EXCL	07/05/2016	Regina
3.48m	0.0	Lakshmi Mukesh	02	EXCL	07/05/2016	Regina
3.30m	0.0	Taylor Geisel	02	ELTC	07/05/2016	Regina

Wind/No Wind

5.10m	NWI	Jada Roach	01	TMSK	29/07/2016	Regina
4.85m	NWI	Sara Kozan	02	TMSK	29/07/2016	Regina
4.68m	6.3	Megan Dueck	02	STFC	07/06/2016	Saskatoon
4.58m	5.6	Suzy Laniece	01	STFC	07/06/2016	Saskatoon
4.32m	3.2	Kyla Heidt	02	STFC	07/06/2016	Saskatoon
4.23m	3.2	Sarah Wildman	01	KATC	25/06/2016	Saskatoon
4.18m	3.1	Dominique Piche	02	STFC	25/06/2016	Saskatoon
3.95m	2.2	Reanna Solonas	02	YLTC	25/06/2016	Saskatoon
3.92m	2.6	Layne Ziola	02	STFC	07/06/2016	Saskatoon
3.84m	NWI	Kayleigh Strinholm	01	EXCL	29/07/2016	Regina

Triple Jump

Native Outdoor	11.93m	Aug-11-07	Chloe Hetheron	SMAT
Open Outdoor	11.93m	Aug-11-07	Chloe Hetheron	SMAT

11.20m	0.0	Kailee Woitas	02	TMRE	25/07/2016	Estevan
11.18m	1.5	Jada Roach	01	TMSA	25/07/2016	Estevan
10.25m	0.3	Sierra Leonard	01	TMSA	25/07/2016	Estevan
10.07m	2.0	Angela Moser	01	TMSK	29/07/2016	Regina

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Triple Jump Cont'd

10.05m	0.2	Makenna Gerwing	01	QPTC	07/05/2016	Regina
9.93m	-2.1	Suzy Laniece	01	STFC	25/06/2016	Saskatoon
9.91m	0.0	Nicole Kistanov	02	ELTC	07/05/2016	Regina
9.54m	-1.2	Sara Kozan	02	EXCL	25/06/2016	Saskatoon
9.53m	-0.5	Kelly Romanuik	02	QPTC	25/06/2016	Saskatoon
9.09m	-1.0	Holland Kozan	02	EXCL	25/06/2016	Saskatoon
8.64m	-1.5	Reanna Solonas	02	YLTC	25/06/2016	Saskatoon
8.28m	-1.1	Charne Esterhuyse	01	EXCL	25/06/2016	Saskatoon

Wind/No Wind

11.53m	5.6	Jada Roach	01	STFC	05/08/2016	Quebec
10.79m	NWI	Kailee Waitas	02	EXCL	07/05/2016	Regina
10.65m	3.0	Angela Moser	01	STFC	18/06/2016	Alberta
10.32m	3.0	Sierra Leonard	01	STFC	05/08/2016	Quebec
10.10m	3.9	Suzy Laniece	01	STFC	07/06/2016	Saskatoon
8.63m	NWI	Emma Braaten	02	EXCL	07/05/2016	Regina

Shot Put 3kg

Native Outdoor	12.33m	Aug-06-05	Taryn Suttie	RIVA
Open Outdoor	13.84m	Aug-06-05	Taylor Heald	TMMB

10.53m		Naomi Klassen	01	STFC	18/06/2016	Alberta
9.09m		Sarah Wildman	01	TMSK	29/07/2016	Regina
8.06m		Claire Ledingham	01	EXCL	25/06/2016	Saskatoon
6.76m		Lakshmi Mukesh	02	EXCL	07/05/2016	Regina
6.67m		Malika Yoh	02	EXCL	07/05/2016	Regina
5.41m		Sara Kozan	02	EXCL	07/05/2016	Regina

Discus 750gm

Native Outdoor	34.11m	Jun-16-12	Jessica Parson	KATC
Open Outdoor	34.11m	Jun-16-12	Jessica Parson	KATC

33.50m		Naomi Klassen	01	TMSK	29/07/2016	Regina
29.96m		Charne Esterhuyse	01	EXCL	25/06/2016	Saskatoon

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Discus 750gm Cont'd

25.25m	Chrissy Powers	02	TMSK	29/07/2016	Regina
22.68m	Francesca Fortugno-Blak	01	TMSA	25/07/2016	Estevan

Hammer 3kg

Native Outdoor	35.14m	Jul-30-15	Marissa Bertoia	STFC
Open Outdoor	35.58m	Jul-07-07	Catherine Bouchard	TMAB

38.31m	Naomi Klassen	01	TMSA	25/07/2016	Estevan
25.07m	Chrissy Powers	02	TMSK	29/07/2016	Regina
12.68m	Charne Esterhuyse	01	EXCL	25/06/2016	Saskatoon

Javelin 500gm

30.21m	Ashley Schrader	01	TMSK	29/07/2016	Regina
20.69m	Jessica Tosh	01	STFC	25/06/2016	Saskatoon

Pentathlon

3028 pts	Kalea Sauder	01	TMSW	25/07/2016	Estevan
	13.03 (2.1) 100m ; 1.54m HJ; 7.73m SP; 5.06 (NWI) LJ; 2:34.29 800m				
2312 pts	Sarah Wildman	01	TMRW	25/07/2016	Estevan
	14.41 (NWI) 100m ; 1.45m HJ; 9.07m SP; 4.60 (NWI) LJ; 3:09.53 800m				
1923 pts	Claire Ledingham	01	TMRE	25/07/2016	Estevan
	14.61 (NWI) 100m ; 1.36m HJ; 7.40m SP; 4.01 (NWI) LJ; 3:11.00 800m				
1699 pts	Emily Cole-Johnson	02	TMLK	25/07/2016	Estevan
	13.3(2.1) 100m ; NH HJ; 7.49m SP; 3.78 (NWI) LJ; 2:59.68 800m				