

2008/2009 Indoor Rankings**Master Women****50m**

Time/Dist	Athlete	Club	Date	Meet
7.90	Lafayette-Boyd, Carol	42 EXA	20/03/2009	Stoon Kinsmen Indoor
8.53	Coward, Selina	54 EXA	20/03/2009	Stoon Kinsmen Indoor

60m

9.04	Lafayette-Boyd, Carol	42 EXA	04/04/2009	Regina Athletic Festival
9.11	Gieni, Muriel	58 RIV	06/02/2009	Regina QC Kinsmen Ind
10.39	Coward, Selina	54 EXA	05/03/2009	Boeing Classic

200m

30.73	Lafayette-Boyd, Carol	42 EXA	04/04/2009	Regina Athletic Festival
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800m

2:50.49	Beech, Erin	61 RIV	20/03/2009	Stoon Kinsmen Indoor
3:01.61	Westberg, Shelly	64 YLTC	06/02/2009	Regina QC Kinsmen Ind
3:13.38	Warick, Judy	49 CTC	04/04/2009	Regina Athletic Festival
4:21.37	Matlock, Joan	39 CTC	23/01/2009	Sled Dog

1500m

6:07.18	Beech, Erin	61 RIV	20/03/2009	Stoon Kinsmen Indoor
6:22.93	Westberg, Shelly	64 YLTC	06/12/2008	Regina Friendship Games

1 Mile

7:02.16	Warick, Judy	49	CTC	20/03/2009	Stoon Kinsmen Indoor
High Jump					
1.15m	Warick, Judy	49	CTC	04/04/2009	Regina Athletic Festival
Long Jump					
4.16m	Lafayette-Boyd, Carol	42	EXA	05/03/2009	Boeing Classic
3.75m	Gieni, Muriel	58	RIV	20/03/2009	Stoon Kinsmen Indoor
2.89m	Coward, Selina	54	EXA	05/03/2009	Boeing Classic
2008/2009 Indoor Rankings					
Master Women					
Triple Jump					
Time/Dist	Athlete		Club	Date	Meet
8.65m	Lafayette-Boyd, Carol	42	EXA	3/20/2009	Stoon Kinsmen Indoor
7.02m	Warick, Judy	49	CTC	06/12/2008	Regina Friendship Games
Shot Put					
10.22m	Coward, Selina	54	EXA	05/03/2009	Boeing Classic
9.43m	Gieni, Muriel	58	RIV	06/02/2009	Regina QC Kinsmen Ind
8.43m	Tosh, Marg	37	UNA	20/03/2009	Stoon Kinsmen Indoor
7.61m	Lafayette-Boyd, Carol	42	EXA	05/03/2009	Boeing Classic
Weight Throw					
10.38m	Tosh, Marg	37	UNA	20/03/2009	Stoon Kinsmen Indoor