

**2017 Outdoor Rankings  
Master Women**

Time/Dist	Athlete			Date	Location
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**50 Metres**

7.76	NWI	Kari Zinkhan-Davies	81	EXCL	10/06/2017	Regina
8.07	NWI	Carol LaFayette-Boyd	42	EXCL	10/06/2017	Regina
9.36	NWI	Selina Coward	54	EXCL	10/06/2017	Regina
10.52	NWI	Joanne Sorenson	46	SCTM	10/06/2017	Regina

**100 Metres**

13.63	0.6	Kelly Silcox	66	EXCL	10/06/2017	Regina
14.32	0.6	Kari Zinkhan-Davies	81	EXCL	10/06/2017	Regina
15.15	0.6	Carol LaFayette-Boyd	42	EXCL	10/06/2017	Regina
16.74	-1.7	Vi Mizuno	51	SCTM	11/08/2017	Ontario
17.47	0.6	Selina Coward	54	EXCL	10/06/2017	Regina
21.01	0.6	Joanne Sorenson	46	SCTM	10/06/2017	Regina

**Athlete with a Disability**

32.93	0.5	Becky Richter	82	CRTC	03/07/2017	Ontario
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**Wind/No Wind**

14.96	2.1	Carol LaFayette-Boyd	42	EXCL	11/08/2017	Ontario
16.22	NWI	Brenda Hudey	67	EXCL	06/05/2017	Regina

**200 Metres**

28.48	1.1	Kelly Silcox	66	EXCL	10/06/2017	Regina
29.97	1.1	Andrea Kozan	72	EXCL	10/06/2017	Regina
30.00	1.1	Kari Zinkhan-Davies	81	EXCL	10/06/2017	Regina
31.89	1.5	Carol LaFayette-Boyd	42	EXCL	11/08/2017	Ontario
32.66	1.1	Rhonda Tremblay	60	RIVA	10/06/2017	Regina
32.88	1.1	Brenda Hudey	67	EXCL	10/06/2017	Regina

**Wind/No Wind**

29.67	NWI	Andrea Kozan	72	EXCL	06/05/2017	Regina
29.87	NWI	Kari Zinkhan-Davies	81	EXCL	06/05/2017	Regina
32.72	NWI	Brenda Hudey	67	EXCL	06/05/2017	Regina

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<b>400 Metres</b>						
1:05.25	Andrea Kozan	72	EXCL	11/08/2017	Ontario	
1:13.51	Brenda Hudey	67	EXCL	10/06/2017	Regina	
1:15.71	Rhonda Tremblay	60	RIVA	10/06/2017	Regina	
<b>800 Metres</b>						
2:35.30	Andrea Kozan	72	EXCL	10/06/2017	Regina	
2:56.81	Brenda Hudey	67	EXCL	11/08/2017	Ontario	
3:38.86	Judy Warick	49	SCTM	10/06/2017	Regina	
<b>80m Hurdles</b>						
14.67	-0.5	Muriel Gieni	58	RIVA	07/23/2017	Alberta
<b>High Jump</b>						
1.23m		Carol LaFayette-Boyd	42	EXCL	10/06/2017	Regina
<b>Long Jump</b>						
4.11m	-2.0	Muriel Gieni	58	RIVA	10/06/2017	Regina
4.09m	0.1	Carol LaFayette-Boyd	42	EXCL	11/08/2017	Ontario
<b>Triple Jump</b>						
8.88m	1.7	Muriel Gieni	58	RIVA	10/06/2017	Regina
8.19m	0.4	Carol LaFayette-Boyd	42	EXCL	10/06/2017	Regina
5.67m	0.2	Joanne Sorenson	46	SCTM	10/06/2017	Regina
<b>Shot Put</b>						
9.55m		Margaret Tosh	37	STFC	29/09/2016	Saskatoon
9.53m		Selina Coward	54	EXCL	10/06/2017	Regina
8.52m		Michelle Van De Meutter	66	NBLT	27/08/2017	Saskatoon
7.44m		Gill Gracie	43	UNSK	27/08/2017	Saskatoon
7.23m		Marilyn McCloy Cornish	55	SCTM	10/06/2017	Regina
7.20m		Vi Mizuno	51	SCTM	29/09/2016	Saskatoon
6.42m		Jean Healey	48	SCTM	29/09/2016	Saskatoon

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**Shot Put Cont'd**

6.01m	Joanne Sorenson	46	SCTM	10/06/2017	Regina
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**Discus**

23.79m	Michelle Van De Meutter	66	NBLT	10/06/2017	Regina
21.98m	Margaret Tosh	37	STFC	29/09/2016	Saskatoon
20.10m	Vi Mizuno	51	SCTM	10/06/2017	Regina
18.47m	Marilyn McCloy Cornish	55	SCTM	29/09/2016	Saskatoon
18.13m	Gill Gracie	43	SCTM	10/06/2017	Regina
17.95m	Judy Warick	49	SCTM	10/06/2017	Regina
17.49m	Jean Healey	48	SCTM	27/08/2017	Saskatoon
12.24m	Joanne Sorenson	46	SCTM	10/06/2017	Regina

**Hammer**

32.68m	Margaret Tosh	37	STFC	29/09/2016	Saskatoon
32.83m	Michelle Van De Meutter	66	NBLT	27/08/2017	Saskatoon
22.58m	Gill Gracie	43	UNSK	11/08/2017	Ontario
22.50m	Marilyn McCloy Cornish	55	SCTM	27/08/2017	Saskatoon
22.64m	Vi Mizuno	51	SCTM	27/08/2017	Saskatoon
21.93m	Jean Healey	48	SCTM	27/08/2017	Saskatoon

**Javelin**

24.52m	Michelle Van De Meutter	66	NBLT	11/08/2017	Ontario
22.63m	Margaret Tosh	37	STFC	29/09/2016	Saskatoon
19.93m	Vi Mizuno	51	SCTM	10/06/2017	Regina
16.82m	Marilyn McCloy Cornish	55	SCTM	23/09/2017	Prince Albert
15.35m	Jean Healey	48	SCTM	27/08/2017	Saskatoon
12.84m	Gill Gracie	43	SCTM	27/08/2017	Saskatoon
12.40m	Joanne Sorenson	46	SCTM	10/06/2017	Regina

**Weight Throw**

11.82m	Margaret Tosh	37	STFC	29/09/2016	Saskatoon
11.19m	Vi Mizuno	51	SCTM	11/08/2017	Ontario
11.17m	Michelle Van De Meutter	66	NBLT	11/08/2017	Ontario

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**Weight Throw Cont'd**

9.99m	Marilyn McCloy Cornish	55 SCTM	27/08/2017	Saskatoon
8.51m	Gill Gracie	43 SCTM	10/06/2017	Regina
9.19m	Jean Healey	48 SCTM	27/08/2017	Saskatoon

**Club Throw**

15.77m	Becky Richter	82 CRTC	03/07/2017	Ontario
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**Weight Pentathlon**

4977 pts	Margaret Tosh	37 STFC	29/09/2016	Saskatoon
	22.63m JT; 32.68m HT; 21.98m DT; 11.82m WT; 9.55m SP			
3130 pts	Vi Mizuno	51 SCTM	11/08/2017	Ontario
	18.14m JT; 21.01m HT; 19.32m DT; 11.19m WT; 7.01m SP			
2990 pts	Gill Gracie	43 UNSK	28/07/2017	Saskatoon
	12.84m JT; 19.12m HT; 16.573m DT; 8.17m WT; 7.44m SP			
2971 pts	Michelle Van De Meutter	66 NBLT	28/07/2017	Saskatoon
	23.10m JT; 32.83m HT; 23.79m DT; 10.86m WT; 8.52m SP			
2768 pts	Jean Healey	48 SCTM	28/07/2017	Saskatoon
	15.33m JT; 21.95m HT; 17.49m FT; 9.19m WT; 6.35m SP			
2618 pts	Marilyn McCloy Cornish	55 SCTM	29/09/2016	Saskatoon
	16.20m JT; 22.50m HT; 17.79m DT; 9.99m WT; 7.10m SP			