

2013 Outdoor Rankings Master Women

Time/Dist		Athlete			Date	Location
50 Metres						
8.15	0.5	Carol LaFayette-Boyd	42	EXCL	14/06/2014	Regina
Wind/No Wind						
8.24	4.7	Carol LaFayette-Boyd	42	EXCL	10/05/2014	Regina
18.26	4.7	Evangaline Godron	33	UNSK	10/05/2014	Regina
100 Metres						
15.29	0.7	Rhonda Tremblay	60	RIVA	10/06/2014	Saskatoon
15.34	-0.7	Carol LaFayette-Boyd	42	EXCL	14/06/2014	Regina
15.77	0.7	Rhonda Tremblay	60	RIVA	14/06/2014	Regina
Wind/No Wind						
15.47	3.7	Carol LaFayette-Boyd	42	EXCL	10/05/2014	Regina
37.54	3.7	Evangaline Godron	33	UNSK	10/05/2014	Regina
200 Metres						
34.12	0.3	Carol LaFayette-Boyd	42	EXCL	14/06/2014	Regina
Wind/No Wind						
33.94	3.4	Carol LaFayette-Boyd	42	EXCL	10/05/2014	Regina
400 Metres						
1:18.89		Rhonda Tremblay	60	RIVA	14/06/2014	Regina
2000m Steeplechase						
10:07.43		Judy Warick	49	SCTM	29/06/2014	Toronto
Long Jump						
3.99m	1.8	Sandi Arnason	73	RIVA	15/07/2014	Saskatoon
3.90m	-1.4	Carol LaFayette-Boyd	42	EXCL	10/05/2014	Regina

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Triple Jump						
7.93m	0	Carol LaFayette-Boyd	42	EXCL	14/06/2014	Regina
Shot Put						
10.39m		Margaret Tosh	37	STFC	14/06/2014	Regina
6.99m		Vi Mizuno	51	UNSK	07/09/2014	Saskatoon
Discus						
23.65m		Margaret Tosh	37	STFC	18/07/2014	Saskatoon
19.56m		Vi Mizuno	51	UNSK	07/09/2014	Saskatoon
19.34m		Judy Warick	49	SCTM	29/06/2014	Toronto
Hammer						
36.04m		Margaret Tosh	37	STFC	07/09/2014	Saskatoon
22.94m		Vi Mizuno	51	UNSK	07/09/2014	Saskatoon
Javelin						
24.79m		Margaret Tosh	37	STFC	14/06/2014	Regina
22.75m		Vi Mizuno	51	UNSK	15/07/2014	Saskatoon
Weight Throw						
13.87m		Margaret Tosh	37	STFC	14/06/2014	Regina
8.53m		Vi Mizuno	51	UNSK	15/07/2014	Saskatoon
Weight Pentathlon						
5502pts		Margaret Tosh	37	STFC	09/07/2014	Saskatoon
		36.04m HT; 10.20m SP; 22.91m DT; 24.34m JT; 13.66m WT				
2626pts		Vi Mizuno	51	UNSK	09/07/2014	Saskatoon
		22.94m HT; 6.99m SP; 19.56m DT; 18.95m JT; 8.53m WT				