

## 2013 Canadian Masters' Championships - 26/07/2013 to 28/07/2013

## Regina, Saskatchewan

## Results

**Event 1 W30-39 100 Meter Dash****Finals**

1	Collier, Naomi	W37	Saskatchewan	15.93	-2.5
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**Event 1 W40-49 100 Meter Dash****Finals**

1	Babalola, Omena	W44	Manitoba	14.28	-2.5
2	Turner, Lynda	W49	Alberta	15.98	-2.5
3	Arnason, Sandi	W40	Saskatchewan	15.15	-2.5

**Event 1 W50-59 100 Meter Dash****Finals**

1	Burnett, Evelyn	W55	Alberta	15.02	-3.3
2	Coward, Selina	W58	Saskatchewan	16.98	-3.3
3	Welsh, Jo	W57	Nova Scotia	17.14	-2.5

**Event 1 W60-69 100 Meter Dash****Finals**

1	Del Grande, Karla	W60	Ontario	14.29	-3.3
2	Dobson, Nancy	W64	Saskatchewan	16.53	-3.3
3	Rollins, Elizabeth	W63	British Columbia	17.55	-3.3

**Event 1 W70-79 100 Meter Dash****Finals**

1	LaFayette-Boyd, Carol	W71	Saskatchewan	15.75	-4.4
2	Bortignon, Christa	W76	British Columbia	16.90	-4.4
3	Radcliffe, Marg	W71	British Columbia	19.26	-4.4

**Event 1 W80-89 100 Meter Dash****Finals**

1	McQuarrie, Betty	W85	Alberta	26.38	-4.4
2	Darling, Violet	W81	Ontario	25.66	-4.4

**Event 1 W90-99 100 Meter Dash****Finals**

1	Kotelko, Olga	W94	British Columbia	29.16	-4.4
2	Kaur, Man	W97	India	1:09.87	-4.4

**Event 2 M30 100 Meter Dash****Finals**

1	Sandomirsky, Dave	M34	Saskatchewan	12.64	-1.2
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**Event 2 M35 100 Meter Dash****Finals**

1	McLaren, Doug	M37	Saskatchewan	12.05	-1.2
2	Burpee, David	M39	Manitoba	13.38	-1.2
3	Bienefeld, Andy	M38	British Columbia	13.53	-1.2

**Event 2 M40 100 Meter Dash****Finals**

1	Harris, Brian	M43	Alberta	12.55	-1.2
2	Blackburn, David	M41	Saskatchewan	12.71	-1.2
3	Jones, Chris	M40	Alberta	13.29	-1.2

**Event 2 M45 100 Meter Dash****Finals**

1	Ellis, Colin	M45	Saskatchewan	12.93	-2.0
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**Event 2 M50 100 Meter Dash****Finals**

1	McIntosh, Maynard	M52	Jamaica	12.49	-2.0
2	Kudo, Ken	M50	Ontario	12.43	-2.0
3	Nasato, Robert	M52	Ontario	12.67	-2.0

**Event 2 M55 100 Meter Dash****Finals**

1	Brown, Dave	M55	Alberta	13.10	-3.7
2	D'Eon, Marcel	M59	Saskatchewan	13.96	-3.7

**Event 2 M60 100 Meter Dash****Finals**

1	Percival, Al	M61	British Columbia	13.26	-3.7
2	Berquist, Brian	M60	Saskatchewan	14.27	-3.7
3	Drewitz, Charles	M60	Alberta	14.29	-3.7

**Event 2 M65 100 Meter Dash****Finals**

1	Mintz, Bruce	M66	Alberta	14.73	-2.4
2	Jacobson, Vance	M65	United States	14.81	-2.4
3	Swane, Dwight	M69	Alberta	15.71	-2.4

**Event 2 M70 100 Meter Dash****Finals**

1	Evans, Peter	M71	Ontario	15.05	-2.4
2	Stern, David	M73	Ontario	15.88	-2.4
3	Singh, Gurdev	M74	Ontario	17.54	-2.4

**Event 2 M75 100 Meter Dash****Finals**

1	Dunn, Dave	M77	Alberta	15.53	-3.5
2	Epp, Ken	M77	Saskatchewan	15.87	-3.5
3	Koza, Joseph	M77	Saskatchewan	16.55	-3.5

**Event 2 M80 100 Meter Dash****Finals**

1	Rowan, Ted	M80	Saskatchewan	16.04	-3.2
2	Nett, Arnold	M80	Alberta	16.91	-3.2
3	Graham, Gerald	M80	Alberta	17.14	-3.2

**Event 3 W40 200 Meter Dash****Finals**

1	Babalola, Omena	W44	Manitoba	29.56	-1.7
2	Evans, Sharon	W42	Alberta	34.18	-1.7

**Event 3 W45 200 Meter Dash****Finals**

1	Turner, Lynda	W49	Alberta	32.93	-1.7
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**Event 3 W50 200 Meter Dash****Finals**

1	Smith, Jan	W53	Saskatchewan	34.29	-1.7
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**Event 3 W55 200 Meter Dash****Finals**

1	Whidden, Elaine	W58	British Columbia	30.59	-2.8
2	Burnett, Evelyn	W55	Alberta	30.68	-2.8

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**Finals ... (Event 3 W55 200 Meter Dash)**

3	Coward, Selina	W58	Saskatchewan	35.15	-2.8
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**Event 3 W60 200 Meter Dash****Finals**

1	Del Grande, Karla	W60	Ontario	28.64	-2.8
2	Rollins, Elizabeth	W63	British Columbia	37.00	-2.8
3	Nesterenko, Louise	W62	Alberta	41.22	-2.8

**Event 3 W70 200 Meter Dash****Finals**

1	LaFayette-Boyd, Carol	W71	Saskatchewan	32.52	-1.8
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**Event 3 W75 200 Meter Dash****Finals**

1	Bortignon, Christa	W76	British Columbia	34.46	-1.8
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**Event 3 W80 200 Meter Dash****Finals**

1	Cole, Alice	W80	Quebec	43.50	-1.8
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**Event 3 W85 200 Meter Dash****Finals**

1	McQuarrie, Betty	W85	Alberta	56.07	-1.8
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**Event 3 W90 200 Meter Dash****Finals**

1	Kotelko, Olga	W94	British Columbia	1:21.41	-1.8
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**Event 3 W95 200 Meter Dash****Finals**

1	Kaur, Man	W97	India	2:39.19	-1.8
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**Event 4 M30 200 Meter Dash****Finals**

1	Sandomirsky, Dave	M34	Saskatchewan	25.41	-1.9
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**Event 4 M35 200 Meter Dash****Finals**

1	Bienefeld, Andy	M38	British Columbia	27.03	-1.9
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**Event 4 M40 200 Meter Dash****Finals**

1	Harris, Brian	M43	Alberta	25.78	-1.6
2	Blackburn, David	M41	Saskatchewan	25.85	-1.6
3	Hesse, Shaun	M40	Saskatchewan	27.53	-1.6

**Event 4 M45 200 Meter Dash****Finals**

1	Ellis, Colin	M45	Saskatchewan	26.61	-1.6
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**Event 4 M50 200 Meter Dash****Finals**

1	McIntosh, Maynard	M52	Jamaica	25.38	-1.9
2	Nasato, Robert	M52	Ontario	26.71	-1.9
3	Trapp, Robert	M51	Alberta	26.81	-1.9

**Event 4 M55 200 Meter Dash****Finals**

1	Brown, Dave	M55	Alberta	25.90	-1.4
2	D'Eon, Marcel	M59	Saskatchewan	26.93	-1.4

**Event 4 M60 200 Meter Dash****Finals**

1	Percival, Al	M61	British Columbia	26.94	-0.9
2	Kokko, Jarmo	M62	Ontario	30.67	-0.9

**Event 4 M65 200 Meter Dash****Finals**

1	Mintz, Bruce	M66	Alberta	29.35	-1.3
2	Jacobson, Vance	M65	United States	30.33	-1.3

**Event 4 M70 200 Meter Dash****Finals**

1	Evans, Peter	M71	Ontario	30.45	-1.3
2	Stern, David	M73	Ontario	31.76	-1.3
3	Renwick, Doug	M71	Saskatchewan	34.27	-1.3

**Event 4 M75 200 Meter Dash****Finals**

1	Dunn, Dave	M77	Alberta	31.98	-1.4
2	Epp, Ken	M77	Saskatchewan	32.87	-1.4
3	Koza, Joseph	M77	Saskatchewan	35.11	-1.4

**Event 4 M80 200 Meter Dash****Finals**

1	Graham, Gerald	M80	Alberta	36.54	-1.4
2	Wardle, Ray	M80	Ontario	37.59	-1.4
3	Thompson, Bill	M83	Ontario	40.26	-1.4

**Event 5 W35 400 Meter Dash****Finals**

1	Bletskey, Nicole	W38	Saskatchewan	1:07.15
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**Event 5 W50 400 Meter Dash****Finals**

1	Meloche, Laurie	W52	Saskatchewan	1:08.46
2	O'Hagan, Heather	W51	Ontario	1:10.57
3	Gold, Karen	W50	Ontario	1:10.83

**Event 5 W55 400 Meter Dash****Finals**

1	Whidden, Elaine	W58	British Columbia	1:13.57
2	Lauridsen, Susanne	W55	Alberta	1:25.76

**Event 5 W60 400 Meter Dash****Finals**

1	Del Grande, Karla	W60	Ontario	1:09.48
2	Nesterenko, Louise	W62	Alberta	1:38.34

**Event 5 W65 400 Meter Dash****Finals**

1	Baldock, Lynette	W66	British Columbia	1:45.55
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**Event 5 W70 400 Meter Dash****Finals**

1	Matlock, Joan	W74	Saskatchewan	2:01.30
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**Event 5 W80 400 Meter Dash****Finals**

1	Cole, Alice	W80	Quebec	1:35.76
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**Event 5 W95 400 Meter Dash****Finals**

1	Kaur, Man	W97	India	6:10.17
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**Event 6 M30 400 Meter Dash****Finals**

1	Sandomirsky, Dave	M34	Saskatchewan	59.94
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**Event 6 M35 400 Meter Dash****Finals**

1	Bienefeld, Andy	M38	British Columbia	1:02.24
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**Event 6 M40 400 Meter Dash****Finals**

1	Munro, Lenroy	M43	Ontario	55.59
2	Shakotko, Jesse	M40	Saskatchewan	54.89
3	Jones, Chris	M40	Alberta	1:05.65

**Event 6 M50 400 Meter Dash****Finals**

1	McIntosh, Maynard	M52	Jamaica	1:02.66
2	Unilowsky, Russell	M53	Manitoba	1:07.57
3	Flett, Gordon	M53	British Columbia	1:14.01

**Event 6 M55 400 Meter Dash****Finals**

1	Brown, Dave	M55	Alberta	1:02.68
2	D'Eon, Marcel	M59	Saskatchewan	1:04.89

**Event 6 M60 400 Meter Dash****Finals**

1	Lewis, Steven	M61	Saskatchewan	1:09.91
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**Event 6 M70 400 Meter Dash****Finals**

1	Renwick, Doug	M71	Saskatchewan	1:16.34
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**Event 6 M75 400 Meter Dash****Finals**

1	Koza, Joseph	M77	Saskatchewan	1:24.41
2	Epp, Ken	M77	Saskatchewan	1:25.50
3	van der Wal, Hylke	M75	Saskatchewan	1:30.58

**Event 6 M80 400 Meter Dash****Finals**

1	Wardle, Ray	M80	Ontario	1:29.09
1	Graham, Gerald	M80	Alberta	1:29.09
3	Thompson, Bill	M83	Ontario	1:45.53

**Event 7 W35 800 Meter Run****Finals**

1	Bletsky, Nicole	W38	Saskatchewan	2:38.09
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**Event 7 W50 800 Meter Run****Finals**

1	Dixon, Donna	W50	Alberta	2:35.29
2	O'Hagan, Heather	W51	Ontario	2:38.42
3	Gold, Karen	W50	Ontario	2:47.06

**Event 7 W60 800 Meter Run****Finals**

1	Warick, Judy	W64	Saskatchewan	3:29.04
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**Event 7 W65 800 Meter Run****Finals**

1	Baldock, Lynette	W66	British Columbia	3:55.29
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**Event 7 W75 800 Meter Run****Finals**

1	Visser, Helly	W79	Alberta	3:48.18
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**Event 7 W80 800 Meter Run****Finals**

1	Montgomery, Lenore	W83	British Columbia	4:23.34
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**Event 8 M35 800 Meter Run****Finals**

1	D'Souza, Jayesh	M39	Ontario	2:53.09
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**Event 8 M40 800 Meter Run****Finals**

1	Shakotko, Jesse	M40	Saskatchewan	2:11.37
2	Farr, Kevin	M43	Ontario	2:21.59

**Event 8 M45 800 Meter Run****Finals**

1	Faucher, Claude	M45	Manitoba	2:15.49
2	Geohagen, Nigel	M45	Jamaica	J2:37.80
3	Svec, John	M47	Saskatchewan	J2:39.14

**Event 8 M50 800 Meter Run****Finals**

1	Smillie, Malcolm	M53	British Columbia	2:25.34
2	Smith, Lyndon	M52	Saskatchewan	2:30.37
3	Van Eaton, Grant	M53	Saskatchewan	2:44.39

**Event 8 M55 800 Meter Run****Finals**

1	Meszaros, Keith	M57	Saskatchewan	2:26.99
2	Bickley, Ed	M55	Alberta	2:29.93

**Event 8 M60 800 Meter Run****Finals**

1	Lang, Dennis	M62	Manitoba	2:30.02
2	Lewis, Steven	M61	Saskatchewan	2:35.36

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**Event 8 M65 800 Meter Run****Finals**

1	Ross, Dale	M66	Saskatchewan	3:40.14
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**Event 8 M70 800 Meter Run****Finals**

1	Mackie, Chris	M72	Ontario	2:50.38
2	Renwick, Doug	M71	Saskatchewan	2:55.16

**Event 8 M75 800 Meter Run****Finals**

1	Davies, Roger	M78	Alberta	3:23.36
2	Kalles, David	M75	Yukon	3:40.22
3	van der Wal, Hylke	M75	Saskatchewan	4:14.41

**Event 8 M80 800 Meter Run****Finals**

1	Graham, Gerald	M80	Alberta	3:44.70
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**Event 9 W35 1500 Meter Run****Finals**

1	Hidayet, Shazia	W37	Saskatchewan	5:51.90
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**Event 9 W40 1500 Meter Run****Finals**

1	Waite-Lang, Bobbi Jo	W43	Alberta	5:07.16
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**Event 9 W45 1500 Meter Run****Finals**

1	Clark, Rhonda	W46	Alberta	5:16.50
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**Event 9 W50 1500 Meter Run****Finals**

1	Dixon, Donna	W50	Alberta	5:33.67
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**Event 9 W60 1500 Meter Run****Finals**

1	Warick, Judy	W64	Saskatchewan	6:55.78
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**Event 9 W65 1500 Meter Run****Finals**

1	Skov, Bonnie	W67	Alberta	6:55.20
2	Baldock, Lynette	W66	British Columbia	7:23.56

**Event 9 W75 1500 Meter Run****Finals**

1	Visser, Helly	W79	Alberta	7:57.99
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**Event 9 W80 1500 Meter Run****Finals**

1	Montgomery, Lenore	W83	British Columbia	8:22.36
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**Event 10 M40 1500 Meter Run****Finals**

1	Farr, Kevin	M43	Ontario	4:44.53
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**Event 10 M45 1500 Meter Run****Finals**

1	Faucher, Claude	M45	Manitoba	4:40.62
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2	Svec, John	M47	Saskatchewan	5:16.80
3	Geohagen, Nigel	M45	Jamaica	5:28.77

**Event 10 M50 1500 Meter Run****Finals**

1	Smillie, Malcolm	M53	British Columbia	5:12.30
2	Smith, Lyndon	M52	Saskatchewan	5:15.35
3	Flett, Gordon	M53	British Columbia	5:30.22

**Event 10 M55 1500 Meter Run****Finals**

1	Bickley, Ed	M55	Alberta	4:53.20
2	Meszaros, Keith	M57	Saskatchewan	5:03.51
3	Olsen, Dave	M58	Saskatchewan	5:30.06

**Event 10 M60 1500 Meter Run****Finals**

1	Lang, Dennis	M62	Manitoba	5:01.40
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**Event 10 M65 1500 Meter Run****Finals**

1	Ross, Dale	M66	Saskatchewan	8:12.49
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**Event 10 M70 1500 Meter Run****Finals**

1	Mackie, Chris	M72	Ontario	6:07.27
2	Renwick, Doug	M71	Saskatchewan	6:35.39

**Event 10 M75 1500 Meter Run****Finals**

1	Davies, Roger	M78	Alberta	6:39.13
2	Kalles, David	M75	Yukon	7:27.55
3	Darling, Richard	M75	Ontario	10:42.75

**Event 11 W35 5000 Meter Run****Finals**

1	Hidayet, Shazia	W37	Saskatchewan	22:27.27
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**Event 11 W40 5000 Meter Run****Finals**

1	Waite-Lang, Bobbi Jo	W43	Alberta	19:09.08
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**Event 11 W45 5000 Meter Run****Finals**

1	Clark, Rhonda	W46	Alberta	19:48.05
2	Erhardt, Leslie	W47	Saskatchewan	22:11.17

**Event 11 W50 5000 Meter Run****Finals**

1	Smith, Jan	W53	Saskatchewan	23:40.25
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**Event 11 W60 5000 Meter Run****Finals**

1	Tedford, Cathy	W60	Ontario	34:12.52
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**Event 11 W65 5000 Meter Run****Finals**

1	Skov, Bonnie	W67	Alberta	24:20.96
2	Baldock, Lynette	W66	British Columbia	26:35.21

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**Event 11 W80 5000 Meter Run****Finals**

1	Montgomery, Lenore	W83	British Columbia	29:42.32
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**Event 12 M40 5000 Meter Run****Finals**

1	Farr, Kevin	M43	Ontario	18:01.65
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**Event 12 M45 5000 Meter Run****Finals**

1	Svec, John	M47	Saskatchewan	18:52.20
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**Event 12 M50 5000 Meter Run****Finals**

1	Yakabowich, Jay	M51	Ontario	19:37.19
2	Flett, Gordon	M53	British Columbia	20:31.95
3	Luchka, Ken	M53	Saskatchewan	22:37.53

**Event 12 M55 5000 Meter Run****Finals**

1	Jaleta, Ted	M58	Saskatchewan	17:31.76
2	Bickley, Ed	M55	Alberta	18:26.75
3	Olsen, Dave	M58	Saskatchewan	19:47.07

**Event 12 M60 5000 Meter Run****Finals**

1	Warick, Randy	M63	Saskatchewan	23:28.02
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**Event 12 M75 5000 Meter Run****Finals**

1	Davies, Roger	M78	Alberta	24:02.06
2	Kalles, David	M75	Yukon	27:02.41

**Event 13 W60 10000 Meter Run****Finals**

1	Tedford, Cathy	W60	Ontario	1:12:35.52
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**Event 13 W65 10000 Meter Run****Finals**

1	Skov, Bonnie	W67	Alberta	50:02.42
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**Event 14 M45 10000 Meter Run****Finals**

1	Svec, John	M47	Saskatchewan	38:44.37
2	Geohagen, Nigel	M45	Jamaica	44:28.36

**Event 14 M50 10000 Meter Run****Finals**

1	Yakabowich, Jay	M51	Ontario	39:55.06
2	Van Eaton, Grant	M53	Saskatchewan	43:10.24

**Event 14 M55 10000 Meter Run****Finals**

1	Olsen, Dave	M58	Saskatchewan	43:00.01
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**Event 14 M60 10000 Meter Run****Finals**

1	Sharp, Neil	M64	Saskatchewan	39:58.44
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**Event 14 M75 10000 Meter Run****Finals**

1	Kalles, David	M75	Yukon	57:52.70
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**Event 15 W55 80 Short Hurdles .762m****Finals**

1	Gieni, Murial	W55	Saskatchewan	15.85	-3.9
2	Welsh, Jo	W57	Nova Scotia	19.37	-3.9

**Event 16 M70 80 Short Hurdles .762m****Finals**

1	Renwick, Doug	M71	Saskatchewan	20.34	-3.9
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**Event 19 M35 110 Short Hurdles .991m****Finals**

1	McLaren, Doug	M37	Saskatchewan	16.56	2.1
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**Event 20 W55 300 Long Hurdles****Finals**

1	Welsh, Jo	W57	Nova Scotia	1:07.60
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**Event 21 M60 300 Long Hurdles****Finals**

1	Berquist, Brian	M60	Saskatchewan	58.02
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**Event 21 M70 300 Long Hurdles****Finals**

1	Renwick, Doug	M71	Saskatchewan	1:00.68
2	Roberts, Richard	M70	Alberta	1:24.59

**Event 21 M75 300 Long Hurdles****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	1:10.18
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**Event 23 M35 400 Long Hurdles****Finals**

1	Bienefeld, Andy	M38	British Columbia	1:14.97
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**Event 24 W50 1500 Meter Race Walk****Finals**

1	Rodrigue-Poscente, Michelle	W53	Alberta	10:10.38
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**Event 24 W55 1500 Meter Race Walk****Finals**

1	Graham, Lori	W55	British Columbia	12:45.26
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**Event 24 W80 1500 Meter Race Walk****Finals**

1	Provost, June-Marie	W80	Ontario	12:04.59
2	Darling, Violet	W81	Ontario	14:11.54

**Event 25 M40 1500 Meter Race Walk****Finals**

1	Babenko, Dmitry	M40	British Columbia	6:34.18
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**Event 25 M45 1500 Meter Race Walk****Finals**

1	Geohagen, Nigel	M45	Jamaica	10:18.28
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**Event 25 M55 1500 Meter Race Walk****Finals**

1 Keenan, Dave M55 Alberta 7:54.95

**Event 25 M70 1500 Meter Race Walk****Finals**

1 Roberts, Richard M70 Alberta 10:10.57

**Event 26 W50 5000 Meter Race Walk****Finals**

1 Rodrigue-Poscente, Michelle W53 Alberta 33:59.67

**Event 27 M40 5000 Meter Race Walk****Finals**

1 Babenko, Dmitry M40 British Columbia 23:50.63

**Event 27 M45 5000 Meter Race Walk****Finals**

1 Geohagen, Nigel M45 Jamaica 42:44.43

**Event 27 M55 5000 Meter Race Walk****Finals**

1 Keenan, Dave M55 Alberta 28:11.13

**Event 28 W50 2000 Meter Steeplechase****Finals**

1 Smith, Jan W53 Saskatchewan 9:33.53

**Event 29 M60 2000 Meter Steeplechase****Finals**

1 Smith, Doug M61 Ontario 10:23.45

**Event 29 M70 2000 Meter Steeplechase****Finals**1 Christensen, Vern M72 Ontario 9:41.22  
2 Renwick, Doug M71 Saskatchewan 10:05.98**Event 29 M75 2000 Meter Steeplechase****Finals**

1 van der Wal, Hylke M75 Saskatchewan 14:13.29

**Event 31 M45 3000 Meter Steeplechase****Finals**

1 Svec, John M47 Saskatchewan 12:06.79

**Event 32 W40 High Jump****Finals**

1 Arnason, Sandi W40 Saskatchewan 1.26m

**Event 32 W55 High Jump****Finals**1 Amerongen, Loretta W59 Alberta 1.23m  
2 Lauridsen, Susanne W55 Alberta 1.15m  
3 Welsh, Jo W57 Nova Scotia 1.10m**Event 32 W70 High Jump****Finals**1 LaFayette-Boyd, Carol W71 Saskatchewan 1.23m  
2 Radcliffe, Marg W71 British Columbia 1.05m**Event 32 W75 High Jump****Finals**

1 Bortignon, Christa W76 British Columbia 1.05m

**Event 32 W90 High Jump****Finals**

1 Kotelko, Olga W94 British Columbia 0.75m

**Event 33 M35 High Jump****Finals**

1 McLaren, Doug M37 Saskatchewan 1.70m

**Event 33 M45 High Jump****Finals**

1 East, Allan M46 Saskatchewan 1.28m

**Event 33 M65 High Jump****Finals**

1 Seitz, Stan M65 Ontario 1.25m

**Event 33 M70 High Jump****Finals**1 East, Les M73 British Columbia 1.25m  
2 Renwick, Doug M71 Saskatchewan 1.19m**Event 33 M75 High Jump****Finals**

1 Koza, Joseph M77 Saskatchewan 1.28m

**Event 33 M80 High Jump****Finals**

1 Nett, Arnold M80 Alberta 1.10m

**Event 35 M65 Pole Vault****Finals**1 Seitz, Stan M65 Ontario 2.76m  
2 Jacobson, Vance M65 United States 1.76m**Event 35 M70 Pole Vault****Finals**1 Renwick, Doug M71 Saskatchewan 1.96m  
2 Roberts, Richard M70 Alberta 1.76m**Event 35 M75 Pole Vault****Finals**

1 van der Wal, Hylke M75 Saskatchewan 1.46m

**Event 36 W40 Long Jump****Finals**1 Arnason, Sandi W40 Saskatchewan 3.93m 2.2  
2 Evans, Sharon W42 Alberta 3.52m 2.8**Event 36 W55 Long Jump****Finals**1 Gieni, Murial W55 Saskatchewan 4.20m 2.9  
2 Amerongen, Loretta W59 Alberta 3.85m 4.7  
3 Lauridsen, Susanne W55 Alberta 3.62m 2.2

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**Event 36 W60 Long Jump****Finals**

1	Dobson, Nancy	W64	Saskatchewan	3.49m	1.7
2	Rollins, Elizabeth	W63	British Columbia	3.46m	4.0
3	Nesterenko, Louise	W62	Alberta	2.49m	1.7

**Event 36 W65 Long Jump****Finals**

1	Baldock, Lynette	W66	British Columbia	2.59m	1.7
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**Event 36 W70 Long Jump****Finals**

1	LaFayette-Boyd, Carol	W71	Saskatchewan	3.53m	1.5
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**Event 36 W75 Long Jump****Finals**

1	Bortignon, Christa	W76	British Columbia	3.38m	2.0
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**Event 36 W90 Long Jump****Finals**

1	Kotelko, Olga	W94	British Columbia	1.49m	3.6
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**Event 37 M40 Long Jump****Finals**

1	Wilson, Kier	M41	Alberta	3.67m	4.5
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**Event 37 M45 Long Jump****Finals**

1	Ellis, Colin	M45	Saskatchewan	4.88m	0.6
2	Gaudes, Andrew	M48	Saskatchewan	4.67m	2.1
3	East, Allan	M46	Saskatchewan	4.16m	3.6

**Event 37 M50 Long Jump****Finals**

1	Nasato, Robert	M52	Ontario	5.09m	2.4
2	Flett, Gordon	M53	British Columbia	3.64m	3.0

**Event 37 M65 Long Jump****Finals**

1	Mintz, Bruce	M66	Alberta	3.98m	2.9
2	Jacobson, Vance	M65	United States	3.60m	3.4
3	Delhomeau, Roland	M68	Saskatchewan	3.33m	3.1

**Event 37 M70 Long Jump****Finals**

1	Renwick, Doug	M71	Saskatchewan	3.89m	2.7
2	East, Les	M73	British Columbia	3.39m	2.2
3	Singh, Gurdev	M74	Ontario	3.32m	2.7

**Event 37 M75 Long Jump****Finals**

1	Koza, Joseph	M77	Saskatchewan	3.77m	4.6
2	van der Wal, Hylke	M75	Saskatchewan	2.94m	1.4

**Event 37 M80 Long Jump****Finals**

1	Rowan, Ted	M80	Saskatchewan	3.74m	1.7
2	Nett, Arnold	M80	Alberta	3.19m	2.8

**Event 38 W30 Triple Jump****Finals**

1	Tuplin, Mandi	W32	Saskatchewan	10.30m	1.0
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**Event 38 W40 Triple Jump****Finals**

1	Arnason, Sandi	W40	Saskatchewan	8.58m	1.6
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**Event 38 W55 Triple Jump****Finals**

1	Gieni, Murial	W55	Saskatchewan	8.92m	2.1
2	Amerongen, Loretta	W59	Alberta	7.75m	1.7
3	Lauridsen, Susanne	W55	Alberta	7.36m	1.2

**Event 38 W60 Triple Jump****Finals**

1	Rollins, Elizabeth	W63	British Columbia	7.70m	1.5
2	Dobson, Nancy	W64	Saskatchewan	7.23m	1.2

**Event 38 W65 Triple Jump****Finals**

1	Baldock, Lynette	W66	British Columbia	6.27m	2.9
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**Event 38 W70 Triple Jump****Finals**

1	LaFayette-Boyd, Carol	W71	Saskatchewan	7.73m	0.9
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**Event 38 W75 Triple Jump****Finals**

1	Bortignon, Christa	W76	British Columbia	7.40m	2.6
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**Event 38 W90 Triple Jump****Finals**

1	Kotelko, Olga	W94	British Columbia	3.24m	+0.0
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**Event 39 M40 Triple Jump****Finals**

1	Munro, Lenroy	M43	Ontario	11.63m	2.5
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**Event 39 M45 Triple Jump****Finals**

1	Gaudes, Andrew	M48	Saskatchewan	9.63m	3.9
2	East, Allan	M46	Saskatchewan	8.22m	2.0

**Event 39 M50 Triple Jump****Finals**

1	Nasato, Robert	M52	Ontario	10.47m	1.6
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**Event 39 M65 Triple Jump****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	7.48m	1.3
2	Jacobson, Vance	M65	United States	7.08m	1.4

**Event 39 M70 Triple Jump****Finals**

1	East, Les	M73	British Columbia	7.39m	2.4
2	Renwick, Doug	M71	Saskatchewan	6.79m	2.9
3	Edwards, Bob	M72	Saskatchewan	5.62m	2.8



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**Event 43 M50 Hammer Throw****Finals**

1	Mazhar, Ayman	M53	Ontario	41.72m
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**Event 43 M60 Hammer Throw****Finals**

1	Pearson, William	M61	Ontario	34.22m
2	Daniels, Edward	M60	United States	34.68m
3	Mountjoy, Terry	M64	Saskatchewan	25.26m

**Event 43 M65 Hammer Throw****Finals**

1	Heighton, Jim	M68	Manitoba	18.97m
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**Event 43 M70 Hammer Throw****Finals**

1	Cahners, Robert	M71	United States	41.38m
2	Glowacki, Marek	M72	British Columbia	34.18m
3	East, Les	M73	British Columbia	31.72m

**Event 43 M80 Hammer Throw****Finals**

1	Sabin, Wayne	M80	United States	26.54m
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**Event 44 W45 Javelin Throw****Finals**

1	Hill, Colleen	W45	Jamaica	12.91m
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**Event 44 W50 Javelin Throw****Finals**

1	Murfitt, Anne	W53	British Columbia	15.85m
2	Ecklund, Deborah	W53	United States	10.03m

**Event 44 W55 Javelin Throw****Finals**

1	Graham, Lori	W55	British Columbia	9.47m
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**Event 44 W60 Javelin Throw****Finals**

1	Rollins, Elizabeth	W63	British Columbia	24.14m
2	Hare, Rose	W64	British Columbia	21.11m

**Event 44 W65 Javelin Throw****Finals**

1	Roberts, Catherine	W66	Alberta	23.33m
2	Closkey, Cheryl	W65	British Columbia	20.07m

**Event 44 W70 Javelin Throw****Finals**

1	Radcliffe, Marg	W71	British Columbia	24.52m
2	Matlock, Joan	W74	Saskatchewan	14.19m
3	Vietch, Roselynn	W72	Saskatchewan	13.51m

**Event 44 W75 Javelin Throw****Finals**

1	Tosh, Margaret	W75	Saskatchewan	19.44m
2	Bortignon, Christa	W76	British Columbia	13.89m

**Event 44 W90 Javelin Throw****Finals**

1	Kotelko, Olga	W94	British Columbia	10.46m
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**Event 44 W95 Javelin Throw****Finals**

1	Kaur, Man	W97	India	5.13m
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**Event 45 M40 Javelin Throw****Finals**

1	Wilson, Kier	M41	Alberta	43.71m
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**Event 45 M45 Javelin Throw****Finals**

1	Ellis, Colin	M45	Saskatchewan	28.85m
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**Event 45 M50 Javelin Throw****Finals**

1	Beamish, Lee	M53	Alberta	46.74m
2	Smith, Lyndon	M52	Saskatchewan	15.77m

**Event 45 M55 Javelin Throw****Finals**

1	Gudzowsky, Terry	M59	Alberta	39.63m
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**Event 45 M60 Javelin Throw****Finals**

1	Berquist, Brian	M60	Saskatchewan	32.75m
2	Pearson, William	M61	Ontario	28.94m

**Event 45 M65 Javelin Throw****Finals**

1	Jacobson, Vance	M65	United States	28.75m
2	Delhomeau, Roland	M68	Saskatchewan	25.57m

**Event 45 M70 Javelin Throw****Finals**

1	Edwards, Bob	M72	Saskatchewan	19.53m
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**Event 45 M75 Javelin Throw****Finals**

1	Koza, Joseph	M77	Saskatchewan	21.27m
2	Epp, Ken	M77	Saskatchewan	18.49m

**Event 45 M80 Javelin Throw****Finals**

1	Rowan, Ted	M80	Saskatchewan	24.89m
2	Sabin, Wayne	M80	United States	18.81m
3	Graham, Gerald	M80	Alberta	16.81m

**Event 46 W45 Shot Put****Finals**

1	Hill, Colleen	W45	Jamaica	6.12m
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**Event 46 W50 Shot Put****Finals**

1	Murfitt, Anne	W53	British Columbia	6.10m
2	Ecklund, Deborah	W53	United States	5.85m

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**Event 46 W55 Shot Put****Finals**

1	Coward, Selina	W58	Saskatchewan	9.40m
2	Graham, Lori	W55	British Columbia	6.13m

**Event 46 W60 Shot Put****Finals**

1	Hare, Rose	W64	British Columbia	8.37m
2	Rollins, Elizabeth	W63	British Columbia	7.76m
3	Nesterenko, Louise	W62	Alberta	5.39m

**Event 46 W65 Shot Put****Finals**

1	Roberts, Catherine	W66	Alberta	7.69m
2	Closkey, Cheryl	W65	British Columbia	7.14m

**Event 46 W70 Shot Put****Finals**

1	Radcliffe, Marg	W71	British Columbia	6.93m
2	Vietch, Roselynn	W72	Saskatchewan	5.88m

**Event 46 W75 Shot Put****Finals**

1	Tosh, Margaret	W75	Saskatchewan	9.18m
2	Bortignon, Christa	W76	British Columbia	7.34m

**Event 46 W90 Shot Put****Finals**

1	Kotelko, Olga	W94	British Columbia	4.70m
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**Event 46 W95 Shot Put****Finals**

1	Kaur, Man	W97	India	2.84m
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**Event 47 M40 Shot Put****Finals**

1	Wilson, Kier	M41	Alberta	8.73m
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**Event 47 M45 Shot Put****Finals**

1	McWhinney, Bruce	M46	Manitoba	11.71m
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**Event 47 M50 Shot Put****Finals**

1	Smith, Lyndon	M52	Saskatchewan	6.98m
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**Event 47 M60 Shot Put****Finals**

1	Pearson, William	M61	Ontario	11.79m
2	Laughton, Lester	M61	New Zealand	9.65m

**Event 47 M65 Shot Put****Finals**

1	Heighton, Jim	M68	Manitoba	8.95m
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**Event 47 M70 Shot Put****Finals**

1	Glowacki, Marek	M72	British Columbia	12.10m
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2	East, Les	M73	British Columbia	9.05m
3	Edwards, Bob	M72	Saskatchewan	8.30m

**Event 47 M75 Shot Put****Finals**

1	Epp, Ken	M77	Saskatchewan	7.99m
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**Event 47 M80 Shot Put****Finals**

1	Sabin, Wayne	M80	United States	10.02m
2	Graham, Gerald	M80	Alberta	8.00m

**Event 49 M40 Weight Throw 25lb - under****Finals**

1	Wilson, Kier	M41	Alberta	11.05m
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**Event 49 M50 Weight Throw 25lb - under****Finals**

1	Mazhar, Ayman	M53	Ontario	15.41m
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**Event 49 M60 Weight Throw 25lb - under****Finals**

1	Pearson, William	M61	Ontario	13.34m
2	Laughton, Lester	M61	New Zealand	12.60m
3	Daniels, Edward	M60	United States	12.44m

**Event 49 M65 Weight Throw 25lb - under****Finals**

1	Heighton, Jim	M68	Manitoba	8.48m
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**Event 49 M70 Weight Throw 25lb - under****Finals**

1	Cahners, Robert	M71	United States	14.56m
2	Glowacki, Marek	M72	British Columbia	13.12m
3	East, Les	M73	British Columbia	12.13m

**Event 49 M80 Weight Throw 25lb - under****Finals**

1	Sabin, Wayne	M80	United States	12.53m
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**Event 51 M35 Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	2618
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**Event 51 M40 Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	1738
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**Event 51 M60 Outdoor Pentathlon****Finals**

1	Berquist, Brian	M60	Saskatchewan	2547
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**Event 51 M65 Outdoor Pentathlon****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	2090
2	Swane, Dwight	M69	Alberta	1467

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**Event 51 M70 Outdoor Pentathlon****Finals**

1	Renwick, Doug	M71	Saskatchewan	2481
2	Roberts, Richard	M70	Alberta	1176

**Event 51 M75 Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	1787
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**Event 51 M80 Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	3506
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**Event 51 M35 Long Jump Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	5.99m	624
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**Event 51 M40 Long Jump Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	4.30m	323
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**Event 51 M60 Long Jump Outdoor Pentathlon****Finals**

1	Berquist, Brian	M60	Saskatchewan	4.23m	576
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**Event 51 M65 Long Jump Outdoor Pentathlon****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	3.06m	315
2	Swane, Dwight	M69	Alberta	2.98m	294

**Event 51 M70 Long Jump Outdoor Pentathlon****Finals**

1	Renwick, Doug	M71	Saskatchewan	3.50m	535
2	Roberts, Richard	M70	Alberta	2.45m	211

**Event 51 M75 Long Jump Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	2.92m	433
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**Event 51 M80 Long Jump Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	3.52m	811
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**Event 51 M35 Javelin Throw Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	43.64m	503
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**Event 51 M40 Javelin Throw Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	40.10m	494
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**Event 51 M60 Javelin Throw Outdoor Pentathlon****Finals**

1	Berquist, Brian	M60	Saskatchewan	35.82m	598
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**Event 51 M65 Javelin Throw Outdoor Pentathlon****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	27.79m	492
2	Swane, Dwight	M69	Alberta	17.51m	262

**Event 51 M70 Javelin Throw Outdoor Pentathlon****Finals**

1	Roberts, Richard	M70	Alberta	19.52m	339
2	Renwick, Doug	M71	Saskatchewan	19.37m	335

**Event 51 M75 Javelin Throw Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	12.94m	222
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**Event 51 M80 Javelin Throw Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	21.03m	501
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**Event 51 M35 200 Meter Dash Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	24.49	684
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**Event 51 M40 200 Meter Dash Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	30.41	311
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**Event 51 M60 200 Meter Dash Outdoor Pentathlon****Finals**

1	Berquist, Brian	M60	Saskatchewan	28.51	715
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**Event 51 M65 200 Meter Dash Outdoor Pentathlon****Finals**

1	Swane, Dwight	M69	Alberta	33.17	481
2	Delhomeau, Roland	M68	Saskatchewan	36.17	313

**Event 51 M70 200 Meter Dash Outdoor Pentathlon****Finals**

1	Renwick, Doug	M71	Saskatchewan	34.36	504
2	Roberts, Richard	M70	Alberta	46.74	25

**Event 51 M75 200 Meter Dash Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	36.09	521
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**Event 51 M80 200 Meter Dash Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	32.17	928
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**Event 51 M35 Discus Throw Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	32.48m	523
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**Event 51 M40 Discus Throw Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	26.65m	452
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**Event 51 M60 Discus Throw Outdoor Pentathlon****Finals**

1	Berquist, Brian	M60	Saskatchewan	37.32m	658
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**Event 51 M65 Discus Throw Outdoor Pentathlon****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	27.95m	514
2	Swane, Dwight	M69	Alberta	24.28m	430

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**Event 51 M70 Discus Throw Outdoor Pentathlon****Finals**

1	Renwick, Doug	M71	Saskatchewan	19.69m	370
2	Roberts, Richard	M70	Alberta	18.75m	347

**Event 51 M75 Discus Throw Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	15.19m	305
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**Event 51 M80 Discus Throw Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	24.31m	664
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**Event 51 M35 1500 Meter Dash Outdoor Pentathlon****Finals**

1	Peters, Darren	M35	Saskatchewan	5:58.23	284
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**Event 51 M40 1500 Meter Dash Outdoor Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	6:48.71	158
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**Event 51 M65 1500 Meter Dash Outdoor Pentathlon****Finals**

1	Delhomeau, Roland	M68	Saskatchewan	7:03.40	456
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**Event 51 M70 1500 Meter Dash Outdoor Pentathlon****Finals**

1	Renwick, Doug	M71	Saskatchewan	6:23.01	737
2	Roberts, Richard	M70	Alberta	8:32.18	254

**Event 51 M75 1500 Meter Dash Outdoor Pentathlon****Finals**

1	van der Wal, Hylke	M75	Saskatchewan	8:53.95	306
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**Event 51 M80 1500 Meter Dash Outdoor Pentathlon****Finals**

1	Rowan, Ted	M80	Saskatchewan	8:14.65	602
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**Event 52 W35 Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	3517
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**Event 52 W50 Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	1781
2	Ecklund, Deborah	W53	United States	1395

**Event 52 W60 Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	3406
2	Trott, Rhona	W64	Ontario	2818

**Event 52 W65 Weight Pentathlon****Finals**

1	Closkey, Cheryl	W65	British Columbia	3132
2	Roberts, Catherine	W66	Alberta	3108

**Event 52 W75 Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	4598
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**Event 52 W90 Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	3915
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**Event 52 W35 Hammer Throw Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	46.65m	955
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**Event 52 W50 Hammer Throw Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	20.59m	416
2	Ecklund, Deborah	W53	United States	17.16m	323

**Event 52 W60 Hammer Throw Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	29.98m	844
2	Trott, Rhona	W64	Ontario	27.77m	769

**Event 52 W65 Hammer Throw Weight Pentathlon****Finals**

1	Closkey, Cheryl	W65	British Columbia	19.66m	569
2	Roberts, Catherine	W66	Alberta	17.98m	507

**Event 52 W75 Hammer Throw Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	26.92m	1,017
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**Event 52 W90 Hammer Throw Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	14.57m	900
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**Event 52 W35 Shot Put Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	11.88m	682
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**Event 52 W50 Shot Put Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	6.14m	383
2	Ecklund, Deborah	W53	United States	5.66m	343

**Event 52 W60 Shot Put Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	8.75m	736
2	Trott, Rhona	W64	Ontario	7.07m	569

**Event 52 W65 Shot Put Weight Pentathlon****Finals**

1	Roberts, Catherine	W66	Alberta	7.83m	727
2	Closkey, Cheryl	W65	British Columbia	7.09m	645

**Event 52 W75 Shot Put Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	9.17m	982
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**Event 52 W90 Shot Put Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	4.64m	732
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**Event 52 W35 Discus Throw Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	33.46m	552
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**Event 52 W50 Discus Throw Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	17.14m	323
2	Ecklund, Deborah	W53	United States	15.03m	273

**Event 52 W60 Discus Throw Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	22.44m	573
2	Trott, Rhona	W64	Ontario	16.61m	397

**Event 52 W65 Discus Throw Weight Pentathlon****Finals**

1	Closkey, Cheryl	W65	British Columbia	22.81m	672
2	Roberts, Catherine	W66	Alberta	21.56m	628

**Event 52 W75 Discus Throw Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	20.79m	748
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**Event 52 W90 Discus Throw Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	11.97m	768
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**Event 52 W35 Javelin Throw Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	27.74m	466
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**Event 52 W50 Javelin Throw Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	15.33m	292
2	Ecklund, Deborah	W53	United States	10.19m	167

**Event 52 W60 Javelin Throw Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	19.38m	474
2	Trott, Rhona	W64	Ontario	17.63m	423

**Event 52 W65 Javelin Throw Weight Pentathlon****Finals**

1	Roberts, Catherine	W66	Alberta	21.93m	627
2	Closkey, Cheryl	W65	British Columbia	17.95m	496

**Event 52 W75 Javelin Throw Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	19.42m	749
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**Event 52 W90 Javelin Throw Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	10.42m	775
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**Event 52 W35 Weight Throw Weight Pentathlon****Finals**

1	Gabruch, Karla	W35	Saskatchewan	14.64m	862
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**Event 52 W50 Weight Throw Weight Pentathlon****Finals**

1	Murfitt, Anne	W53	British Columbia	6.70m	367
2	Ecklund, Deborah	W53	United States	5.60m	289

**Event 52 W60 Weight Throw Weight Pentathlon****Finals**

1	Hare, Rose	W64	British Columbia	12.10m	779
2	Trott, Rhona	W64	Ontario	10.52m	660

**Event 52 W65 Weight Throw Weight Pentathlon****Finals**

1	Closkey, Cheryl	W65	British Columbia	10.69m	750
2	Roberts, Catherine	W66	Alberta	9.10m	619

**Event 52 W75 Weight Throw Weight Pentathlon****Finals**

1	Tosh, Margaret	W75	Saskatchewan	13.06m	1,102
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**Event 52 W90 Weight Throw Weight Pentathlon****Finals**

1	Kotelko, Olga	W94	British Columbia	6.17m	740
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**Event 53 M40 Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	2538
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**Event 53 M60 Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	3207
2	Laughton, Lester	M61	New Zealand	2641
3	Mountjoy, Terry	M64	Saskatchewan	2458

**Event 53 M65 Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	1697
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**Event 53 M70 Weight Pentathlon****Finals**

1	Glowacki, Marek	M72	British Columbia	3948
2	Cahners, Robert	M71	United States	3482
3	East, Les	M73	British Columbia	2860

**Event 53 M80 Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	3571
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**Event 53 M40 Hammer Throw Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	35.84m	517
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**Event 53 M60 Hammer Throw Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	34.66m	600
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## 2013 Canadian Masters' Championships - 26/07/2013 to 28/07/2013

## Regina, Saskatchewan

## Results

**Finals ... (Event 53 M60 Hammer Throw Weight Pentathlon)**

2	Daniels, Edward	M60	United States	33.77m	580
3	Mountjoy, Terry	M64	Saskatchewan	28.25m	463

**Event 53 M65 Hammer Throw Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	18.21m	297
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**Event 53 M70 Hammer Throw Weight Pentathlon****Finals**

1	Cahners, Robert	M71	United States	39.58m	840
2	Glowacki, Marek	M72	British Columbia	37.74m	794
3	East, Les	M73	British Columbia	31.91m	648

**Event 53 M80 Hammer Throw Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	29.61m	783
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**Event 53 M40 Shot Put Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	9.38m	512
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**Event 53 M60 Shot Put Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	11.89m	780
2	Laughton, Lester	M61	New Zealand	10.00m	636
3	Mountjoy, Terry	M64	Saskatchewan	9.17m	572

**Event 53 M65 Shot Put Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	8.41m	572
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**Event 53 M70 Shot Put Weight Pentathlon****Finals**

1	Glowacki, Marek	M72	British Columbia	11.99m	861
2	Cahners, Robert	M71	United States	11.08m	785
3	Edwards, Bob	M72	Saskatchewan	8.79m	597

**Event 53 M80 Shot Put Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	10.08m	857
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**Event 53 M40 Discus Throw Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	26.71m	453
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**Event 53 M60 Discus Throw Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	37.44m	660
2	Laughton, Lester	M61	New Zealand	35.66m	622
3	Mountjoy, Terry	M64	Saskatchewan	29.86m	499

**Event 53 M65 Discus Throw Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	18.98m	311
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**Event 53 M70 Discus Throw Weight Pentathlon****Finals**

1	Glowacki, Marek	M72	British Columbia	36.75m	807
2	Cahners, Robert	M71	United States	31.34m	666
3	East, Les	M73	British Columbia	27.80m	574

**Event 53 M80 Discus Throw Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	24.74m	678
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**Event 53 M40 Javelin Throw Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	42.55m	533
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**Event 53 M60 Javelin Throw Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	31.19m	502
2	Mountjoy, Terry	M64	Saskatchewan	26.02m	396
3	Laughton, Lester	M61	New Zealand	21.47m	304

**Event 53 M65 Javelin Throw Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	10.94m	122
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**Event 53 M70 Javelin Throw Weight Pentathlon****Finals**

1	Glowacki, Marek	M72	British Columbia	30.68m	611
2	East, Les	M73	British Columbia	21.74m	392
3	Edwards, Bob	M72	Saskatchewan	19.56m	340

**Event 53 M80 Javelin Throw Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	17.60m	397
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**Event 53 M40 Weight Throw Weight Pentathlon****Finals**

1	Wilson, Kier	M41	Alberta	10.34m	523
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**Event 53 M60 Weight Throw Weight Pentathlon****Finals**

1	Pearson, William	M61	Ontario	13.22m	665
2	Laughton, Lester	M61	New Zealand	12.57m	627
3	Daniels, Edward	M60	United States	11.65m	572

**Event 53 M65 Weight Throw Weight Pentathlon****Finals**

1	Heighton, Jim	M68	Manitoba	8.05m	395
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**Event 53 M70 Weight Throw Weight Pentathlon****Finals**

1	Cahners, Robert	M71	United States	17.45m	1,018
2	Glowacki, Marek	M72	British Columbia	15.29m	875
3	East, Les	M73	British Columbia	11.87m	652

**Event 53 M80 Weight Throw Weight Pentathlon****Finals**

1	Sabin, Wayne	M80	United States	13.12m	856
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## 2013 Canadian Masters' Championships - 26/07/2013 to 28/07/2013

## Regina, Saskatchewan

## Results

**Event 54 W30 4x100 Meter Relay****Finals**

1 Women's 30 A 1:04.89

**Event 54 W40 4x100 Meter Relay****Finals**

1 Women's 40 A 1:00.39

2 Spartans A 1:01.48

**Event 54 W50 4x100 Meter Relay****Finals**

1 Women's 50 A 1:00.35

**Event 55 M29&U 4x100 Meter Relay****Finals**

1 Men's 65 A 59.87

**Event 55 M35 4x100 Meter Relay****Finals**

1 Men's 35 A 50.99

**Event 55 M70 4x100 Meter Relay****Finals**

1 Men's 70 A 1:03.95

**Event 55 M80 4x100 Meter Relay****Finals**

1 Men's 80 A 1:10.57

**Event 56 W50 4x400 Meter Relay****Finals**

1 Women's 50 A 4:42.71

**Event 57 M29&U 4x400 Meter Relay****Finals**

1 Mens 60 A 5:09.13

2 Men's 80 A 6:25.06

**Event 57 M40 4x400 Meter Relay****Finals**

1 Men's 40 A 4:20.40

**Event 58 Women 200 Long Hurdles .686m****Finals**

1 Bortignon, Christa W76 British Columbia 40.91 -1.8

**Event 59 M80-89 200 Long Hurdles .686m****Finals**

1 Nett, Arnold M80 Alberta 40.85 -1.8

**Event 60 W50-59 4x800 Meter Relay****Finals**

1 Women's 50 A 10:39.30

**Event 60 W70-79 4x800 Meter Relay****Finals**

1 Women's 70 A 15:41.25

**Event 61 M29&U 4x800 Meter Relay****Finals**

1 Men's 40 A 10:42.96

**Event 61 M70-79 4x800 Meter Relay****Finals**

1 Men's 70 A 12:25.28

**Event 62 W75 80 Short Hurdles .686m****Finals**

1 Bortignon, Christa W76 British Columbia 18.96 -3.8

**Event 63 M80 80 Short Hurdles .686m****Finals**

1 Nett, Arnold M80 Alberta 18.14 -3.8

**Event 65 X29&U 4x400 Meter Relay****Finals**

1 Mixed 65 A 7:22.76