

**2010/2011 Kinsmen Indoor
Junior Women**

50 Metres

| Time/Dist | Athlete | Club | Date | Meet |
|-----------|--------------------|----------------------------|------------|------------------------------|
| | Native Indoor | 6.38 Feb-08-03 Jenni Hucul | STFC | |
| | Open Indoor | 6.38 Feb-08-03 Jenni Hucul | STFC | |
| 7.10 | Wiens, Courtney | 92 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 7.11 | Callele, Yasmin | 92 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 7.14 | Le Roux, Mignon | 93 EXCL | 18/03/2011 | Kinsmen Indoor Championships |
| 7.24 | deJong, Shaylyn | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 7.32 | Erickson, Courtney | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 7.59 | Olson, Alica | 92 TIST | 18/03/2011 | Kinsmen Indoor Championships |

55 Metres

| | | | | |
|------|-------------|---------|------------|---------------------|
| 7.47 | Mann, Jenna | 92 STFC | 18/02/2011 | Robert Shine Invite |
|------|-------------|---------|------------|---------------------|

60 Metres

| | | | | |
|-------|---------------------|----------------------------|------------|-------------------------|
| | Native Indoor | 7.45 Feb-09-03 Jenni Hucul | STFC | |
| | Open Indoor | 7.45 Feb-09-03 Jenni Hucul | STFC | |
| 8.08 | Ritchie, Katrin | 92 UOFS | 11/02/2011 | Queen City Kinsmen |
| 8.10 | Wiens, Courtney | 92 UOFS | 28/01/2011 | Sled Dog |
| 8.14 | Le Roux, Mignon | 93 EXCL | 04/03/2011 | Boeing Indoor Classic |
| 8.19 | Bohachewski, Kelsey | 92 UOFR | 21/01/2011 | Golden Bear |
| 8.25 | Callele, Yasmin | 92 RIVA | 12/03/2011 | AB Provincial Indoor |
| 8.34 | Jestadt, Gina | 92 UOFR | 11/02/2011 | Queen City Kinsmen |
| 8.39 | Peterson, Hilary | 93 STFC | 28/01/2011 | Sled Dog |
| 8.40 | Gee, Danielle | 93 RIVA | 11/02/2011 | Queen City Kinsmen |
| 8.45 | Koza, Nicole | 93 UOFR | 04/12/2010 | Regina Friendship Games |
| 8.55 | White, Julia | 92 UOFR | 11/02/2011 | Queen City Kinsmen |
| 8.65 | Campbell, Kirsten | 93 CCTC | 11/02/2011 | Queen City Kinsmen |
| 8.66 | Chupa, Kylie | 93 YLTC | 04/03/2011 | Boeing Indoor Classic |
| 8.99 | Baranosky, Jessica | 93 RIVA | 28/01/2011 | Sled Dog |
| 9.00 | Weigel, Lauren | 92 STFC | 03/02/2011 | K of C Indoor Games |
| 9.03 | Shiotsu, Yuki | 93 CCTC | 11/02/2011 | Queen City Kinsmen |
| 9.13 | Pfeil, Cassandra | 93 CCTC | 28/01/2011 | Sled Dog |
| 9.71 | Kulbida, Jillian | 92 SSOC | 03/02/2011 | K of C Indoor Games |
| 13.62 | Thompson, Courtney | 93 SSOC | 03/02/2011 | K of C Indoor Games |

**2010/2011 Kinsmen Indoor
Junior Women**

200 Metres

| Time/Dist | Athlete | Club | Date | Meet |
|-----------|---------------------|---------|------------|------------------------------|
| | Native Indoor | 24.69 | Mar-07-03 | Jenni Hucul STFC |
| | Open Indoor | 24.40 | Jan-28-83 | Jillian Richardson AB |
| 25.71 | Margetts, Merissa | 92 UOFR | 04/12/2010 | Regina Friendship Games |
| 26.36 | Bohachewski, Kelsey | 92 UOFR | 11/02/2011 | Queen City Kinsmen |
| 27.44 | Propp, Adrea | 93 UOFR | 04/12/2010 | Regina Friendship Games |
| 27.54 | Gee, Danielle | 93 RIVA | 12/03/2011 | AB Provincial Indoor |
| 27.90 | Koza, Nicole | 93 UOFR | 04/12/2010 | Regina Friendship Games |
| 27.83 | Spafford, Megan | 93 STFC | 04/03/2011 | Boeing Indoor Classic |
| 27.92 | Peterson, Hilary | 93 STFC | 04/03/2011 | Boeing Indoor Classic |
| 27.94 | Wiens, Courtney | 92 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 28.37 | deJong, Shaylyn | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 28.48 | Henares, Jami-Dawn | 92 STFC | 11/02/2011 | Queen City Kinsmen |
| 28.56 | Olson, Christine | 92 UOFS | 11/12/2010 | Green & White Meet |
| 28.63 | Manske, Naomi | 93 RIVA | 12/03/2011 | AB Provincial Indoor |
| 29.62 | Chupa, Kylie | 93 YLTC | 04/03/2011 | Boeing Indoor Classic |
| 29.69 | Campbell, Kirsten | 93 CCTC | 11/02/2011 | Queen City Kinsmen |
| 30.51 | Olson, Alica | 92 TIST | 18/03/2011 | Kinsmen Indoor Championships |
| 31.62 | Dunn, Dana | 93 KATC | 11/02/2011 | Queen City Kinsmen |
| 31.98 | Shiotsu, Yuki | 93 CCTC | 11/02/2011 | Queen City Kinsmen |
| 32.11 | Pfeil, Cassandra | 93 CCTC | 12/03/2011 | AB Provincial Indoor |

300 Metres

| | | | | |
|-------|---------------------|---------|------------|-------------------|
| | Native Indoor | 38.79 | Mar-03-84 | Lisa Kroll U of S |
| | Open Indoor | 37.97 | Dec-30-81 | Angela Bailey ON |
| 41.49 | Bohachewski, Kelsey | 92 UOFR | 25/02/2011 | Canada West |
| 42.11 | Ritchie, Katrin | 92 UOFS | 25/02/2011 | Canada West |
| 42.29 | Propp, Adrea | 92 UOFR | 21/01/2011 | Golden Bear |
| 43.81 | Wylie, Amber | 92 UOFR | 25/02/2011 | Canada West |
| 44.39 | Koza, Nicole | 92 UOFR | 25/02/2011 | Canada West |
| 50.10 | Dunn, Dana | 93 KATC | 28/01/2011 | Sled Dog |
| 50.92 | Pfeil, Cassandra | 93 CCTC | 28/01/2011 | Sled Dog |
| 51.00 | Weigel, Lauren | 92 STFC | 28/01/2011 | Sled Dog |

**2010/2011 Kinsmen Indoor
Junior Women**

400 Metres

| Time/Dist | Athlete | Club | Date | Meet | |
|-----------|-------------------|-------|-----------|---------------------|------------------------------|
| | Native Indoor | 55.50 | Feb-25-84 | Gail Harris Yorkton | |
| | Open Indoor | 55.50 | Feb-25-84 | Gail Harris Yorkton | |
| 59.77 | Simon, Ashlynn | 92 | QCST | 18/03/2011 | Kinsmen Indoor Championships |
| 1:01.33 | Charles, Elecktra | 92 | UNSK | 04/03/2011 | Aboriginal Indoor |
| 1:03.89 | Spafford, Megan | 93 | STFC | 12/03/2011 | AB Provincial Indoor |
| 1:11.21 | Weigel, Lauren | 92 | STFC | 21/01/2011 | Golden Bear |
| 1:12.51 | Olson, Alica | 93 | TIST | 18/03/2011 | Kinsmen Indoor Championships |
| 1:14.54 | Goodwill, Kirsten | 93 | UNSK | 04/03/2011 | Aboriginal Indoor |

600 Metres

| | | | | |
|--|---------------|---------|-----------|--------------------|
| | Native Indoor | 1:32.75 | Mar-10-84 | Clara Wall U of S |
| | Open Indoor | 1:31.06 | Mar-14-87 | Maxine Scringer AB |

| | | | | | |
|---------|-------------------|----|------|------------|-------------------------|
| 1:36.65 | Propp, Adrea | 92 | UOFR | 21/01/2011 | Golden Bear |
| 1:37.32 | Charles, Elecktra | 92 | UOFS | 04/02/2011 | Bison Classic |
| 1:41.43 | Flavel, Meghan | 92 | STFC | 15/01/2011 | U of Washington Preview |
| 1:50.43 | Manske, Naomi | 93 | RIVA | 11/02/2011 | Queen City Kinsmen |
| 2:05.50 | Weigel, Lauren | 92 | STFC | 28/01/2011 | Sled Dog |
| 2:08.51 | Dunn, Dana | 93 | KATC | 28/01/2011 | Sled Dog |

800 Metres

| | | | | |
|--|---------------|---------|-----------|-------------------|
| | Native Indoor | 2:13.90 | Mar-05-10 | Ashlynn Simon QCS |
| | Open Indoor | 2:08.0h | Dec-29-72 | Glenda Reiser ON |

| | | | | | |
|---------|--------------------|----|------|------------|------------------------------|
| 2:21.27 | Simon, Ashlynn | 92 | QCST | 18/03/2011 | Kinsmen Indoor Championships |
| 2:31.48 | Desjardins, Ashley | 93 | UOFR | 04/12/2010 | Regina Friendship Games |
| 2:35.30 | Groat, Rachael | 92 | RIVA | 11/02/2011 | Queen City Kinsmen |
| 2:45.94 | White, Julia | 92 | UOFR | 21/01/2011 | Golden Bear |
| 2:51.91 | Weigel, Lauren | 92 | STFC | 18/03/2011 | Kinsmen Indoor Championships |
| 3:05.67 | Goodwill, Kirsten | 93 | UNSK | 04/03/2011 | Aboriginal Indoor |
| 3:06.29 | Dunn, Dana | 93 | KATC | 11/02/2011 | Queen City Kinsmen |

1000 Metres

| | | | | |
|--|---------------|---------|-----------|-------------------------|
| | Native Indoor | 2:56.96 | Mar-04-83 | Donna Balezantis U of S |
| | Open Indoor | 2:50.21 | Mar-04-83 | Trish Wellman BC |

| | | | | | |
|---------|-------------------|----|------|------------|--------------------|
| 2:59.38 | Charles, Elecktra | 92 | UOFS | 11/02/2011 | Queen City Kinsmen |
| 3:09.69 | Westberg, Avery | 93 | YLTC | 11/02/2011 | Queen City Kinsmen |

**2010/2011 Kinsmen Indoor
Junior Women**

1000 Metres Cont'd

| Time/Dist | Athlete | Club | Date | Meet |
|-----------|--------------------|---------|------------|-------------------------|
| | Native Indoor | 2:56.96 | Mar-04-83 | Donna Balezantis U of S |
| | Open Indoor | 2:50.21 | Mar-04-83 | Trish Wellman BC |
| 3:10.97 | Fedyk, Leia | 93 STFC | 28/01/2011 | Sled Dog |
| 3:17.62 | Desjardins, Ashley | 92 UOFR | 28/01/2011 | Sled Dog |
| 3:34.49 | Regnier, Amanda | 92 UOFS | 28/01/2011 | Sled Dog |

1500 Metres

| | | | | |
|---------|--------------------|---------|------------|-----------------------|
| | Native Indoor | 4:31.56 | Mar-05-04 | Danette Doetzel QCS |
| | Open Indoor | 4:16.3h | Dec-29-73 | Glenda Reiser ON |
| 4:52.36 | Westberg, Avery | 93 YLTC | 04/03/2011 | Boeing Indoor Classic |
| 4:54.62 | Miller, Abby | 92 RIVA | 12/03/2011 | Sled Dog |
| 4:55.37 | Fedyk, Leia | 93 STFC | 04/03/2011 | Boeing Indoor Classic |
| 5:32.06 | Groat, Rachael | 92 RIVA | 11/02/2011 | Queen City Kinsmen |
| 5:32.77 | Desjardins, Ashley | 92 UOFR | 04/02/2011 | Bison Classic |
| 5:36.65 | Regnier, Amanda | 92 UOFS | 28/01/2011 | Sled Dog |

3000 Metres

| | | | | |
|----------|----------------|---------|------------|----------------------|
| | Native Indoor | 9:39.30 | Feb-12-05 | Kendra Schaaf QCS |
| | Open Indoor | 9:38.08 | Mar-14-81 | Margaret McDonald NB |
| 10:30.42 | Miller, Abby | 92 RIVA | 12/03/2011 | AB Provincial Indoor |
| 10:41.34 | Fedyk, Leia | 93 STFC | 11/02/2011 | Queen City Kinsmen |
| 12:40.55 | Groat, Rachael | 92 RIVA | 12/03/2011 | AB Provincial Indoor |

55m Hurdles

| | | | | |
|------|-------------|---------|------------|---------------------|
| 8.25 | Mann, Jenna | 92 STFC | 18/02/2011 | Robert Shine Invite |
|------|-------------|---------|------------|---------------------|

60m Hurdles .84m

| | | | | |
|------|-----------------|---------|------------|------------------------------|
| | Native Indoor | 8.63 | Mar-10-07 | Jenni Hucul U of S/STFC |
| | Open Indoor | 8.56 | Feb-28-92 | Janna Nikkel MB |
| 8.99 | Mann, Jenna | 92 STFC | 25/02/2011 | Mtn West Conference |
| 9.47 | Young, Michelle | 92 STFC | 29/01/2011 | Houston Invite |
| 9.53 | Le Roux, Mignon | 93 EXCL | 18/03/2011 | Kinsmen Indoor Championships |
| 9.73 | Callele, Yasmin | 92 RIVA | 12/03/2011 | AB Provincial Indoor |
| 9.84 | Wylie, Amber | 92 UOFR | 25/02/2011 | Canada West |

**2010/2011 Kinsmen Indoor
Junior Women**

60m Hurdles .84m Cont'd

| Time/Dist | Athlete | Club | Date | Meet |
|-----------|--------------------|---------|------------|------------------------------|
| 9.94 | Spafford, Megan | 93 STFC | 04/03/2011 | Boeing Indoor Classic |
| 10.48 | Peterson, Hilary | 93 STFC | 28/01/2011 | Sled Dog |
| 11.08 | Chupa, Kylie | 93 YLTC | 11/02/2011 | Queen City Kinsmen |
| 11.11 | Erickson, Courtney | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 11.31 | White, Julia | 92 UOFR | 21/01/2011 | Golden Bear |

High Jump

Native Indoor 1.74m Feb-09-02 Angella Collinge U of S
Open Indoor 1.80m Jan-11-97 Whitney Evans AB

| | | | | |
|-------|-------------------|---------|------------|------------------------------|
| 1.60m | Ritchie, Shona | 92 UOFS | 28/01/2011 | Sled Dog |
| 1.55m | Anderson, Dagmar | 93 UOFR | 11/02/2011 | Queen City Kinsmen |
| 1.55m | Taylor, Lauren | 92 UOFS | 11/12/2010 | Green & White Meet |
| 1.41m | White, Julia | 92 UOFR | 21/01/2011 | Golden Bear |
| 1.35m | LeBlanc, Stefanie | 93 STFC | 18/03/2011 | Kinsmen Indoor Championships |

Pole Vault

Native Indoor 4.00m Dec-03-03 Adrienne Vangool RIV
Open Indoor 4.00m Dec-03-03 Adrienne Vangool RIV/UofS

| | | | | |
|-------|--------------------|---------|------------|------------------------------|
| 3.30m | Le Roux, Mignon | 93 EXCL | 18/03/2011 | Kinsmen Indoor Championships |
| 3.30m | Erickson, Courtney | 93 RIVA | 12/03/2011 | AB Provincial Indoor |
| 2.85m | Baranosky, Jessica | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 2.70m | deJong, Shaylyn | 93 RIVA | 18/03/2011 | Kinsmen Indoor Championships |
| 2.30m | Chupa, Kylie | 93 YLTC | 04/03/2011 | Boeing Indoor Classic |

Long Jump

Native Indoor 5.80m Jan-17-03 Janine Polischuck RAT
Open Indoor 5.80m Jan-17-03 Janine Polischuk RAT

| | | | | |
|-------|-------------------|---------|------------|-------------------------|
| 5.38m | Hetheron, Chloe | 92 STFC | 04/02/2011 | Meyo Invite |
| 5.17m | Rhode, Mercedes | 92 UNSK | 13/02/2011 | UW Open Meet |
| 5.11m | White, Julia | 92 UOFR | 25/02/2011 | Canada West |
| 4.98m | Manske, Naomi | 93 RIVA | 12/03/2011 | AB Provincial Indoor |
| 4.87m | Wiens, Courtney | 92 UOFS | 28/01/2011 | Sled Dog |
| 4.68m | Anderson, Dagmar | 93 UOFR | 21/01/2011 | Golden Bear |
| 4.67m | Jestadt, Gina | 93 UOFR | 04/12/2010 | Regina Friendship Games |
| 4.45m | Ritchie, Shona | 92 UOFS | 25/02/2011 | Canada West |
| 3.95m | Campbell, Kirsten | 93 CCTC | 11/02/2011 | Queen City Kinsmen |

**2010/2011 Kinsmen Indoor
Junior Women**

Long Jump Cont'd

| Time/Dist | Athlete | Club | Date | Meet |
|-----------|------------------|---------|------------|----------------------|
| 3.70m | Shiotsu, Yuki | 93 CCTC | 11/02/2011 | Queen City Kinsmen |
| 3.68m | Pfeil, Cassandra | 93 CCTC | 12/03/2011 | AB Provincial Indoor |

Triple Jump

| | | |
|---------------|------------------|---------------------|
| Native Indoor | 12.28m Mar-09-02 | Chloe Hetherton SMA |
| Open Indoor | 12.28m Mar-09-02 | Chloe Hetherton SMA |

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|--------|------------------|---------|------------|-------------------------|
| 12.74m | Hetherton, Chloe | 92 STFC | 14/01/2011 | U of Kentucky Invite |
| 11.18m | Jestadt, Gina | 92 UOFR | 25/02/2011 | Canada West |
| 9.48m | Chupa, Kylie | 93 YLTC | 11/02/2011 | Queen City Kinsmen |
| 9.46m | Foraie, Richelle | 92 UOFR | 04/12/2010 | Regina Friendship Games |

Shot Put 4kg

| | | |
|---------------|------------------|--------------------------|
| Native Indoor | 14.68m Dec-19-09 | Taryn Suttie STFC/U of S |
| Open Indoor | 14.68m Dec-19-09 | Taryn Suttie STFC/U of S |

| | | | | |
|--------|----------------------|---------|------------|-------------------------|
| 12.51m | Labrecque, Chantelle | 92 UOFR | 04/12/2010 | Regina Friendship Games |
| 11.04m | Lethbridge, Larissa | 92 UOFR | 11/02/2011 | Queen City Kinsmen |
| 10.71m | Wolfe, Danika | 92 UOFR | 28/01/2011 | Sled Dog |
| 10.07m | Daniels, Shelbe | 93 STFC | 28/01/2011 | Sled Dog |
| 9.19m | White, Julia | 92 UOFR | 21/01/2011 | Golden Bear |
| 8.62m | Naytowhow, Rosie | 93 MLTC | 04/03/2011 | Aboriginal Indoor |
| 4.18m | Kulbida, Jillian | 92 SSOC | 03/02/2011 | K of C Indoor Games |
| 3.76m | Thompson, Courtney | 93 SSOC | 03/02/2011 | K of C Indoor Games |

Weight Throw 20lb

| | | |
|---------------|------------------|--------------------------|
| Native Indoor | 17.32m Dec-19-09 | Taryn Suttie STFC/U of S |
| Open Indoor | 17.32m Dec-19-09 | Taryn Suttie STFC/U of S |

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|--------|---------------------|---------|------------|-------------|
| 11.52m | Lethbridge, Larissa | 92 UOFR | 28/01/2011 | Sled Dog |
| 11.47m | Wolfe, Danika | 92 UOFR | 25/02/2011 | Canada West |

Indoor Pentathlon

| | | |
|---------------|----------------|----------------------|
| Native Indoor | 3709 Feb-21-87 | Lesa Mayes NBLT |
| Open Indoor | 3719 Jan-20-07 | Brianne Theisen STFC |

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|--|--------------|---------|------------|-------------|
| 2553 | White, Julia | 92 UOFR | 21/01/2011 | Golden Bear |
| 11.31 H;1.41 HJ;5.00m LJ;9.19m SP;2:45.94 800m | | | | |