

2009/2010 Indoor Rankings

Junior Women

50 Metres

Time/Dist	Athlete	Club	Date	Meet	
	Native Indoor	6.38 Feb-08-03	Jenni Hucul	STFC	
	Open Indoor	6.38 Feb-08-03	Jenni Hucul	STFC	
6.97	Mann, Jenna	92	STFC	19/03/2010	Kinsmen Indoor
7.01	Wiens, Courtney	92	RIV	19/03/2010	Kinsmen Indoor
7.08	Bohachewski, Kelsey	92	BBT	19/03/2010	Kinsmen Indoor
7.08	Callele, Yasmin	92	RIV	19/03/2010	Kinsmen Indoor

60 Metres

	Native Indoor	7.45 Feb-09-03	Jenni Hucul	STFC	
	Open Indoor	7.45 Feb-09-03	Jenni Hucul	STFC	
7.65	Young, Michelle	92	STFC	09/01/2010	Prairie Dual
7.83	Margetts, Merissa	91	URC	29/01/2010	Sled Dog
8.01	Ritchie, Katrin	92	STFC	29/01/2010	Sled Dog
8.15	Mann, Jenna	92	STFC	09/01/2010	Prairie Dual
8.21	Bohachewski, Kelsey	92	BBT	29/01/2010	Sled Dog
8.26	Haselhan, Shalane	91	URC	09/01/2010	Prairie Dual
8.27	White, Julia	92	QCS	05/03/2010	Boeing Classic
8.30	Wiens, Courtney	92	RIV	12/02/2010	Queen City Kinsmen
8.36	Callele, Yasmin	92	RIV	13/03/2010	AB Age Class
8.46	Jestadt, Gina	92	EXA	29/01/2010	Sled Dog
8.62	Rhode, Mercedes	92	STFC	29/01/2010	Sled Dog
8.75	Engele, Raeann	91	US	09/01/2010	Prairie Dual
8.79	Braul, Lindsay	91	EXA	27/03/2010	Athletic Festival
9.02	Cadrain, Cherelle	91	US	09/01/2010	Prairie Dual
9.31	Philipenko, Brianne	91	US	09/01/2010	Prairie Dual

60 Metres - Disabled Athletes

9.79	Kulbida, Jillian	92	SSO	04/02/2010	K of C Games
11.89	Schuler, Morgan	91	SSO	19/03/2010	Kinsmen Indoor
15.01	Littmann, Katrina	92	SSO	04/02/2010	K of C Games

200 Metres

	Native Indoor	24.69 Mar-07-03	Jenni Hucul	STFC	
	Open Indoor	24.40 Jan-28-83	Jillian Richardson	AB	
24.74	Young, Michelle	92	STFC	09/01/2010	Prairie Dual
25.83	Margetts, Merissa	91	EXA	19/03/2010	Kinsmen Indoor
25.97	Ritchie, Katrin	92	STFC	05/03/2010	Boeing Classic
26.35	Mann, Jenna	92	STFC	05/03/2010	Boeing Classic
27.44	Wiens, Courtney	92	RIV	19/03/2010	Kinsmen Indoor
27.52	Rhode, Mercedes	92	STFC	05/03/2010	Boeing Classic
27.62	Bohachewski, Kelsey	92	BBT	19/03/2010	Kinsmen Indoor
27.68	Olson, Christine	91	US	12/02/2010	Queen City Kinsmen
28.05	Wylie, Amber	92	STFC	05/03/2010	Boeing Classic
28.28	Propp, Adrea	92	EXA	19/03/2010	Kinsmen Indoor
28.36	Kowalchuk, Shaylyn	91	EXA	05/03/2010	Boeing Classic

2009/2010 Indoor Rankings

Junior Women

200 Metres Cont'd

Time/Dist	Athlete	Club	Date	Meet
28.51	Flavel, Meghan	92 STFC	19/03/2010	Kinsmen Indoor
31.27	Epp, Maria	91 US	05/12/2009	Green/White

200 Metres - Disabled Athletes

32.58	Kulbida, Jillian	92 SSO	19/03/2010	Kinsmen Indoor
43.08	Schuler, Morgan	91 SSO	19/03/2010	Kinsmen Indoor

300 Metres

Native Indoor 38.79 Mar-03-84 Lisa Kroll U of S
Open Indoor 37.97 Dec-30-81 Angela Bailey ON

40.28	Young, Michelle	92 STFC	29/01/2010	Sled Dog
41.71	Mann, Jenna	92 STFC	29/01/2010	Sled Dog
41.75	Ritchie, Katrin	92 STFC	29/01/2010	Sled Dog
42.38	Simon, Ashlynn	92 QCS	29/01/2010	Sled Dog
43.61	Banks, Amanda	91 US	15/01/2010	Golden Bear
43.88	Rhode, Mercedes	92 STFC	29/01/2010	Sled Dog
44.58	Ferguson, Jamie	91 STFC	29/01/2010	Sled Dog
44.30	Olson, Christine	91 US	29/01/2010	Sled Dog
45.00	Propp, Adrea	92 EXA	12/02/2010	Queen City Kinsmen
45.90	Bohachewski, Kelsey	92 BBT	29/01/2010	Sled Dog
47.72	Henares, Jami-Dawn	92 STFC	29/01/2010	Sled Dog

400 Metres

Native Indoor 55.50 Feb-25-84 Gail Harris Yorkton
Open Indoor 55.50 Feb-25-84 Gail Harris Yorkton

56.27	Young, Michelle	92 STFC	04/02/2010	K of C Games
57.86	Simon, Ashlynn	92 QCS	05/03/2010	Boeing Classic
58.09	Ritchie, Katrin	92 STFC	05/03/2010	Boeing Classic
59.45	Banks, Amanda	91 US	12/02/2010	Queen City Kinsmen
59.64	Mann, Jenna	92 STFC	05/03/2010	Boeing Classic
1:00.30	Flavel, Meghan	92 STFC	05/03/2010	Boeing Classic
1:01.00	Davis, Tennille	90 URC	21/11/2009	Cougar Intrasquad
1:02.36	Propp, Adrea	92 EXA	19/03/2010	Kinsmen Indoor
1:03.35	Rhode, Mercedes	92 STFC	19/03/2010	Kinsmen Indoor
1:07.93	Calver, Ronelle	91 UNA	19/03/2010	Kinsmen Indoor

600 Metres

Native Indoor 1:32.75 Mar-10-84 Clara Wall U of S
Open Indoor 1:31.06 Mar-14-87 Maxine Scringer AB

1:33.97	Simon, Ashlynn	92 QCS	06/02/2010	Bison Classic
1:35.78	Banks, Amanda	91 US	06/02/2010	Bison Classic
1:37.91	Flavel, Meghan	92 STFC	29/01/2010	Sled Dog
1:50.15	Calver, Ronelle	91 US	05/12/2009	Green/White
1:53.11	Sirois, Jocelyn	92 STFC	29/01/2010	Sled Dog

2009/2010 Indoor Rankings

Junior Women

800 Metres

Time/Dist	Athlete	Club	Date	Meet	
	Native Indoor	2:14.28	Jan-25-03	Brandi Armstrong STFC/RICE	
	Open Indoor	2:08.0h	Dec-29-72	Glenda Reiser ON	
2:13.90	Simon, Ashlynn	92	QCS	05/03/2010	Boeing Classic
2:19.28	Flavel, Meghan	92	STFC	05/03/2010	Boeing Classic
2:19.67	Anderson, Jeremie	92	RIV	19/03/2010	Kinsmen Indoor
2:24.92	Miller, Abby	92	RIV	19/03/2010	Kinsmen Indoor
2:25.29	Thiel, Danielle	92	EXA	05/03/2010	Boeing Classic
2:28.09	Charles, Elecktra	92	UNA	19/03/2010	Kinsmen Indoor
2:29.94	Mann, Jenna	92	STFC	12/02/2010	Queen City Kinsmen
2:32.0h	Calver, Ronelle	91	US	12/02/2010	Queen City Kinsmen
2:35.60	Sirois, Jocelyn	92	STFC	05/03/2010	Boeing Classic
2:56.33	Lang, Angie	91	US	15/01/2010	Golden Bear
3:03.43	Haselhan, Shalane	91	URC	12/02/2010	Queen City Kinsmen

800 Metres - Disabled Athletes

3:02.33	Weigel, Lauren	92	SSO	12/02/2010	Queen City Kinsmen
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1000 Metres

	Native Indoor	2:56.96	Mar-04-83	Donna Balezantis U of S	
	Open Indoor	2:50.21	Mar-04-83	Trish Wellman BC	
3:03.95	Kujawa, Kate	91	EXA	20/02/2010	Oklahoma
3:11.23	Miller, Abby	92	RIV	29/01/2010	Sled Dog
3:19.03	Elliott, Brittany	91	CCT	29/01/2010	Sled Dog
3:19.19	Calver, Ronelle	91	US	29/01/2010	Sled Dog
3:19.61	Cadrain, Cherelle	91	US	09/01/2010	Prairie Dual
3:26.93	Groat, Rachael	92	RIV	29/01/2010	Sled Dog

1200 Metres - Disabled Athletes

4:44.0h	Weigel, Lauren	92	SSO	12/02/2010	Queen City Kinsmen
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1500 Metres

	Native Indoor	4:31.56	Mar-05-04	Danette Doetzel QCS	
	Open Indoor	4:16.3h	Dec-29-73	Glenda Reiser ON	
4:44.16	Anderson, Jeremie	92	RIV	13/03/2010	AB Age Class
4:46.98	LePage, Karissa	91	URC	29/01/2010	Sled Dog
4:57.24	Miller, Abby	92	RIV	29/01/2010	Sled Dog
4:57.38	Thiel, Danielle	92	EXA	05/03/2010	Boeing Classic
5:08.13	Traves, Joanne	91	UNA	19/03/2010	Kinsmen Indoor
5:10.56	Elliott, Brittany	91	CCT	19/03/2010	Kinsmen Indoor
5:16.98	Charles, Elecktra	92	RIV	12/02/2010	Queen City Kinsmen
5:17.80	Sjodin, Courtney	91	STFC	05/03/2010	Boeing Classic
5:26.47	Sirois, Jocelyn	92	STFC	05/03/2010	Boeing Classic
5:28.82	Calver, Ronelle	91	US	29/01/2010	Sled Dog
5:31.31	Groat, Rachael	92	RIV	29/01/2010	Sled Dog

2009/2010 Indoor Rankings

Junior Women

1500 Metres Cont'd

Time/Dist	Athlete	Club	Date	Meet
5:45.04	Turmel, Nicole	92 EXA	12/02/2010	Queen City Kinsmen

2000 Metres - Disabled Athletes

9:09.0h	Weigel, Lauren	92 SSO	12/02/2010	Queen City Kinsmen
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3000 Metres

Native Indoor	9:39.30 Feb-12-05 Kendra Schaaf QCS
Open Indoor	9:38.08 Mar-14-81 Margaret McDonald NB

10:38.67	Miller, Abby	92 RIV	12/02/2010	Queen City Kinsmen
10:52.36	Thiel, Danielle	92 EXA	05/03/2010	Boeing Classic
11:22.29	Sjodin, Courtney	91 STFC	05/03/2010	Boeing Classic
11:31.34	Elliott, Brittany	91 CCT	13/03/2010	AB Age Class

1 Mile

5:04.96	Kujawa, Kate	91 EXA	12/02/2010	Fayetteville
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60m Hurdles .84m

Native Indoor	8.63 Mar-10-073 Jenni Hucul STFC
Open Indoor	8.63 Mar-10-07 Jenni Hucul STFC

8.69	Young, Michelle	92 STFC	19/03/2010	Kinsmen Indoor
8.94	Mann, Jenna	92 STFC	29/01/2010	Sled Dog
9.13	Margetts, Merissa	91 EXA	06/02/2010	Bison Classic
9.28	Kowalchuk, Shaylyn	91 EXA	27/03/2010	Athletic Festival
9.82	Haselhan, Shalane	91 URC	06/02/2010	Bison Classic
9.96	Keeler, Jessica	90 US	05/12/2009	Green/White
10.09	Schellenberg, Leanne	90 US	05/12/2009	Green/White
10.62	Wylie, Amber	92 STFC	19/03/2010	Kinsmen Indoor
10.84	Lang, Angie	91 US	15/01/2010	Golden Bear

60m Hurdles - Disabled Athletes

12.80	Weigel, Lauren	92 SSO	12/02/2010	Queen City Kinsmen
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High Jump

Native Indoor	1.74m Feb-09-02 Angella Collinge U of S
Open Indoor	1.80m Jan-11-97 Whitney Evans AB

1.66m	Haselhan, Shalane	91 URC	15/01/2010	Golden Bear
1.60m	Taylor, Lauren	91 US	15/01/2010	Golden Bear
1.60m	Lang, Angie	91 US	09/01/2010	Prairie Dual
1.60m	Mann, Jenna	92 STFC	19/03/2010	Kinsmen Indoor
1.55m	Ritchie, Shona	92 STFC	29/01/2010	Sled Dog
1.55m	Kowalchuk, Shaylyn	91 EXA	29/01/2010	Sled Dog
1.51m	Grebinski, Lauren	90 URC	21/11/2009	Cougar Intrasquad

2009/2010 Indoor Rankings

Junior Women

High Jump Cont'd

Time/Dist	Athlete		Club	Date	Meet
1.50m	Flavel, Meghan	92	STFC	29/01/2010	Sled Dog
1.47m	Foraie, Richelle	91	URC	12/02/2010	Queen City Kinsmen
1.40m	Brousseau, Raven	91	RIV	29/01/2010	Sled Dog
1.35m	Schellenberg, Leanne	90	US	05/12/2009	Green/White
1.30m	Braul, Lindsay	91	EXA	29/01/2010	Sled Dog

Pole Vault

Native Indoor 4.00m Dec-03-03 Adrienne Vangool RIV
Open Indoor 4.00m Jul-08-03 Adrienne Vangool RIV/UofS

3.32m	Loran, Noelle	92	RIV	29/01/2010	Sled Dog
3.32m	Vause, Stephanie	90	US	05/12/2009	Green/White
3.30m	Brousseau, Raven	91	RIV	27/03/2010	Athletic Festival
3.02m	Engele, Raeann	91	RIV	29/01/2010	Sled Dog
2.82m	Johnson, Julie	92	RIV	29/01/2010	Sled Dog
2.42m	Philipenko, Brianne	91	US	04/02/2010	K of C Games

Long Jump

Native Indoor 5.80m Jan-17-03 Janine Polischuck RAT
Open Indoor 5.80m Jan-17-03 Janine Polischuk RAT

5.33m	Haselhan, Shalane	91	URC	26/02/2010	Can West
5.31m	Rhode, Mercedes	92	STFC	19/03/2010	Kinsmen Indoor
5.25m	White, Julia	92	QCS	05/03/2010	Boeing Classic
5.15m	Young, Michelle	92	STFC	19/03/2010	Kinsmen Indoor
5.11m	Mann, Jenna	92	STFC	29/01/2010	Sled Dog
4.92m	Wiens, Courtney	92	RIV	13/03/2010	AB Age Class
4.82m	Ferguson, Jamie	91	US	09/01/2010	Prairie Dual
4.78m	Jestadt, Gina	92	EXA	29/01/2010	Sled Dog
4.77m	Lang, Angie	91	US	15/01/2010	Golden Bear
4.50m	Foraie, Richelle	91	URC	21/11/2009	Cougar Intrasquad
4.36m	Braul, Lindsay	91	URC	12/02/2010	Queen City Kinsmen
4.28m	Wylie, Amber	92	STFC	05/03/2010	Boeing Classic
4.07m	Epp, Maria	91	US	09/01/2010	Prairie Dual
3.97m	Grebinski, Lauren	90	URC	21/11/2009	Cougar Intrasquad
2.98m	Cote, Rachel	92	MLTC	19/03/2010	Kinsmen Indoor

Long Jump - Disabled Athletes

1.92m	Schuler, Morgan	91	SSO	19/03/2010	Kinsmen Indoor
1.43m	Kulbida, Jillian	92	SSO	19/03/2010	Kinsmen Indoor
1.08m	Littmann, Katrina	92	SSO	19/03/2010	Kinsmen Indoor

Triple Jump

Native Indoor 12.28m Mar-09-02 Chloe Hetheron SMA
Open Indoor 12.28m Mar-09-02 Chloe Hetheron SMA

11.94m	Hetheron, Chloe	92	STFC	15/01/2010	Golden Bear
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2009/2010 Indoor Rankings

Junior Women

Triple Jump Cont'd

Time/Dist	Athlete		Club	Date	Meet
10.47m	Jestadt, Gina	92	EXA	29/01/2010	Sled Dog
10.42m	Propp, Adrea	92	EXA	12/02/2010	Queen City Kinsmen
10.26m	Labrecque, Chantelle	91	URC	26/02/2010	Can West
10.06m	Foraie, Richelle	91	URC	26/02/2010	Can West
10.03m	Ferguson, Jamie	91	US	29/01/2010	Sled Dog

Shot Put 4kg

	Native Indoor	14.26m	Mar-13-09	Taryn Suttie	STFC/US
	Open Indoor	14.26m	Mar-13-09	Taryn Suttie	STFC/US
14.68m	Suttie, Taryn	90	US	19/12/2009	Santa Claus Throws
12.67m	Elliott, Kim	90	US	19/12/2009	Santa Claus Throws
12.35m	Rak, Breanna	91	US	29/01/2010	Sled Dog
11.71m	Labrecque, Chantelle	91	URC	09/01/2010	Prairie Dual
11.36m	Bello, AbiOla	91	URC	09/01/2010	Prairie Dual
10.97m	Dyck, Emma	91	URC	15/01/2010	Golden Bear
10.08m	Ecklund, Kirsten	90	URC	21/11/2009	Cougar Intrasquad
9.72m	Haselhan, Shalane	91	URC	12/02/2010	Queen City Kinsmen
9.31m	Rhode, Mercedes	92	STFC	05/03/2010	Boeing Classic
9.26m	Bohachewski, Kelsey	92	BBT	19/03/2010	Kinsmen Indoor
9.15m	Cote, Rachel	92	MLTC	19/03/2010	Kinsmen Indoor
9.04m	Cadrain, Cherelle	91	US	29/01/2010	Sled Dog
8.83m	Mann, Jenna	92	STFC	12/02/2010	Queen City Kinsmen
6.93m	Lang, Angie	91	US	15/01/2010	Golden Bear

Shot Put 6lb - Disabled Athletes

7.10m	Schuler, Morgan	91	SSO	04/02/2010	K of C Games
4.12m	Kulbida, Jillian	92	SSO	04/02/2010	K of C Games
3.73m	Littmann, Katrina	92	SSO	19/03/2010	Kinsmen Indoor

Weight Throw 20lb

	Native Indoor	17.18m	Feb-28-09	Taryn Suttie	STFC/US
	Open Indoor	17.18m	Feb-28-09	Taryn Suttie	STFC/US
17.32m	Suttie, Taryn	90	US	19/12/2009	Santa Claus Throws
14.45m	Bello, AbiOla	91	URC	12/02/2010	Queen City Kinsmen
14.22m	Rak, Breanna	91	US	26/02/2010	Can West
13.86m	Labrecque, Chantelle	91	URC	15/01/2010	Golden Bear
13.83m	Dyck, Emma	91	URC	26/02/2010	Can West
12.07m	Elliott, Kim	90	US	19/12/2009	Santa Claus Throws
11.91m	Ecklund, Kirsten	90	URC	21/11/2009	Cougar Intrasquad

Junior Women

Indoor Pentathlon

Time/Dist	Athlete	Club	Date	Meet
	Native Indoor	3709pts	Feb-21-87	Lesa Mayes NBLT
	Open Indoor	3719pts	Jan-20-07	Brianne Theisen STFC
3299	Mann, Jenna	91 STFC	12/02/2010	Queen City Kinsmen
		8.99 H;1.55m HJ;8.83m SP;5.01m LJ;2:29.94		800m
2875	Haselhan, Shalane	91 URC	15/01/2010	Golden Bear
		10.29 H;1.66m HJ;9.04m SP;5.31m LJ;3:07.52		800m
2424	Lang, Angie	91 US	15/01/2010	Golden Bear
		10.84 H;1.51m HJ;6.93m SP;4.77m LJ;2:56.33		800m