

2017 CSG STANDARDS (SR EVENTS ONLY)

WOMEN

MEN

A Standard	B Standard	Event	A Standard	B Standard
11.71	11.97	100m	10.47	10.65
23.61	24.54	200m	21.21	21.82
52.88	54.80	400m	47.57	48.61
2:05.32	2:09.22	800m	1:50.41	1:50.88
4:16.86	4:27.84	1500m	3:46.38	3:49.91
16:05.89	17:01.69	5000m	14:13.96	14:46.57
13.57	14.38	100mH/110mH	14.99	15.69
59.74	63.03	400mH	52.98	56.89
10:13.96	11:20.47	3000mSC	8:51.05	9:31.41
1.78m	1.64m	HJ	2.11m	2.01m
5.96m	5.82m	LJ	7.35m	7.03m
12.14m	11.65m	TJ	15.20m	14.39m
3.90m	3.40m	PV	5.00m	4.30m
15.09m	12.98m	SP	13.74m	12.68m
49.52m	45.94m	DT	46.34m	40.50m
48.52m	40.96m	JT	62.17m	52.85m
57.00m	45.32m	HT	48.42m	43.54m
5048 pts	4294 pts	Hept/Dec	7289 pts	4471 pts

2017 CSG SELECTION CRITERIA

- 1) Winners with A standard at the trials.
- 2) Second with A standard at the trials.
- 3) Winners with A standard during the year.
- 4) Second with A standard during the year.
- 5) Athletes with A standard unable to compete at the trials due to approved extenuating circumstances.
- 6) Winners with B standard at the trials.
- 7) Seconds with B standard at the trials.
- 8) Winners with B standard during the year.
- 9) Seconds with B standard during the year.
- 10) Athletes with B standard unable to compete at the trials due to approved extenuating circumstances.
- 11) Winners in 2 events at the trials.
- 12) Winners or 2 second place finishes at the trials.
- 13) Athletes to fill relay positions.
- 14) Additional athletes to fill remaining events.

NOTE:

1. Athletes must be born in 1995 or later.
2. A standard will be the average of the top 3 ranked CSG eligible performance from rankings across Canada, allowing the two best performances per province to win a medal.
3. B standard will be the average of the next 5 ranked CSG eligible performance from rankings across Canada, allowing two performances per province to make the top 8.
4. Only personal coaches are allowed to observe the selection meeting. Athlete/coaches or athletes are not allowed to attend. During criteria 13, team staff may ask the personal coaches to leave the meeting for the final selections.
5. Extenuating circumstances, if valid, are to be approved by the Head Coach, in consultation with the Team Staff.
6. Athletes with approved extenuating circumstances and those with known injuries will be given a date by which they must prove fitness. If they do not, they can be replaced with one of the alternates.