

**2008/2009 Indoor Rankings**

**Bantam Women**

**50m**

<b>Time/Dist</b>	<b>Athlete</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>
	Native Indoor	7.17 Jan-30-82 Lori Woytowich BKT		
	Open Indoor	7.13 Jan-30-82 Gwynne Fedoruk AB-LED		
7.42	Steffan, Mackenzie	96 RIV	20/03/2009	Stoon Kinsmen Indoor
7.44	Bohle, Mackenzie	96 STFC	20/03/2009	Stoon Kinsmen Indoor
7.55	Couture, Belinda	96 RIV	20/03/2009	Stoon Kinsmen Indoor
7.62	Anderson, Janeen	96 STFC	20/03/2009	Stoon Kinsmen Indoor
7.65	Tosh, Hannah	97 STFC	20/03/2009	Stoon Kinsmen Indoor
7.69	Prodanuk, Alexandra	96 STFC	20/03/2009	Stoon Kinsmen Indoor
7.72	Mysko, Reis	96 EXA	20/03/2009	Stoon Kinsmen Indoor
7.76	Senft, Gabrielle	97 EXA	20/03/2009	Stoon Kinsmen Indoor
7.91	Armstead, Kirstie	96 EXA	20/03/2009	Stoon Kinsmen Indoor
7.93	Mulic, Semi	96 STFC	20/03/2009	Stoon Kinsmen Indoor
7.94	Stromberg, Adina	96 STFC	20/03/2009	Stoon Kinsmen Indoor
7.97	Lix, Devyn	96 STFC	20/03/2009	Stoon Kinsmen Indoor
8.13	Duhaime, Rebecca	96 BBT	20/03/2009	Stoon Kinsmen Indoor
8.15	Pratt, Alicia	97 RIV	20/03/2009	Stoon Kinsmen Indoor
8.16	Harrison, Kathryn	96 STFC	20/03/2009	Stoon Kinsmen Indoor
8.17	Cockburn, Brooklyn	97 NBLT	20/03/2009	Stoon Kinsmen Indoor
8.18	Ralston, Vanessa	96 RIV	20/03/2009	Stoon Kinsmen Indoor
8.25	Pylypchuk, Nichole	96 STFC	20/03/2009	Stoon Kinsmen Indoor
8.27	Zoerb, Sheree	96 STFC	20/03/2009	Stoon Kinsmen Indoor
8.53	Miller, Rachel	97 STFC	20/03/2009	Stoon Kinsmen Indoor
8.54	Haque, Inaya	96 EXA	20/03/2009	Stoon Kinsmen Indoor
8.57	Bhargava, Sehjal	96 RIV	20/03/2009	Stoon Kinsmen Indoor
8.60	Raccio, Kirsten	96 RIV	20/03/2009	Stoon Kinsmen Indoor
8.73	Campbell, Mackenzie	96 STFC	20/03/2009	Stoon Kinsmen Indoor

8.83	Mansoor, Maha	96	EXA	20/03/2009	Stoon Kinsmen Indoor
9.07	Bohle, Kennedy	97	STFC	20/03/2009	Stoon Kinsmen Indoor
9.22	Benko, Emily	97	EXA	20/03/2009	Stoon Kinsmen Indoor
<b>60m</b>					
		Native Indoor	7.77 Dec-08-01 Jenni Hucul STFC		
		Open Indoor	7.77 Dec-08-02 Jenni Hucul STFC		
8.50	Steffan, Mackenzie	96	RIV	06/02/2009	Regina QC Kinsmen Ind
8.75	Bohle, Mackenzie	96	STFC	23/01/2009	Sled Dog
8.88	Couture, Belinda	96	RIV	06/02/2009	Regina QC Kinsmen Ind
8.88	Dakis, Asyalee	96	EXA	23/01/2009	Sled Dog
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>60m Cont'd</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
8.90	Tosh, Hannah	97	STFC	23/01/2009	Sled Dog
8.99	Anderson, Janeen	96	STFC	23/01/2009	Sled Dog
9.07	Prodanuk, Alexandra	96	STFC	23/01/2009	Sled Dog
9.09	Senft, Gabrielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
9.11	Mulic, Semi	96	STFC	23/01/2009	Sled Dog
9.32	Rennie, Amber	97	KIN	23/01/2009	Sled Dog
9.33	Pelletier, Danielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
9.38	Madraga, Rachel	96	RIV	23/01/2009	Sled Dog
9.38	Geier, Blake	97	RIV	23/01/2009	Sled Dog
9.39	Cheshuk, Courtney	96	STFC	23/01/2009	Sled Dog
9.40	Duhaime, Rebecca	96	BBT	23/01/2009	Sled Dog
9.41	Armstead, Kirstie	96	EXA	06/02/2009	Regina QC Kinsmen Ind
9.42	Skjonsby, Kristen	97	EST	06/02/2009	Regina QC Kinsmen Ind
9.47	Ralston, Vanessa	96	RIV	07/03/2009	AB Age Class

9.52	Heck, Courtney	96	STFC	23/01/2009	Sled Dog
9.56	Harrison, Kathryn	96	STFC	23/01/2009	Sled Dog
9.57	Boyle, Kassidy	96	RIV	23/01/2009	Sled Dog
9.58	Pratt, Alicia	97	RIV	23/01/2009	Sled Dog
9.60	White, Sarah	96	RIV	08/01/2009	K of C Indoor Games
9.79	Cline, Kara	96	STFC	23/01/2009	Sled Dog
9.80	Cockburn, Brooklyn	97	NBLT	06/02/2009	Regina QC Kinsmen Ind
9.82	Campbell, Mackenzie	96	STFC	23/01/2009	Sled Dog
9.83	Benroth, Rachel	96	EXA	06/02/2009	Regina QC Kinsmen Ind
9.84	Tranberg, Maya	97	RIV	23/01/2009	Sled Dog
9.90	Miller, Rachel	97	STFC	23/01/2009	Sled Dog
9.91	Michayluk, Bailey	97	STFC	08/01/2009	K of C Indoor Games
9.92	Zoerb, Sheree	96	STFC	23/01/2009	Sled Dog
9.93	Ens, Nicole	97	STFC	23/01/2009	Sled Dog
9.93	Haque, Inaya	96	EXA	06/02/2009	Regina QC Kinsmen Ind
9.97	McEwan, Celeste	97	RIV	23/01/2009	Sled Dog
10.10	Clarke, Natalie	96	STFC	08/01/2009	K of C Indoor Games
10.16	Gerbrandt, Jessica	96	EXA	06/02/2009	Regina QC Kinsmen Ind
10.16	Mehlhorn, Haley	97	EXA	06/02/2009	Regina QC Kinsmen Ind
10.26	Benko, Emily	97	EXA	06/02/2009	Regina QC Kinsmen Ind
10.38	Wildman, Hannah	97	KIN	23/01/2009	Sled Dog
10.59	Jackson, Emily	96	NBLT	08/01/2009	K of C Indoor Games
10.94	Bohle, Kennedy	97	STFC	23/01/2009	Sled Dog
11.23	Engel, Layne	97	STFC	23/01/2009	Sled Dog
11.67	Watcheston, Tamara	95	QCS	06/12/2008	Regina Friendship Games
11.79	Chamney, Kristina	95	EST	06/12/2008	Regina Friendship Games
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>150m</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
21.77	Mysko, Reis	96	EXA	20/03/2009	Stoon Kinsmen Indoor

22.10	Couture, Belinda	96	RIV	20/03/2009	Stoon Kinsmen Indoor
22.66	Mulic, Semi	96	STFC	20/03/2009	Stoon Kinsmen Indoor
22.80	Madraga, Rachel	96	RIV	20/03/2009	Stoon Kinsmen Indoor
22.86	Prodanuk, Alexandra	96	STFC	20/03/2009	Stoon Kinsmen Indoor
22.97	Armstead, Kirstie	96	EXA	20/03/2009	Stoon Kinsmen Indoor
23.68	Geier, Blake	97	RIV	20/03/2009	Stoon Kinsmen Indoor
24.20	Raccio, Kirsten	96	RIV	20/03/2009	Stoon Kinsmen Indoor
24.48	Pratt, Alicia	97	RIV	20/03/2009	Stoon Kinsmen Indoor
24.66	Haque, Inaya	96	EXA	20/03/2009	Stoon Kinsmen Indoor
25.64	Janz, Darby	96	EXA	20/03/2009	Stoon Kinsmen Indoor
27.22	Benko, Emily	97	EXA	20/03/2009	Stoon Kinsmen Indoor
<b>800m</b>					
Native Indoor 2:25.40 Apr-26-96 Brandi Armstrong Melfort					
Open Indoor 2:23.94 Mar-24-07 Jennifer Paul Cal Int					
2:36.72	Van Eaton, Jesse	95	EXA	06/12/2008	Regina Friendship Games
2:38.72	Senft, Gabrielle	97	EXA	20/03/2009	Stoon Kinsmen Indoor
2:41.68	Zemlak, Sophia	95	QCS	06/12/2008	Regina Friendship Games
2:43.04	Gettle, Carey Lynn	95	EXA	06/12/2008	Regina Friendship Games
2:44.49	Schumacher-Fischer, Laur	97	EXA	20/03/2009	Stoon Kinsmen Indoor
2:46.96	Mehlhorn, Hillary	95	EXA	06/12/2008	Regina Friendship Games
2:53.46	Cline, Kara	96	STFC	20/03/2009	Stoon Kinsmen Indoor
2:55.32	Haque, Inaya	96	EXA	4/4/2009	Regina Athletic Festival
2:57.36	Melnechenko, Breanna	96	YLTC	06/02/2009	Regina QC Kinsmen Ind
2:58.70	Van Eaton, McKenzie	96	EXA	06/02/2009	Regina QC Kinsmen Ind
2:58.75	Bhargava, Sehjal	96	RIV	20/03/2009	Stoon Kinsmen Indoor
3:00.39	Steffan, Mackenzie	96	RIV	07/03/2009	AB Age Class
3:03.63	Mehlhorn, Haley	97	EXA	4/4/2009	Regina Athletic Festival
3:05.87	Strueby, Erin	95	EXA	06/12/2008	Regina Friendship Games
3:08.80	Burns, Sarah	97	EXA	4/4/2009	Regina Athletic Festival
3:15.66	Janz, Darby	96	EXA	06/12/2008	Regina Friendship Games
3:16.63	Couture, Belinda	96	RIV	07/03/2009	AB Age Class

3:23.56	Selby, Celine	97	BAT	20/03/2009	Stoon Kinsmen Indoor
4:07.92	Olasz, Avary	96	EXA	06/12/2008	Regina Friendship Games
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>1000m</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
	Native Indoor	3:08.37	Jan-31-97 Brandi Armstrong	Melfort	
	Open Indoor	3:06.35	Mar-16-07 Jennifer Paul	Cal Int	
3:50.10	Cline, Kara	96	STFC	08/01/2009	K of C Indoor Games
<b>1500m</b>					
	Native Indoor	4:58.17	Mar-16-07 Gabrielle Edwards	RIV	
	Open Indoor	4:58.17	Mar-16-07 Gabrielle Edwards	RIV	
5:26.50	Schumacher-Fischer, Laur	97	EXA	20/03/2009	Stoon Kinsmen Indoor
5:29.46	Gettle, Carey Lynn	95	EXA	06/12/2008	Regina Friendship Games
5:37.04	Van Eaton, Jesse	95	EXA	06/12/2008	Regina Friendship Games
5:37.65	Mehlhorn, Hillary	95	EXA	06/12/2008	Regina Friendship Games
6:02.60	Melnechenko, Breanna	96	YLTC	06/02/2009	Regina QC Kinsmen Ind
6:02.78	Mehlhorn, Haley	97	EXA	20/03/2009	Stoon Kinsmen Indoor
6:04.52	Haque, Inaya	96	EXA	4/4/2009	Regina Athletic Festival
6:06.77	Van Eaton, McKenzie	96	EXA	4/4/2009	Regina Athletic Festival
6:28.68	Strueby, Erin	95	EXA	06/12/2008	Regina Friendship Games
6:37.09	Burns, Sarah	97	EXA	4/4/2009	Regina Athletic Festival
<b>60m Hurdles</b>					

10.97	Couture, Belinda	96	RIV	20/03/2009	Stoon Kinsmen Indoor
11.22	Steffan, Mackenzie	96	RIV	20/03/2009	Stoon Kinsmen Indoor
11.44	Armstead, Kirstie	96	EXA	20/03/2009	Stoon Kinsmen Indoor
12.12	Boyle, Kassidy	96	RIV	23/01/2009	Sled Dog
12.28	Senft, Gabrielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
12.56	Lix, Devyn	96	STFC	20/03/2009	Stoon Kinsmen Indoor
12.59	Prodanuk, Alexandra	96	STFC	20/03/2009	Stoon Kinsmen Indoor
13.10	Wildman, Hannah	97	KIN	23/01/2009	Sled Dog
13.26	Gerbrandt, Jessica	96	EXA	06/02/2009	Regina QC Kinsmen Ind
13.29	Olasz, Avary	96	EXA	4/4/2009	Regina Athletic Festival
13.41	Wildman, Hannah	97	KIN	20/03/2009	Stoon Kinsmen Indoor
13.45	Benroth, Rachel	96	EXA	06/02/2009	Regina QC Kinsmen Ind
14.11	Janz, Darby	96	EXA	06/12/2008	Regina Friendship Games
15.10	Clarke, Natalie	96	STFC	20/03/2009	Stoon Kinsmen Indoor

### 2008/2009 Indoor Rankings

#### Bantam Women

#### High Jump

<b>Time/Dist</b>	<b>Athlete</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>
	Native Indoor	1.66m Dec-29-75 Michelle Dunlop Yorkton		
	Open Indoor	1.66m Dec-29-75 Michelle Dunlop Yorkton		
1.35m	Steffan, Mackenzie	96 RIV	07/03/2009	AB Age Class
1.35m	Harrison, Kathryn	96 STFC	23/01/2009	Sled Dog
1.30m	Bohle, Mackenzie	96 STFC	20/03/2009	Stoon Kinsmen Indoor
1.30m	Couture, Belinda	96 RIV	07/03/2009	AB Age Class
1.30m	Chamney, Kristina	95 EST	06/12/2008	Regina Friendship Games
1.30m	Armstead, Kirstie	96 EXA	20/03/2009	Stoon Kinsmen Indoor
1.25m	Anderson, Janeen	96 STFC	20/03/2009	Stoon Kinsmen Indoor

1.25m	Gerbrandt, Jessica	96	EXA	06/02/2009	Regina QC Kinsmen Ind
1.25m	Mysko, Reis	96	EXA	4/4/2009	Regina Athletic Festival
1.20m	Ralston, Vanessa	96	RIV	07/03/2009	AB Age Class
1.20m	Wildman, Hannah	97	KIN	20/03/2009	Stoon Kinsmen Indoor
1.20m	Skjonsby, Kristen	97	EST	06/02/2009	Regina QC Kinsmen Ind
1.20m	Cline, Kara	96	STFC	20/03/2009	Stoon Kinsmen Indoor
1.20m	Miller, Rachel	97	STFC	08/01/2009	K of C Indoor Games
1.15m	Bird, Brittany	96	UNA	4/4/2009	Regina Athletic Festival
1.15m	Olasz, Avary	96	EXA	4/4/2009	Regina Athletic Festival
1.15m	Benko, Emily	97	EXA	06/02/2009	Regina QC Kinsmen Ind
1.15m	Senft, Gabrielle	97	EXA	4/4/2009	Regina Athletic Festival
1.15m	Michayluk, Bailey	97	STFC	20/03/2009	Stoon Kinsmen Indoor
1.15m	Cockburn, Brooklyn	97	NBLT	06/02/2009	Regina QC Kinsmen Ind
1.15m	Pratt, Alicia	97	RIV	20/03/2009	Stoon Kinsmen Indoor
<b>Long Jump</b>					
Native Indoor 5.06m Dec-05-98 Janine Polischuk RAT					
Open Indoor 5.06m Dec-05-98 Janine Polischuk RAT					
4.19m	Mysko, Reis	96	EXA	20/03/2009	Stoon Kinsmen Indoor
4.12m	Couture, Belinda	96	RIV	20/03/2009	Stoon Kinsmen Indoor
4.11m	Dakis, Asyalee	96	EXA	23/01/2009	Sled Dog
4.10m	Tosh, Hannah	97	STFC	20/03/2009	Stoon Kinsmen Indoor
4.07m	Watcheston, Tamara	95	QCS	06/12/2008	Regina Friendship Games
4.03m	Armstead, Kirstie	96	EXA	20/03/2009	Stoon Kinsmen Indoor
4.03m	Cockburn, Brooklyn	97	NBLT	20/03/2009	Stoon Kinsmen Indoor
4.02m	Anderson, Janeen	96	STFC	20/03/2009	Stoon Kinsmen Indoor
4.02m	Geier, Blake	97	RIV	20/03/2009	Stoon Kinsmen Indoor
3.99m	Ralston, Vanessa	96	RIV	20/03/2009	Stoon Kinsmen Indoor
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>Long Jump Cont'd</b>					

<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
3.93m	Steffan, Mackenzie	96	RIV	20/03/2009	Stoon Kinsmen Indoor
3.91m	Harrison, Kathryn	96	STFC	20/03/2009	Stoon Kinsmen Indoor
3.90m	Michayluk, Bailey	97	STFC	20/03/2009	Stoon Kinsmen Indoor
3.88m	Boyle, Cassidy	96	RIV	23/01/2009	Sled Dog
3.77m	Heck, Courtney	96	STFC	23/01/2009	Sled Dog
3.77m	Madruga, Rachel	96	RIV	23/01/2009	Sled Dog
3.76m	Duhaime, Rebecca	96	BBT	20/03/2009	Stoon Kinsmen Indoor
3.60m	Cline, Kara	96	STFC	20/03/2009	Stoon Kinsmen Indoor
3.60m	Zoerb, Sheree	96	STFC	20/03/2009	Stoon Kinsmen Indoor
3.58m	Rennie, Amber	97	KIN	23/01/2009	Sled Dog
3.56m	Gerbrandt, Jessica	96	EXA	06/12/2008	Regina Friendship Games
3.55m	Mulic, Semi	96	STFC	23/01/2009	Sled Dog
3.55m	Ens, Nicole	97	STFC	23/01/2009	Sled Dog
3.53m	Wildman, Hannah	97	KIN	20/03/2009	Stoon Kinsmen Indoor
3.47m	Chamney, Kristina	95	EST	06/12/2008	Regina Friendship Games
3.45m	Cheshuk, Courtney	96	STFC	23/01/2009	Sled Dog
3.44m	Prodanuk, Alexandra	96	STFC	23/01/2009	Sled Dog
3.40m	Bohle, Mackenzie	96	STFC	06/02/2009	Regina QC Kinsmen Ind
3.38m	Haque, Inaya	96	EXA	20/03/2009	Stoon Kinsmen Indoor
3.38m	Miller, Rachel	97	STFC	20/03/2009	Stoon Kinsmen Indoor
3.37m	Pelletier, Danielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
3.36m	Mansoor, Maha	96	EXA	20/03/2009	Stoon Kinsmen Indoor
3.33m	Pratt, Alicia	97	RIV	23/01/2009	Sled Dog
3.29m	McEwan, Celeste	97	RIV	23/01/2009	Sled Dog
3.29m	Senft, Gabrielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
3.25m	Benroth, Rachel	96	EXA	06/12/2008	Regina Friendship Games
3.23m	Skjonsby, Kristen	97	EST	06/02/2009	Regina QC Kinsmen Ind
3.21m	Campbell, Mackenzie	96	STFC	06/02/2009	Regina QC Kinsmen Ind
3.13m	Janz, Darby	96	EXA	20/03/2009	Stoon Kinsmen Indoor
3.12m	Tranberg, Maya	97	RIV	06/02/2009	Regina QC Kinsmen Ind
3.11m	Clarke, Natalie	96	STFC	08/01/2009	K of C Indoor Games



3.10m	Mehlhorn, Haley	97	EXA	06/02/2009	Regina QC Kinsmen Ind
3.04m	White, Sarah	96	RIV	08/01/2009	K of C Indoor Games
2.93m	Benko, Emily	97	EXA	20/03/2009	Stoon Kinsmen Indoor
2.74m	Jackson, Emily	96	NBLT	08/01/2009	K of C Indoor Games
2.41m	Engel, Layne	97	STFC	23/01/2009	Sled Dog
2.39m	Bohle, Kennedy	97	STFC	23/01/2009	Sled Dog
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>Shot Put 6lb</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
8.37m	Watcheston, Tamara	95	QCS	06/12/2008	Regina Friendship Games
7.76m	Couture, Belinda	96	RIV	08/01/2009	K of C Indoor Games
7.48m	Dakis, Asyalee	96	EXA	23/01/2009	Sled Dog
7.31m	Wildman, Hannah	97	KIN	20/03/2009	Stoon Kinsmen Indoor
7.29m	Anderson, Janeen	96	STFC	20/03/2009	Stoon Kinsmen Indoor
7.12m	Bohle, Mackenzie	96	STFC	20/03/2009	Stoon Kinsmen Indoor
6.92m	Duhaime, Rebecca	96	BBT	20/03/2009	Stoon Kinsmen Indoor
6.88m	Chamney, Kristina	95	EST	06/12/2008	Regina Friendship Games
6.69m	Boyle, Cassidy	96	RIV	23/01/2009	Sled Dog
6.53m	Pelletier, Danielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
6.50m	Madraga, Rachel	96	RIV	23/01/2009	Sled Dog
6.44m	Senft, Gabrielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
6.38m	Zoerb, Sheree	96	STFC	20/03/2009	Stoon Kinsmen Indoor
6.23m	Cockburn, Brooklyn	97	NBLT	06/02/2009	Regina QC Kinsmen Ind
6.22m	Michayluk, Bailey	97	STFC	20/03/2009	Stoon Kinsmen Indoor
6.16m	Heck, Courtney	96	STFC	08/01/2009	K of C Indoor Games
6.13m	Clarke, Natalie	96	STFC	08/01/2009	K of C Indoor Games
6.12m	Mulic, Semi	96	STFC	23/01/2009	Sled Dog

6.12m	Steffan, Mackenzie	96	RIV	23/01/2009	Sled Dog
6.07m	McEwan, Celeste	97	RIV	23/01/2009	Sled Dog
6.03m	Skjonsby, Kristen	97	EST	06/02/2009	Regina QC Kinsmen Ind
5.97m	Armstead, Kirstie	96	EXA	06/12/2008	Regina Friendship Games
5.84m	Harrison, Kathryn	96	STFC	23/01/2009	Sled Dog
5.84m	Tosh, Hannah	97	STFC	23/01/2009	Sled Dog
5.81m	Janz, Darby	96	EXA	06/02/2009	Regina QC Kinsmen Ind
5.75m	Ralston, Vanessa	96	RIV	23/01/2009	Sled Dog
5.75m	Campbell, Mackenzie	96	STFC	20/03/2009	Stoon Kinsmen Indoor
5.73m	Tranberg, Maya	97	RIV	06/02/2009	Regina QC Kinsmen Ind
5.63m	Geier, Blake	97	RIV	23/01/2009	Sled Dog
5.59m	Cline, Kara	96	STFC	08/01/2009	K of C Indoor Games
5.52m	Cheshuk, Courtney	96	STFC	23/01/2009	Sled Dog
5.39m	Benroth, Rachel	96	EXA	06/12/2008	Regina Friendship Games
5.35m	Gerbrandt, Jessica	96	EXA	06/12/2008	Regina Friendship Games
5.28m	Lix, Devyn	96	STFC	20/03/2009	Stoon Kinsmen Indoor
5.23m	Mehlhorn, Haley	97	EXA	06/02/2009	Regina QC Kinsmen Ind
5.16m	White, Sarah	96	RIV	08/01/2009	K of C Indoor Games
4.93m	Jackson, Emily	96	NBLT	08/01/2009	K of C Indoor Games
4.72m	Rennie, Amber	97	KIN	23/01/2009	Sled Dog
4.66m	Stromberg, Adina	96	STFC	20/03/2009	Stoon Kinsmen Indoor
4.59m	Miller, Rachel	97	STFC	23/01/2009	Sled Dog
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>Shot Put 6lb Cont'd</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
4.57m	Haque, Inaya	96	EXA	06/12/2008	Regina Friendship Games
4.38m	Prodanuk, Alexandra	96	STFC	23/01/2009	Sled Dog
4.22m	Pratt, Alicia	97	RIV	08/01/2009	K of C Indoor Games
3.93m	Bohle, Kennedy	97	STFC	20/03/2009	Stoon Kinsmen Indoor
3.91m	Engel, Layne	97	STFC	23/01/2009	Sled Dog

3.81m	Ens, Nicole	97	STFC	23/01/2009	Sled Dog
<b>Triathlon</b>					
1296	Dakis, Asyalee	96	EXA	23/01/2009	Sled Dog
1250	Couture, Belinda	96	RIV	06/02/2009	Regina QC Kinsmen Ind
1221	Steffan, Mackenzie	96	RIV	06/02/2009	Regina QC Kinsmen Ind
1115	Anderson, Janeen	96	STFC	23/01/2009	Sled Dog
1114	Bohle, Mackenzie	96	STFC	23/01/2009	Sled Dog
1086	Tosh, Hannah	97	STFC	23/01/2009	Sled Dog
1032	Madraga, Rachel	96	RIV	23/01/2009	Sled Dog
1027	Mulic, Semi	96	STFC	23/01/2009	Sled Dog
1024	Boyle, Kassidy	96	RIV	23/01/2009	Sled Dog
1001	Senft, Gabrielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
961	Pelletier, Danielle	97	EXA	06/02/2009	Regina QC Kinsmen Ind
957	Armstead, Kirstie	96	EXA	06/02/2009	Regina QC Kinsmen Ind
951	Heck, Courtney	96	STFC	23/01/2009	Sled Dog
937	Duhaime, Rebecca	96	BBT	23/01/2009	Sled Dog
906	Prodanuk, Alexandra	96	STFC	23/01/2009	Sled Dog
906	Geier, Blake	97	RIV	23/01/2009	Sled Dog
901	Cheshuk, Courtney	96	STFC	23/01/2009	Sled Dog
895	Ralston, Vanessa	96	RIV	23/01/2009	Sled Dog
894	Rennie, Amber	97	KIN	23/01/2009	Sled Dog
893	Cockburn, Brooklyn	97	NBLT	06/02/2009	Regina QC Kinsmen Ind
882	Skjonsby, Kristen	97	EST	06/02/2009	Regina QC Kinsmen Ind
864	Harrison, Kathryn	96	STFC	23/01/2009	Sled Dog
833	Cline, Kara	96	STFC	23/01/2009	Sled Dog
823	Watcheston, Tamara	95	QCS	06/12/2008	Regina Friendship Games
816	Michayluk, Bailey	97	STFC	08/01/2009	K of C Indoor Games
784	Zoerb, Sheree	96	STFC	23/01/2009	Sled Dog
777	McEwan, Celeste	97	RIV	23/01/2009	Sled Dog
771	Campbell, Mackenzie	96	STFC	23/01/2009	Sled Dog
751	White, Sarah	96	RIV	08/01/2009	K of C Indoor Games
725	Benroth, Rachel	96	EXA	06/02/2009	Regina QC Kinsmen Ind

722	Clarke, Natalie	96	STFC	08/01/2009	K of C Indoor Games
<b>2008/2009 Indoor Rankings</b>					
<b>Bantam Women</b>					
<b>Triathlon</b>					
<b>Time/Dist</b>	<b>Athlete</b>		<b>Club</b>	<b>Date</b>	<b>Meet</b>
721	Pratt, Alicia	97	RIV	23/01/2009	Sled Dog
709	Wildman, Hannah	97	KIN	23/01/2009	Sled Dog
702	Tranberg, Maya	97	RIV	06/02/2009	Regina QC Kinsmen Ind
697	Miller, Rachel	97	STFC	23/01/2009	Sled Dog
694	Ens, Nicole	97	STFC	23/01/2009	Sled Dog
672	Gerbrandt, Jessica	96	EXA	06/02/2009	Regina QC Kinsmen Ind
651	Mehlhorn, Haley	97	EXA	06/02/2009	Regina QC Kinsmen Ind
650	Tranberg, Maya	97	RIV	23/01/2009	Sled Dog
616	Haque, Inaya	96	EXA	06/02/2009	Regina QC Kinsmen Ind
585	Chamney, Kristina	95	EST	06/12/2008	Regina Friendship Games
564	Janz, Darby	96	EXA	06/02/2009	Regina QC Kinsmen Ind
496	Jackson, Emily	96	NBLT	08/01/2009	K of C Indoor Games
468	Benko, Emily	97	EXA	06/02/2009	Regina QC Kinsmen Ind
308	Bohle, Kennedy	97	STFC	23/01/2009	Sled Dog
293	Engel, Layne	97	STFC	23/01/2009	Sled Dog
<b>Triathlon - Speed</b>					
417	Freisen, Shawn	96	EXA	4/4/2009	Regina Athletic Festival
340	Benko, Emily	97	EXA	4/4/2009	Regina Athletic Festival
20	Dougherty, Wyatt	96	EST	4/4/2009	Regina Athletic Festival