

WOMEN	Level	2003 (18)	2002 (19)	2001 (20)	2000 (21)	1999 (22)	1998 (23)	1997 (24)	1996 (25)	1995 (26)	1994 (27)	1993 (28)
100m	Tier I	12.14s	12.08s	11.97s	11.84s	11.74s	11.70s	11.66s	11.62s	11.60s	11.58s	11.57s
	Tier II	12.38s	12.32s	12.21s	12.08s	11.97s	11.93s	11.89s	11.85s	11.83s	11.80s	11.79s
200m	Tier I	25.20s	24.92s	24.73s	24.51s	24.35s	24.23s	24.16s	24.08s	24.03s	23.97s	23.93s
	Tier II	25.68s	25.40s	25.22s	24.99s	24.83s	24.70s	24.62s	24.55s	24.49s	24.43s	24.39s
400m	Tier I	57.41s	56.52s	55.93s	55.37s	54.35s	53.80s	53.59s	53.34s	53.04s	52.87s	52.81s
	Tier II	58.53s	57.62s	57.01s	56.45s	55.41s	54.84s	54.63s	54.38s	54.07s	53.90s	53.83s
800m	Tier I	2:10.13s	2:08.93s	2:07.30s	2:07.10s	2:06.13s	2:05.70s	2:05.26s	2:04.95s	2:04.52s	2:04.16s	2:03.92s
	Tier II	2:12.67s	2:11.44s	2:10.59s	2:09.80s	2:08.59s	2:08.15s	2:07.72s	2:07.36s	2:06.94s	2:06.56s	2:06.32s
1500m	Tier I	4:37.50s	4:31.32s	4:26.50s	4:19.66s	4:19.23s	4:18.59s	4:17.52s	4:16.63s	4:15.50s	4:14.54s	4:13.46s
	Tier II	4:43.87s	4:36.53s	4:31.68s	4:25.31s	4:24.47s	4:23.83s	4:22.73s	4:21.81s	4:20.66s	4:19.69s	4:18.58s
5000m	Tier I	15:58.26s	15:56.64s	15:51.59s	15:48.15s	15:34.15s	15:33.39s	15:32.67s	15:31.44s	15:30.27s	15:29.15s	15:27.22s
	Tier II	16:16.88s	16:15.21s	16:10.07s	16:06.59s	15:52.29s	15:51.52s	15:50.80s	15:49.53s	15:48.34s	15:47.20s	15:45.23s
10000m	Tier I	34:15.00s	34:10.24s	33:55.93s	33:34.71s	33:14.78s	33:08.53s	33:03.46s	32:58.41s	32:52.98s	32:46.62s	32:41.07s
	Tier II	34:54.91s	34:50.07s	34:35.48s	34:13.85s	34:13.32s	33:47.14s	33:41.97s	33:36.82s	33:31.29s	33:24.81s	33:19.15s
Marathon	Tier I	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min	2:36.59min
	Tier II	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min	2:40:01min
100mH .84m	Tier I	14.50s	14.29s	14.04s	13.96s	13.80s	13.73s	13.58s	13.43s	13.37s	13.34s	13.31s
	Tier II	14.79s	14.56s	14.32s	14.23s	14.07s	14.00s	13.85s	13.70s	13.63s	13.59s	13.56s
400mH.76m	Tier I	1:01.67s	1:01.29s	1:00.05s	59.25s	59.00s	58.68s	58.40s	58.13s	57.84s	57.62s	57.41s
	Tier II	1:03.05s	1:01.49s	1:01.22s	1:00.40s	1:00.15s	59.82s	59.54s	59.26s	58.95s	58.74	58.53s
3000m SC	Tier I	10:51.37s	10:32.52s	10:17.54s	10:09.99s	10:06.06s	10:02.9	9:59.90s	9:56.75s	9:54.05s	9:51.18s	9:47.69s
	Tier II	11:04.04s	10:44.81s	10:29.55s	10:20.85s	10:17.84s	10:14.84s	10:08.55s	10:05.35s	10:05.58s	10:02.65s	9:59.11s

WOMEN	Level	2003 (18)	2002 (19)	2001 (20)	2000 (21)	1999 (22)	1998 (23)	1997 (24)	1996 (25)	1995 (26)	1994 (27)	1993 (28)
High Jump	Tier I	1.73m	1.75m	1.75m	1.77m	1.80m	1.83m	1.85m	1.87m	1.87m	1.89m	1.89m
	Tier II	1.70m	1.71m	1.71m	1.74m	1.77m	1.80m	1.82m	1.83m	1.83m	1.84m	1.84m
Long Jump	Tier I	5.68m	5.79m	5.93m	5.95m	6.12m	6.22m	6.32m	6.45m	6.49m	6.49m	6.49m
	Tier II	5.57m	5.68m	5.81m	5.83m	6.00m	6.09m	6.19m	6.31m	6.35m	6.35m	6.35m
Triple Jump	Tier I	12.46m	12.46m	12.81m	12.81m	13.17m	13.17m	13.28m	13.28m	13.48m	13.48m	13.64m
	Tier II	12.21m	12.21m	12.64m	12.64m	12.90m	12.90m	13.01m	13.01m	13.20m	13.20m	13.35m
Pole Vault	Tier I	3.73m	3.82m	3.92m	4.02m	4.11m	4.21m	4.26m	4.31m	4.36m	4.41m	4.41m
	Tier II	3.65m	3.75m	3.84m	3.94m	4.03m	4.13m	4.17m	4.26m	4.27m	4.32m	4.32m
Shot Put 4kg	Tier I	13.82m	14.56m	15.01m	15.38m	15.69m	15.95m	16.22m	16.44m	16.94m	17.08m	17.32m
	Tier II	13.53m	14.27m	14.71	15.07m	15.36m	15.62m	15.90m	16.11m	16.58m	16.73m	16.97m
Discus 1kg	Tier I	45.89m	47.95m	50.22m	52.18m	52.58m	53.56m	54.74m	55.20m	56.27m	56.61m	57.05m
	Tier II	44.96m	46.96m	49.19m	51.11m	51.50m	52.46m	53.62m	54.06m	55.11m	55.45m	55.87m
Javelin 600gm	Tier I	45.88m	47.37m	50.68m	51.62m	52.84m	54.41m	55.09m	55.74m	56.49m	56.76m	57.18m
	Tier II	44.95m	46.40m	49.64m	50.56m	51.76m	53.30m	53.95m	54.59m	55.32m	55.59m	56.00m
Hammer 4kg	Tier I	50.79m	52.64m	54.54m	56.16m	57.18m	58.63m	59.95m	61.99m	62.91m	65.20m	66.18m
	Tier II	49.75m	51.57m	53.42m	55.00m	56.01m	57.43m	59.34m	60.71m	61.61m	63.85m	64.81m
Heptathlon	Tier I	4571pts	4742pts	5062pts	5166pts	5352pts	5473pts	5650pts	5705pts	5777pts	5803pts	5855pts
	Tier II	4477pts	4644pts	4958pts	5156pts	5242pts	5361pts	5534pts	5587pts	5658pts	5683pts	5734pts