

NCCP - Overview (At a Glance) for Coaches



	RJTW	Sport Coach	Club Coach	Performance Coach
NCCP/CAC Context	Community Sport Initiation	Instruction Beginner	Competition Introduction	Competition Development
Focus	Fun, Games, Teaching and Learning from Athletics based Activities	All Event Areas (Foundation of Sport)	Event Specific – Sprints/Hurdles, Jumps, Throws, Endurance, Wheelchair	Event Specific – Sprints/Hurdles, Jumps, Throws, Endurance, Wheelchair, Combined Events
Course Length	8 hours but shorter options for teachers exist	15 hours including 2x1 hour breaks)	17 hours including 2x1 hour breaks)	4 Days (32 hours In Class) + 4 E-Learning pre-activities
Member Participant Cost	\$60	\$200	\$200	\$250 + \$105 for all eLearning modules
Non-Member Participant Cost	\$90* includes SA RJTW membership fee	\$240 *includes SA membership fee	\$240 *includes SA membership fee	\$300 (+ \$105 for eLearning)
Technical Only *Note n- on-members will receive SA membership	NA	\$100 – Members \$130 – Non-Members	\$100 – Members \$130 – Non-Members	NA
Evaluation Fee via AC	\$45	\$210	\$295	\$500
Evaluation Requirements	Portfolio	Portfolio & Practice Observation	Portfolio & Practice Observation	Portfolio, Practice Observation, and Competition Observation
Multi-Sport Module Requirements <i>Italics = Evaluation Also</i>	<i>Making Ethical Decisions (MED)</i>	<i>Making Ethical Decisions (MED)</i>	<i>Making Ethical Decisions (MED)</i>	Multi-Sport Modules <i>MED, LDFS, MC, PSY, MSP, CLE</i> all have additional \$ costs
PD Point Requirement for Certified Coaches	10 Points/5 Years	10 Points/5 Years	20 Points/5 Years	30 Points/5 Years
LTAD Focus	Fundamentals	Learn to Train & Train to Train	Train to Train & Train to Compete	Train to Compete & Train to Win
Age of Athlete Participant	U12	12-16	16-20	16+
Context	<ul style="list-style-type: none"> Coaching is at a recreational level 	<ul style="list-style-type: none"> Coaching is seasonal 4-10 weeks a year 	<ul style="list-style-type: none"> Coaching is seasonal 12–24 weeks a year 3-5 sessions a week 	<ul style="list-style-type: none"> Coaching is year-round, 40+ weeks a year

Details are accurate as of February 12, 2021

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<p>*These are approximate representations and not requirements or actualities.</p>	<ul style="list-style-type: none"> • 1-4 sessions per month • Participation based 	<ul style="list-style-type: none"> • 2-4 sessions per week • Introducing athletes to Athletics • Not just about participation, competitive element • Often coaching athletes in the Elementary School environment (ages 12-15) 	<ul style="list-style-type: none"> • Athletes have a foundation in Athletics or come from multisport environment • Developing athletics skills in an event group • Often coaching athletes in the High School environment (ages 15-17) 	<ul style="list-style-type: none"> • 5-10 sessions a week • Athletes are competing at national level • Athletes are focused on one or two events within an event group • In order to complete the assignments and the evaluation process, coaches must be working with athletes at the Canada Games level or higher.
<p>Content</p> <p>*These are approximate representations and not requirements or actualities.</p>	<ul style="list-style-type: none"> • Physical literacy skills • Introductory understanding to all events centered around fun, games, and progressions 	<ul style="list-style-type: none"> • Physical Literacy Skills • Exposure to All Events • Introduction to Competition – School, Regional, and Provincial • Planning a Practice 	<ul style="list-style-type: none"> • Understanding Combined Events • Introduction to National Level Age Group Competition • Seasonal Planning 	<ul style="list-style-type: none"> • Introduction to International Competition • Annual Plan and Periodization • Working with IST (Integrated Support Team) on a regular basis.

***Competition High Performance** – Exists within the NCCP Coaching Pathway for Athletics. This area represents the highest stratum of coaching in Canada. Entrance requires Athletics Canada Head Coach approval. Athletes working with the coach in question are expected to be competing at the Athletics Canada CAPP International level. This status requires enrollment/completion of the NCCP Advanced Coaching Diploma through Coaching Association of Saskatchewan or other Sport Institute and World Athletics Academy through USATF. SA staff/coaching coordinator will work with appropriate candidates or those working towards this status. Time expectation from possible entry to certified status is at minimum 2 years.