

**2012 Indoor Rankings
Senior Women**

Time/Dist	Athlete			Date	Meet
60 Metres					
	Native Indoor	7.45	Feb-09-03	Jenni Hucul	STFC
	Open Indoor	7.18	Jan-14-96	Carlette Guidry BC/Philomena Mensah	Adidas
7.65	Ruller, Amanda	88	URTC	20/01/2012	Golden Bear
7.78	Kuspira, Katelyn	89	STFC	10/02/2012	Queen City Kinsmen Indoor
7.79	Margetts, Merissa	91	UOFR	24/02/2012	Can West
7.83	Ritchie, Katrin	92	UOFS	24/02/2012	Can West
7.90	Proctor, Shinelle	91	UOFR	03/12/2011	Regina Friendship Games
7.98	Siemens, Sharai	88	UOFS	27/01/2012	Sled Dog
8.03	Yuzik, Carrie	89	UOFS	24/02/2012	Can West
8.18	Hill, Teresa	87	UOFS	24/02/2012	Can West
8.20	Bohachewski, Kelsey	92	UOFR	27/01/2012	Sled Dog
8.25	Callele, Yasmin	92	UOFS	07/01/2012	Prairie Dual
8.25	Wiens, Courtney	92	UOFS	20/01/2012	Golden Bear
8.42	Abrams, Andrea	90	UNSK	12/02/2012	Dempsey Indoor
8.43	Betteridge, Chantell	92	UOFR	03/12/2011	Regina Friendship Games
8.44	Bauck, Sarah	89	UOFR	10/02/2012	Queen City Kinsmen Indoor
8.50	Jestadt, Alison	89	UOFR	03/12/2011	Regina Friendship Games
8.76	Schellenberg, Leanne	90	UOFS	20/01/2012	Golden Bear
8.77	Coutu, Monique	90	UOFS	10/02/2012	Queen City Kinsmen Indoor

60 Metres Hand Time

8.1h	Haselhan, Shalane	91	UOFR	26/11/2011	U of R Cougar Intrasquad
8.1h	Jestadt, Alison	89	UOFR	26/11/2011	U of R Cougar Intrasquad
8.2h	Bauck, Sarah	89	UOFR	26/11/2011	U of R Cougar Intrasquad

60 Metres Wheelchair

11.5h	Frie, Keira	87	CRTC	10/12/2011	PR First Chance Meet
14.8h	Maiboll, Marianne	77	CRTC	10/12/2011	PR First Chance Meet

200 Metres

	Native Indoor	23.90	Feb-26-97	LaDonna Antoine	RAT
	Open Indoor	23.68	Feb-04-10	Kaltouma Nadjina	CHAD
24.91	Sawatzky, Morgan	90	UOFS	12/02/2012	Dempsey Indoor
25.55	Kuspira, Katelyn	89	STFC	10/02/2012	Queen City Kinsmen Indoor
26.34	Margetts, Merissa	91	UOFR	03/12/2011	Regina Friendship Games

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Time/Dist	Athlete			Date	Meet
200 Metres Cont'd					
24.91	Sawatzky, Morgan	90	UOFS	12/02/2012	Dempsey Indoor
25.55	Kuspira, Katelyn	89	STFC	10/02/2012	Queen City Kinsmen Indoor
26.34	Margetts, Merissa	91	UOFR	03/12/2011	Regina Friendship Games
26.40	Proctor, Shinelle	91	UOFR	03/12/2011	Regina Friendship Games
26.66	Bohachewski, Kelsey	92	UOFR	03/12/2011	Regina Friendship Games
27.13	Propp, Adrea	92	UOFR	03/12/2011	Regina Friendship Games
27.63	Schellenberg, Leanne	90	UOFS	10/02/2012	Queen City Kinsmen Indoor
28.14	Haselhan, Shalane	91	UOFR	03/12/2011	Regina Friendship Games
28.25	Bauck, Sarah	89	UOFR	03/12/2011	Regina Friendship Games
200 Metres Hand Time					
26.9h	Smits, Veronika	89	UOFS	10/12/2011	PR First Chance Meet
28.6h	Hill, Teresa	87	UOFS	10/12/2011	PR First Chance Meet
300 Metres					
	Native Indoor		38.54	Jan-30-98	Ladonna Antoine RAT
	Open Indoor		36.91	Dec-30-80	Angella Taylor ON
38.62	Siemens, Sharai	88	UOFS	08/03/2012	CIS Championships
38.73	Sawatzky, Morgan	90	UOFS	08/03/2012	CIS Championships
39.66	Ritchie, Katrin	92	UOFS	08/03/2012	CIS Championships
41.13	Kuspira, Katelyn	89	STFC	20/01/2012	Golden Bear
41.27	Bohachewski, Kelsey	92	UOFR	24/02/2012	Can West
41.41	Propp, Adrea	92	UOFR	10/02/2012	Queen City Kinsmen Indoor
41.54	Margetts, Merissa	91	UOFR	04/01/2012	Prairie Dual
42.31	Banks, Amanda	91	UOFS	27/01/2012	Sled Dog
42.33	Friesen, Julene	89	UOFS	27/01/2012	Sled Dog
43.76	Schellenberg, Leanne	90	UOFS	27/01/2012	Sled Dog
44.12	Hanbidge, Helen	88	UOFS	27/01/2012	Sled Dog
300 Metres Hand Time					
43.1h	Margetts, Merissa	91	UOFR	26/11/2011	U of R Cougar Intrasquad

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400 Metres					
	Native Indoor		53.05	Feb-12-94	LaDonna Antoine RAT
	Open Indoor		52.78	Jan-08-93	Jillian Richardson AB
54.11	Theisen, Brianne	88	UNSK	24/02/2012	MPSF Championships
56.51	Siemens, Sharai	88	UOFS	10/02/2012	Flotrack Husky Classic
57.02	Omene, Ese	85	UNSK	18/02/2012	AO Youth & SR Champs
1:00.05	Propp, Adrea	92	UOFR	10/02/2012	Queen City Kinsmen Indoor
400 Metres Wheelchair					
1:03.4h	Frie, Keira	87	CRTC	10/12/2011	PR First Chance Meet
600 Metres					
	Native Indoor		1:28.76	Jan-15-84	Gwen Wall U of S
	Open Indoor		1:28.76	Jan-15-84	Gwen Wall U of S
1:31.66	Siemens, Sharai	88	UOFS	08/03/2012	CIS Championships
1:33.44	Simon, Ashlynn	92	QCST	20/01/2012	Jack Johnson Classic
1:34.28	Charles, Elecktra	92	UOFS	20/01/2012	Golden Bear
1:34.35	Ritchie, Katrin	92	UOFS	12/02/2012	Dempsey Indoor
1:34.51	Friesen, Julene	89	UOFS	12/02/2012	Dempsey Indoor
1:35.19	Banks, Amanda	91	UOFS	24/02/2012	Can West
1:38.72	Hanbidge, Helen	88	UOFS	24/02/2012	Can West
1:37.74	Propp, Adrea	92	UOFR	20/01/2012	Golden Bear
600 Metres Hand Time					
1:39.9h	Elliott, Brittany	91	UOFS	10/12/2011	PR First Chance Meet
1:46.7h	Beaton, Page	90	UOFS	10/12/2011	PR First Chance Meet
800 Metres					
	Native Indoor		2:10.72	Feb-25-84	Teresa Hlady U of S
	Open Indoor		2:03.72	Dec-17-91	Charmaine Crooks BC
2:07.10	Furlan, Jessica	90	EXCL	25/02/2012	Big Ten
2:08.18	Simon, Ashlynn	92	QCST	03/03/2012	ISU Qualifier
2:13.95	Theisen, Brianne	88	UNSK	09/03/2012	NCAA Indoor Champ
2:19.00	Souter, Jennifer	83	QCST	16/03/2012	Saskatoon Kinsmen Indoor

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Time/Dist	Athlete			Date	Meet
800 Metres Cont'd					
2:24.21	Edwards, Rachael	91	UOFS	10/02/2012	Queen City Kinsmen Indoor
2:35.69	Smits, Veronika	89	UOFS	20/01/2012	Golden Bear
2:35.80	Silversides, Katelyn	90	UOFR	10/02/2012	Queen City Kinsmen Indoor
2:36.95	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
2:43.87	Taylor, Lauren	91	UOFS	24/02/2012	Can West
3:02.62	Boehmer, Mieka	85	UNSK	03/12/2011	Regina Friendship Games

1000 Metres

Native Indoor 2:47.60 Feb-27-04 Edyta Sieminska U of S
Open Indoor 2:44.68 Mar-14-87 Paula Schnurr ON

2:55.58	Souter, Jodi	88	UOFS	20/01/2012	Golden Bear
2:58.15	Richards, Marcia	88	UOFS	24/02/2012	Can West
2:58.95	Charles, Elecktra	92	UOFS	24/02/2012	Can West
3:00.20	Elliott, Brittany	91	UOFS	20/01/2012	Golden Bear
3:03.52	Edwards, Rachael	91	UOFS	20/01/2012	Golden Bear
3:04.20	Thiel, Danielle	92	EXCL	10/02/2012	Burns Wellness Commons
3:04.27	LePage, Karissa	91	UOFR	07/01/2012	Prairie Dual
3:10.93	Criddle, Kaytlyn	89	UOFR	27/01/2012	Sled Dog
3:11.52	Beaton, Page	90	UOFS	07/01/2012	Prairie Dual
3:22.18	Sjodin, Courtney	91	UOFS	07/01/2012	Prairie Dual
3:26.62	Silversides, Katelyn	90	UOFR	07/01/2012	Prairie Dual
3:31.44	Calver, Ronelle	91	UOFS	27/01/2012	Sled Dog
3:58.56	Boehmer, Mieka	85	UNSK	10/02/2012	Queen City Kinsmen Indoor

1500 Metres

Native Indoor 4:25.30 Feb-15-92 Janice Beland UofS
Open Indoor 4:15.3h Dec-29-73 Glenda Reiser ON

4:35.13	Souter, Jodi	88	UOFS	24/02/2012	Can West
4:42.42	Richards, Marcia	88	UOFS	20/01/2012	Golden Bear
4:46.90	LePage, Karissa	91	UOFR	24/02/2012	Can West
4:47.53	Thiel, Danielle	92	EXCL	10/02/2012	Burns Wellness Commons
4:51.15	Edwards, Rachael	91	UOFS	27/01/2012	Sled Dog
4:52.37	Elliott, Brittany	91	UOFS	20/01/2012	Golden Bear
4:55.22	Criddle, Kaytlyn	89	UOFR	24/02/2012	Can West
5:06.95	Beaton, Page	90	UOFS	27/01/2012	Sled Dog
5:07.05	Sjodin, Courtney	91	UOFS	27/01/2012	Sled Dog

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Senior Women**

Time/Dist	Athlete			Date	Meet
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1500 Metres Cont'd

5:15.67	Silversides, Katelyn	90	UOFR	20/01/2012	Golden Bear
5:28.13	Beech, Leah	88	UOFS	27/01/2012	Sled Dog
5:33.97	Regnier, Amanda	92	UOFS	27/01/2012	Sled Dog
5:39.58	Dickson, Tyra	82	UNSK	27/01/2012	Sled Dog
5:47.27	Calver, Ronelle	91	UOFS	27/01/2012	Sled Dog

3000 Metres

Native Indoor	9:13.12	Feb-22-09	Danette Doetzel	RI/QCS
Open Indoor	9:13.12	Feb-22-09	Danette Doetzel	RI/QCS

9:29.20	Furlan, Jessica	90	EXCL	21/01/2012	Huskers Dual
9:39.31	Souter, Jodi	88	UOFS	08/03/2012	CIS Championships
10:11.60	Souter, Jennifer	83	QCST	10/02/2012	Queen City Kinsmen Indoor
10:15.07	LePage, Karissa	91	UOFR	24/02/2012	Can West
10:17.51	Thiel, Danielle	92	EXCL	03/02/2012	Bison Classic
10:31.53	Edwards, Rachael	91	UOFS	24/02/2012	Can West
10:44.15	Criddle, Kaytlyn	89	UOFR	24/02/2012	Can West
11:04.98	Sjodin, Courtney	91	UOFS	10/02/2012	Queen City Kinsmen Indoor
11:34.15	Silversides, Katelyn	90	UOFR	20/01/2012	Golden Bear
11:36.94	Dickson, Tyra	82	UNSK	02/03/2012	Boeing Indoor Classic
11:52.36	Beech, Leah	88	UOFS	10/02/2012	Queen City Kinsmen Indoor
12:18.64	Regnier, Amanda	92	UOFS	07/01/2012	Prairie Dual

5000 Metres

Native Indoor	16:00.45	Mar-13-09	Danette Doetzel	RI/QCS
Open Indoor	16:00.45	Mar-13-09	Danette Doetzel	RI/QCS

16:39.14	Schaaf, Kendra	90	QCST	25/02/2012	ACC Championships
16:39.19	Furlan, Jessica	90	EXCL	25/02/2012	Big Ten

1 Mile

4:42.88	Furlan, Jessica	90	EXCL	28/01/2012	Colligan Memorial
5:00.20	Kujawa, Kate	91	EXCL	25/02/2012	Big 12 Indoor

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Time/Dist	Athlete			Date	Meet
60m Hurdles .84m					
		Native Indoor	8.39	Feb-24-95	Tanya Lipka UofS
		Open Indoor	8.08	Feb-04-06	Damu Cherry US
8.25	Theisen, Brianne	88	UNSK	09/03/2012	NCAA Indoor Champ
8.72	Margetts, Merissa	91	UOFR	08/03/2012	CIS Championships
8.72	Mann, Jenna	92	STFC	10/02/2012	Air Force Academy
8.81	Kowalchuk, Shaylyn	91	EXCL	08/03/2012	CIS Championships
8.89	Smits, Veronika	89	UOFS	20/01/2012	Golden Bear
9.14	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
9.28	Bauck, Sarah	89	UOFR	24/02/2012	Can West
9.37	Taylor, Lauren	91	UOFS	24/02/2012	Can West
9.38	Abrams, Andrea	90	UNSK	12/02/2012	Dempsey Indoor
9.56	Propp, Adrea	92	UOFR	07/01/2012	Prairie Dual
9.58	Wiens, Courtney	92	UOFS	24/02/2012	Can West
10.08	Robson, Karen	87	UOFS	27/01/2012	Sled Dog
10.85	Coutu, Monique	90	UOFS	27/01/2012	Sled Dog
High Jump					
		Native Indoor	1.86m	Dec-28-75	Diane Jones U of S
		Open Indoor	1.91m	Dec-29-77	Debbie Brill BC
1.88m	Theisen, Brianne	88	UNSK	27/01/2012	TX A&M Challenge
1.69m	Haselhan, Shalane	91	UOFR	03/12/2011	Regina Friendship Games
1.62m	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
1.62m	Taylor, Lauren	91	UOFS	27/01/2012	Sled Dog
1.62m	Smits, Veronika	89	UOFS	20/01/2012	Golden Bear
1.61m	Ritchie, Shona	92	UOFS	10/02/2012	Queen City Kinsmen Indoor
Pole Vault					
		Native Indoor	4.55m	Feb-19-10	Kelsie Hendry RIV
		Open Indoor	4.55m	Feb-19-10	Kelsie Hendry RIV
4.60m	Hendry, Kelsie	82	RIVA	16/02/2012	NAU Tune Ups
4.16m	Vause, Leah	87	RIVA	18/02/2012	LePerche Tour
3.76m	Hill, Teresa	87	UOFS	10/02/2012	Queen City Kinsmen Indoor
3.46m	Vause, Stephanie	90	UOFS	10/02/2012	Queen City Kinsmen Indoor

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Time/Dist	Athlete			Date	Meet
Long Jump					
		Native Indoor	6.37m	Feb-26-77 Diane Jones	PGC
		Open Indoor	6.39m	Feb-16-92 Tonia Redhead	ON
6.12m	Theisen, Brianne	88	UNSK	24/02/2012	MPSF Championships
5.78m	Proctor, Shinelle	91	URTC	20/01/2012	Golden Bear
5.73m	Haselhan, Shalane	91	UOFR	08/03/2012	CIS Championships
5.48m	Smits, Veronika	89	UOFS	20/01/2012	Golden Bear
5.39m	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
5.33m	Harder, Laurie	87	UOFS	24/02/2012	Can West
5.28m	Mann, Jenna	92	STFC	10/02/2012	Air Force Academy
5.27m	White, Julia	92	UOFR	10/02/2012	Queen City Kinsmen Indoor
5.19m	Wiens, Courtney	92	UOFS	27/01/2012	Sled Dog
4.98m	Betteridge, Chantell	92	UOFR	03/12/2011	Regina Friendship Games
4.57m	Prefontaine, Kirstie	90	UOFS	27/01/2012	Sled Dog
4.50m	Taylor, Lauren	91	UOFS	24/02/2012	Can West
4.46m	Lang, Angie	91	UOFS	07/01/2012	Prairie Dual

Triple Jump

		Native Indoor	12.87m	Jan-20-95 Tracy Dulmage	RAT
		Open Indoor	12.87m	Jan-20-95 Tracy Dulmage	RAT
12.00m	Hetheron, Chloe	92	UNSK	03/03/2012	AL High Tide Qualifier
11.72m	Harder, Laurie	87	UOFS	24/02/2012	Can West
11.47m	Jestadt, Alison	89	UOFR	26/11/2011	U of R Cougar Intrasquad
11.03m	Proctor, Shinelle	91	UOFR	26/11/2011	U of R Cougar Intrasquad
10.60m	Bauck, Sarah	89	UOFR	24/02/2012	Can West
10.11m	Prefontaine, Kirstie	90	UOFS	27/01/2012	Sled Dog

Shot Put 4kg

		Native Indoor	16.23m	Feb-26-77 Diane Jones	PGC
		Open Indoor	16.23m	Feb-26-77 Diane Jones	PGC
13.31m	Gabruch, Karla	78	UOFS	08/03/2012	CIS Championships
13.00m	Labrecque, Chantelle	91	UOFR	27/01/2012	Sled Dog
12.87m	Theisen, Brianne	88	UNSK	27/01/2012	TX A&M Challenge
11.58m	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
11.20m	Olchoway, Janelle	89	UOFS	10/02/2012	Queen City Kinsmen Indoor
11.02m	Smits, Veronika	89	UOFS	08/03/2012	CIS Championships

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Time/Dist	Athlete			Date	Meet
Shot Put 4kg Cont'd					
10.58m	Wolfe, Danika	92	UOFR	27/01/2012	Sled Dog
10.55m	Mackie, Kristen	89	UOFS	17/12/2011	Santa Claus Throws
10.53m	Taylor, Lauren	91	UOFS	10/02/2012	Queen City Kinsmen Indoor
10.47m	Boehmer, Mieka	85	UNSK	03/12/2011	Regina Friendship Games

Weight Throw 9.08kg

Native Indoor 19.11m Feb-12-05 Megan Reed UofS/STFC
Open Indoor 19.11m Feb-12-05 Megan Reed UofS/STFC

17.03m	Mackie, Kristen	89	UOFS	10/02/2012	Queen City Kinsmen Indoor
16.70m	Gabruch, Karla	78	UOFS	08/03/2012	CIS Championships
15.00m	Labrecque, Chantelle	91	UOFR	20/01/2012	Golden Bear
13.57m	Olchoway, Janelle	89	UOFS	01/07/2012	Prairie Dual
13.01m	Wolfe, Danika	92	UOFR	03/12/2011	Regina Friendship Games

Indoor Pententathlon

Native Indoor 4540 Mar-11-11 Brianne Theisen OR/UNSK
Open Indoor 4540 Mar-11-11 Brianne Theisen OR/UNSK

4555	Theisen, Brianne	88	UNSK	27/01/2012	TX A&M Challenge
					8.38 H;1.88m HJ;12.87m SP;5.99m LJ; 2:16.90 800m
3577	Smits, Veronika	89	UOFS	20/01/2012	Golden Bear
					8.89 H; 1.62m HJ; 10.59m SP; 5.48m LJ; 2:35.69 800m
3549	Valois, Chelsea	87	EXCL	20/01/2012	Golden Bear
					9.14 H;1.62m HJ;11.58m SP; 5.39m LJ; 2:36.95 800m
3032	Taylor, Lauren	91	UOFS	24/02/2012	Can West
					9.37h; 1.59m HJ; 9.81m SP;4.50m LJ; 2:43.87 800m