



RUNJumpThrowWheel

NCCP Run Jump Throw Wheel Online Instructor Course

First (of the four) sessions is on **Wednesday, March 10, 2021**

Located at: Zoom Online Platform

Run Jump Throw Wheel: This coaching context and course is ideal for coaches/teachers/instructors/parents who have little to no sport experience or wish to teach the basics of fundamental movement skills with games to reinforce skills with young athletes generally between the ages of 6 to 12 years of age (i.e. FUNdamentals & Learn to Train stages in Long Term Athlete Development Model - LTAD). The workshop is for those who are coaching short range events such as 1-day fun days, day camp or afterschool programs, to once a week club or community programs offered over a few months. The focus at this level of coaching is on FUN, skill development and not on competition.

Who: All are welcome! *Must be 14 years of age to attend the course and 16 years of age to receive NCCP credit for the course.

When: *This online RJTW Instructor course is divided into **four** sessions.

The **first session** is Wednesday, March 10, 2021 @ 7:00 pm – 8:30 pm

There is a **total of FOUR sessions to complete this course.
The *following* RJTW instructor course sessions will be held on **March 17, 24, and 31** at 7:00 pm - 8:30 pm.

All sessions will be held via Zoom.

We will send out the zoom registration (along with further information/instructions) once each person has registered for the course.

*You must attend ALL sessions to obtain a complete "trained" status.

Fees: \$50.00 (2021) Members of Saskatchewan Athletics
\$70.00 Non-Members (includes a 2021 RJTW instructor membership with fee)

*Price includes all workshop materials

Registration Deadline: **Monday March 8, 2021 by 5:00 PM**

Course Contact:

Tanika Hutchinson, Run Jump Throw Wheel Coordinator
rjtw@saskathletics.ca (306) 664-6744

Prior to the course, you must register to get or create your NCCP #:

Register with the Coaching Association of Canada

- First NCCP Course? – Register here
<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>
- Look up your NCCP # here (click on create account button)
<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

NCCP Online RJTW Instructor Course - Wednesday, March 10, 17, 24, and 31 2021

NAME: _____ ADDRESS: _____

PHONE: _____ CELL PHONE: _____

EMAIL: _____

PAYMENT INFO (circle): VISA MC Cheque Money Order Cash

RECEIPT (circle): YES NO

CURRENT MEMBER OF SASK ATHLETICS: YES _____ NO _____

NCCP #: _____

If paying by Credit Card:

Credit Card Number _____ Expiry Date: ____/____
(MM/YY)

Cardholder

Name: (please print) _____