



## Looking for Instructors/Clinicians for Track & Field Clinics!

Saskatchewan Athletics is looking for clinicians to travel to rural communities across the province to deliver half day or full day track and field skill clinics in schools. The clinics are for middle year or high school aged athletes (Ages: 12-18) and will require 3-4 clinicians to cover the following event areas:

1. Sprints/Hurdles: starting blocks, running mechanics, hurdle drills & relays
2. Jumps: vertical & horizontal jump techniques and progressions
3. Throws: Shot put, javelin & discus techniques and progressions.

Earn some cash, but also an excellent opportunity to enhance your personal and professional experience by:

- Giving back to your sport
- Sharing your passion with others
- Providing mentorship to young athletes
- Working alongside other instructors to collaborate and provide support
- Gaining valuable coaching experience and starting to build your coaching & professional resume
- Gaining consideration for future coaching opportunities such as Spring Camp and Midget/Youth provincial teams

### **Sask Athletics will provide clinicians with:**

\$50 Honorarium for Half-Day Clinics

\$100 Honorarium for Full-Day Clinics

Mileage for Drivers

**Currently looking for instructors to travel to:** Beechy, Borden, Bellevue, Colonsay, Davidson, Dalmeny, Dinsmore, Hanley, Hazlet, Imperial, Langham, Maymont, Osler, Outlook, Punnichy, Quill Lake, Rosthern and Waldheim for the months of April & May!

For more information on skill clinics or becoming an instructor, contact Paul at [programs@saskathletics.ca](mailto:programs@saskathletics.ca) or 306-664-6744.