

## 2020 Indoor Rankings Master Men

Time/Dist	Athlete			Date	Location
<b>60 Metres</b>					
7.27	Mike Taylor	81	PAAC	30/11/2019	Saskatoon
7.67	Chad Kichula	76	EXCL	07/12/2019	Regina
7.80	Tim Sebulsky	77	UNSK	10/01/2020	Saskatoon
8.15	Colin Ellis	67	EXCL	07/12/2019	Regina
8.24	Ian Munro	83	EXCL	07/02/2020	Regina
8.49	Jordan Koroll	84	UNSK	23/01/2020	Saskatoon
8.77	Marcel D'Eon	53	RIVA	10/01/2020	Saskatoon
9.23	Brian Berquist	53	RIVA	07/02/2020	Regina
11.03	Roland Delhomeau	45	SCTM	10/01/2020	Saskatoon
13.17	Larry Hesterman	44	EXCL	07/02/2020	Regina

### Athlete with a Disability

8.27	Janz Stein	81	EXCL	07/02/2020	Regina
11.68	Mark Beatty	84	SOSK	23/01/2020	Saskatoon

### 200 Metres

23.78	Mike Taylor	81	PAAC	01/03/2020	Edmonton
25.06	Chad Kichula	76	EXCL	07/12/2019	Regina
26.54	Ian Munro	83	EXCL	07/02/2020	Regina
27.97	Colin Ellis	67	EXCL	07/12/2019	Regina
29.15	Marcel D'Eon	53	RIVA	30/11/2019	Saskatoon
31.80	Robert Wilson	81	EXCL	28/02/2020	Winnipeg

### 300 Metres

45.65	Marcel D'Eon	53	RIVA	10/01/2020	Saskatoon
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### 400 Metres

59.06	Ian Munro	83	EXCL	07/02/2020	Regina
1:13.55	Robert Wilson	81	EXCL	29/02/2020	Winnipeg

### 600 Metres

1:32.86	Trevor Jacek	81	UNSK	30/11/2019	Saskatoon
1:42.88	Harvey Weber	65	RWAC	30/11/2019	Saskatoon

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### Master Men

Time/Dist	Athlete			Date	Location
<b>800 Metres</b>					
2:06.54	Russell Neff	85	EXCL	29/02/2020	Winnipeg
2:09.93	Trevor Jacek	81	RWAC	07/12/2019	Regina
2:25.73	Harvey Weber	65	RWAC	07/02/2020	Regina
2:56.40	Bruce Hendry	56	SCTM	07/02/2020	Regina
3:05.82	Pat Simmons	74	MJRT	07/12/2019	Regina
<b>1000 Metres</b>					
3:14.25	Harvey Weber	65	RWAC	23/01/2020	Saskatoon
3:20.67	Keith Meszaros	56	SCTM	23/01/2020	Saskatoon
<b>1500 Metres</b>					
4:22.77	Russell Neff	85	EXCL	29/02/2020	Winnipeg
4:36.01	Flemming Sondergaard	78	RWAC	23/01/2020	Saskatoon
5:43.86	Rick Minett	55	JPRC	07/02/2020	Regina
5:53.90	Dave Olsen	53	UNSK	07/12/2019	Regina
6:42.32	Trevor Morog	73	SCTM	23/01/2020	Saskatoon
<b>3000 Metres</b>					
11:56.78	John Svec	65	UNSK	07/02/2020	Regina
12:05.26	Rick Minett	55	JPRC	07/02/2020	Regina
13:59.17	Robert Wilson	81	EXCL	28/02/2020	Winnipeg
<b>One Mile</b>					
4:57.13	Flemming Sondergaard	78	RWAC	10/01/2020	Saskatoon
5:12.37	Trevor Jacek	81	RWAC	10/01/2020	Saskatoon
5:30.42	Shayne Burwell	69	UNSK	10/01/2020	Saskatoon
5:42.98	Keith Meszaros	56	SCTM	10/01/2020	Saskatoon
5:44.30	Harvey Weber	65	RWAC	10/01/2020	Saskatoon
6:10.44	Rory Perron	68	RWAC	10/01/2020	Saskatoon
6:41.30	Kirby Baynton	58	UNSK	10/01/2020	Saskatoon
7:10.89	Trevor Morog	73	SCTM	10/01/2020	Saskatoon
7:45.59	Randy Warick	49	SCTM	10/01/2020	Saskatoon
7:47.12	Erroll Simington	47	UNSK	10/01/2020	Saskatoon
8:27.46	Rick Rattai	53	SCTM	10/01/2020	Saskatoon

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### Master Men

Time/Dist	Athlete			Date	Location
<b>60m Hurdles</b>					
11.73	Dale Lawrence	58	UNSK	07/02/2020	Regina
<b>High Jump</b>					
1.43m	Dale Lawrence	58	UNSK	07/02/2020	Regina
1.23m	Brian Berquist	53	RIVA	07/02/2020	Regina
1.20m	Roland Delhomeau	45	SCTM	07/12/2019	Regina
<b>Long Jump</b>					
4.49m	Brian Lewchuk	66	RIVA	23/01/2020	Saskatoon
4.38m	Dale Lawrence	58	UNSK	07/12/2019	Regina
4.24m	Colin Ellis	67	EXCL	07/12/2019	Regina
3.76m	Brian Berquist	53	RIVA	07/02/2020	Regina
<b>Athlete with a Disability</b>					
5.89m	Janz Stein	81	EXCL	23/01/2020	Saskatoon
<b>Triple Jump</b>					
8.65m	Dale Lawrence	58	UNSK	23/01/2020	Saskatoon
8.52m	Brian Lewchuk	66	RIVA	23/01/2020	Saskatoon
<b>Shot Put</b>					
12.06m	Alan Block	70	UNSK	10/01/2020	Saskatoon
10.47m	Dale Lawrence	58	UNSK	07/02/2020	Regina
9.68m	Brian Berquist	53	RIVA	07/02/2020	Regina
8.81m	Brian Lewchuk	66	RIVA	23/01/2020	Saskatoon
7.64m	Roland Delhomeau	45	SCTM	16/12/2019	Saskatoon
6.07m	Bob Edwards	40	YLTC	07/12/2019	Regina
<b>Weight Throw</b>					
12.05m	Roland Delhomeau	45	SCTM	07/02/2020	Regina
11.03m	Art Battiste	42	SCTM	10/01/2020	Saskatoon
8.22m	Bob Edwards	40	YLTC	28/02/2020	Winnipeg