

Royal Road Race
10Km and 5Km Run and Walk
Regina, SK
05/10/2014

10km Run Age Group Results

Results by Results Canada - www.resultscanada.com

Category: Male 19 & Under
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	1000	Carter Petrychyn	Wolseley	47:33	4:46
2	846	Aidan Cochrane	Regina	48:18	4:50
3	936	Aaron Leegwater	Yorkton	50:45	5:05

Category: Male 20-29
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	878	Iain Fyfe	Regina	34:03	3:25
2	982	Matthew Neff	Moose Jaw	34:54	3:30
3	983	Russell Neff	Regina	35:15	3:32
4	894	Jared Hagen	Regina	35:31	3:34
5	863	Johnathan Ell	Regina	36:02	3:37
6	817	Rahul Bhattacharyya	Regina	38:20	3:50
7	1076	Jordan Boulianne	Fall River	42:29	4:15
8	1088	Warren Maarhuis	Abbotsford	43:52	4:24
9	1014	Scott Rogers	Saskatoon	44:01	4:25
10	1077	Michael Borelli	Nanaimo	44:09	4:25
11	1090	Felix Marcotte	Quebec	44:28	4:27
12	881	Brandon Gorr	Regina	46:42	4:41
13	1074	Ryan Ash	Regina	48:47	4:53
14	984	Bryan Neufeld	Regina	49:45	4:59
15	801	Baron Anderson	Regina	53:23	5:21

16	1070	Chris Young	Regina	53:28	5:21
17	1068	Patrick Young	Regina	54:50	5:29
18	1080	Kenneth Czaplicki	Niagra Falls	59:52	6:00
19	1067	Sean Young	Regina	1:01:03	6:07
20	1079	Steven Burgess	Regina	1:02:53	6:18

 Category: Male 30-39
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	953	Brendan Mackenzie	Regina	36:41	3:41
2	1017	Chad Salisbury	Regina	36:58	3:42
3	930	Andrew Kroshko	Saskatoon	37:58	3:48
4	1083	Stephen Edwards	Halifax	39:13	3:56
5	1078	Michael Buchanan	Victoria	40:32	4:04
6	865	Darren Engel	Regina	42:22	4:15
7	1082	Simon Dugal	Terrebonne	42:27	4:15
8	913	Q Johb	Moose Jaw	43:00	4:18
9	941	McLeod Warren	Prince Albert	45:08	4:31
10	1052	Charles-Henri Warren	Regina	46:32	4:40
11	925	Justin Kline	Regina	47:59	4:48
12	929	Ryan Kotylak	Regina	49:08	4:55
13	889	Chris Graham	Regina	50:16	5:02
14	911	Woody Jack Fm	Regina	50:29	5:03
15	1045	Philippe Turcotte	Moose Jaw	50:38	5:04
16	1024	Chris Soika	Regina	51:02	5:07
17	967	Dan McNeillie	Regina	51:58	5:12
18	933	Chris Lamb	Regina	53:52	5:24
19	848	Adam Coons	Regina	55:42	5:35
20	802	Stephen Anderson	Swift Current	56:07	5:37
21	976	Colin Montgomery	Regina	56:55	5:42
22	1040	Joel Thiele	Regina	57:28	5:45
23	1065	Greg Woodrow	Regina	58:36	5:52
24	1023	Paul Smart	Regina	1:05:31	6:34
25	946	Joseph Loch	Regina	1:14:02	7:25

 Category: Male 40-49
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
-------	------	------------	------	------	------

1	903 Shaun Hesse	Regina	38:56	3:54
2	830 Shayne Burwell	Saskatoon	39:50	3:59
3	899 Newell Hedstrom	Saskatoon	40:48	4:05
4	1013 Glenn Rogers	Weyburn	42:26	4:15
5	923 Bruce Klassen	Regina	42:48	4:17
6	990 Pablo Olate	Regina	42:57	4:18
7	963 Patrick Maze	Pilot Butte	44:04	4:25
8	1037 Graham Taylor	Regina	45:06	4:31
9	924 Jordan Klemick	Regina	45:13	4:32
10	901 Tim Helfrich	Regina	47:39	4:46
11	1042 Tyler Thurmeier	Regina	48:32	4:52
12	947 Bill Long	Regina	53:58	5:24
13	971 Wade Moffatt	Regina	54:40	5:28
14	876 Kevin Fitzer	Regina	55:16	5:32
15	850 Ron Cronan	Swift Current	56:07	5:37
16	821 Ray Brady	Regina	59:50	5:59
17	979 Darryl Morstad	Regina	1:00:35	6:04
18	1047 Jim Van Dusen	Regina	1:05:24	6:33
19	944 Greg Lipoth	Regina	1:06:48	6:41
20	965 Michael McCudden	Regina	1:11:24	7:09

 Category: Male 50-59

Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	854	Barry Cyca	Regina	45:22	4:33
2	973	Os Montanini	Regina	45:39	4:34
3	828	Ron Burdon	Regina	45:43	4:35
4	926	Edward Knopf	Regina	46:25	4:39
5	820	Lorne Boyle	Regina	46:32	4:40
6	1002	John Pollock	Whitewood	46:49	4:41
7	1028	Jan H. Steenkamp	Regina	48:38	4:52
8	937	Brian Leier	Regina	48:55	4:54
9	877	David Fox	Moose Jaw	49:47	4:59
10	960	Richard Mawson	Moose Jaw	49:49	4:59
11	811	Jean-Paul Beaurivage	Regina	50:55	5:06
12	955	Gordon Mah	Regina	52:37	5:16
13	927	Edward Koop	Caronport	54:04	5:25
14	986	Stu Niebergall	Regina	55:31	5:34
15	939	Daryl Lessak	Regina	56:26	5:39

16	916 Ron Jones	Regina	56:55	5:42
17	864 Bill Elliott	Moose Jaw	57:05	5:43
18	887 Michael Grad	Regina	59:21	5:57
19	1005 Ken Rasmussen	Regina	59:45	5:59
20	1027 Lyle Stecyk	Regina	1:04:24	6:27
21	890 Ben Grebinski	Regina	1:04:26	6:27

 Category: Male 60-69
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	940	Steven Lewis	Saskatoon	43:01	4:19
2	1098	Rand Luhning	Lumsden	48:07	4:49
3	1050	Randy Warick	Saskatoon	49:51	5:00
4	856	Roland Delhomeau	Saskatoon	53:10	5:19
5	1057	David Wessel	Regina	55:23	5:33
6	949	Rodney Luhning	Lumsden	57:55	5:48
7	1012	Doug Roe	Regina	57:57	5:48
8	1063	Bernie Wlock	Yorkton	1:02:09	6:13
9	948	Art Lord	Saskatoon	1:05:58	6:36

 Category: Male 70 & over
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
-------	------	------------	------	------	------

 Category: Female 19 & Under
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	1006	Taylor Rattray	Emerald Park	53:41	5:23

 Category: Female 20-29
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
-------	------	------------	------	------	------

=====

1	1039 Danielle Thiel	Regina	37:44	3:47
2	1093 Angela Tenisci	Regina	44:55	4:30
3	1015 Marla Rogers	Saskatoon	46:29	4:39
4	807 Jenine Baron	Regina	48:55	4:54
5	1056 Sara Weiss	Regina	49:32	4:58
6	977 Kathleen Moreau	Moose Jaw	49:35	4:58
7	1094 Amanda Usselman	Lynden	51:36	5:10
8	966 Lauren McLellan	Regina	53:48	5:23
9	895 Janelle Hagen	Regina	55:04	5:31
10	914 Jennifer Johnson	Regina	55:35	5:34
11	905 Marcina Hodgins	Regina	56:32	5:40
12	1009 Courtney Reiss	Weyburn	56:51	5:42
13	919 Erin Kathol	Regina	57:13	5:44
14	1072 Catherine Allard	Montreal	57:49	5:47
15	1086 Elizabeth Karl	Oyama	57:53	5:48
16	1031 Shawna Stewart	Regina	58:06	5:49
17	1085 Sarah Harding	Edmonton	58:38	5:52
18	907 Amy Hunter	Regina	59:18	5:56
19	1089 Cellestine Manning	N.Vancouver	59:52	6:00
20	1075 Sarah Bass	Regina	59:52	6:00
21	1092 Krystle Scarleet Hunt	Winnipeg	59:52	6:00
22	1084 Meghan Gregory-Stephen	Penticton	59:52	6:00
23	1003 Marni Pretorius	Kipling	1:02:04	6:13
24	1095 Catherine Van Berkom	Ottawa	1:02:25	6:15
25	1026 Dionne Sproat	Kipling	1:02:49	6:17
26	1087 Alexann Lafrance-Robineau	Regina	1:02:53	6:18
27	1008 Jessica Reese	Regina	1:03:31	6:22
28	1022 Angela Smart	Regina	1:05:20	6:32
29	882 Milayna Goruick	Regina	1:05:21	6:33
30	825 Melanie Brown	Regina	1:05:29	6:33
31	1062 Amy Wisniewski	Regina	1:05:29	6:33
32	1020 Bryttany Sigurdson	Regina	1:07:02	6:43
33	1035 Jennifer Struble	Saskatoon	1:07:14	6:44
34	833 Kendal Calibaba	Regina	1:07:14	6:44
35	972 Miranda Montanini	Regina	1:07:33	6:46
36	962 Morgan Mayer	Regina	1:07:38	6:46
37	956 Kenzie Mallard	Regina	1:07:39	6:46
38	1018 Jenni Senger	Regina	1:07:40	6:46
39	839 Lisa Christianson	Naicam	1:08:54	6:54
40	989 Melinda Nygaard	Regina	1:09:04	6:55
41	1021 Bryanna Sigurdson	Regina	1:15:25	7:33
42	945 Ashley Lipp	Regina	1:16:45	7:41

Category: Female 30-39

Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	928	Melissa Koroll	Saskatoon	42:38	4:16
2	1004	Renee Pritchard	Regina	43:24	4:21
3	1058	Sarah Williams	Saskatoon	45:25	4:33
4	888	Rae Graham	Regina	46:21	4:39
5	1061	Mista Winter	Regina	46:51	4:42
6	868	Brittany Exner	Regina	47:45	4:47
7	1007	Allana Reaume	Regina	50:00	5:00
8	803	Twyla Armstrong	Pilot Butte	50:55	5:06
9	1041	Trudy Thorson	Regina	51:05	5:07
10	1033	Angela Stolz	Regina	51:56	5:12
11	909	Kerri Hysuick	Regina	53:03	5:19
12	823	Tammy Brown	Avonlea	54:56	5:30
13	840	Wendy Chrusch	Regina	55:07	5:31
14	837	Sarah Castle	Regina	56:49	5:41
15	970	Jennifer Mirasty	Regina	57:05	5:43
16	932	Angie Lafoy	Regina	57:08	5:43
17	860	Cheryl Downes	Regina	57:17	5:44
18	805	Astrid Baecker	Regina	57:39	5:46
19	1025	Michelle Soika	Regina	57:47	5:47
20	815	Jessica Benjamin	Regina	58:02	5:49
21	852	Sheri Cronk	Regina	58:38	5:52
22	841	Terri Clark	Regina	59:31	5:58
23	1036	Leanne Sumners	Regina	59:31	5:58
24	1081	Justine Dancey	White Rock	59:52	6:00
25	1091	Victoria Page	N.Vancouver	1:00:27	6:03
26	853	Tatum Cruise	Regina	1:01:12	6:08
27	920	Nichole Kaytor	Regina	1:01:15	6:08
28	871	Luanne Ferner	Sedley	1:01:21	6:09
29	987	Angela Nisbett	Regina	1:01:38	6:10
30	988	Bridgett Norman	Regina	1:02:11	6:14
31	897	Julie Harvey	Regina	1:02:50	6:17
32	819	Shanda Boehm	Regina	1:04:25	6:27
33	822	Meghan Braithwaite	Regina	1:04:38	6:28
34	959	Janel Matt	White City	1:04:39	6:28
35	978	Jodie Morrison	Regina	1:05:27	6:33
36	958	Jaymie Massier	Regina	1:07:02	6:43

37	1032	Stacie Stilborn	Regina	1:08:33	6:52
38	844	Kristy Cmoc	Yorkton	1:08:41	6:53
39	804	Jenn Armstrong	Regina	1:08:52	6:54
40	1054	Emily Watson	Avonlea	1:13:59	7:24
41	998	Lindy Petruic	Avonlea	1:14:16	7:26
42	1053	Judy Watson	Avonlea	1:26:11	8:38

 Category: Female 40-49
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	904	Sharon Hobeika	Regina	43:36	4:22
2	873	Tracy Fisher	Regina	44:35	4:28
3	985	Jenny Ng	Regina	44:48	4:29
4	842	Tara Classen	Saskatoon	46:14	4:38
5	806	Michelle Barnet	Regina	46:22	4:39
6	1073	Tammy Morgan	Sackville	51:03	5:07
7	943	Ligia Linares	Regina	52:06	5:13
8	847	Tammy Cook-Searson	La Ronge	52:26	5:15
9	1097	Rachel Williams	Vancouver	52:47	5:17
10	1060	Gwen Windsor	Regina	53:36	5:22
11	1071	Lana Zdunich	Regina	58:48	5:53
12	858	Leah Domoney	Regina	1:00:22	6:03
13	999	Maggie Petrychyn	Wolseley	1:01:06	6:07
14	849	Allison Crichlow	Regina	1:01:12	6:08
15	910	Ramona Iida	Weyburn	1:01:36	6:10
16	824	Christine Brown	Calgary	1:02:20	6:14
17	918	Kazia Katende	Regina	1:02:47	6:17
18	831	Marie-Eve Bussieres	Regina	1:03:00	6:18
19	1030	Andrea Sterzuk	Regina	1:03:31	6:22
20	893	Melinda Guy	Regina	1:05:41	6:35
21	1064	Terry Wood	Regina	1:06:05	6:37
22	942	Margaret Lewis	Regina	1:06:32	6:40
23	969	Twyla Mensch	Regina; Sk	1:07:40	6:46
24	981	Terri Navid	Regina	1:09:45	6:59
25	1029	Dalys Steidl	Regina	1:10:56	7:06
26	934	Lori Laporte	Regina	1:10:56	7:06
27	912	Jo-Anne Jacob	Regina	1:11:04	7:07
28	834	Michelle Callfas	Regina	1:27:41	8:47
29	851	Carla Cronan	Swift Current	1:29:24	8:57
30	1059	Wendy Willis	Regina	1:29:24	8:57

Category: Female 50-59

Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	818	Bette Boechler	Saskatoon	45:10	4:31
2	838	Diane Chadwick	Regina	50:34	5:04
3	935	Dawn Leegwater	Yorkton	50:55	5:06
4	859	Teresa Donley	Moose Jaw	51:26	5:09
5	906	Suzanne Hunter	Regina	54:12	5:26
6	931	Patrice Krueger	Regina	54:25	5:27
7	872	Nicole Filteau	Regina	56:26	5:39
8	1019	Gayle Shull	Regina	56:30	5:39
9	810	Pat Beanland	Qu'appelle	56:57	5:42
10	870	Shirley Fehr	Regina	57:06	5:43
11	1044	Cheryl Tuharsky	Regina	59:17	5:56
12	886	Laurel Grad	Regina	59:21	5:57
13	816	Karen Berns	Regina	1:02:08	6:13
14	902	Susan Hengen	Windthorst	1:02:47	6:17
15	964	Chris McArthur	Regina	1:04:41	6:29
16	855	Theresa Dahlman	Regina	1:04:42	6:29
17	835	Joyce Cameron	Regina	1:04:45	6:29
18	829	Doris Burdon	Regina	1:05:17	6:32
19	974	Lorna Montanini	Regina	1:07:34	6:46
20	961	Tracey Mayer	Lumsden	1:07:38	6:46
21	812	Diane Beliveau	Wolseley	1:07:51	6:48
22	826	Laurie Bryant	Regina	1:09:45	6:59
23	891	Cheri Griffiths	Regina	1:10:29	7:03
24	1043	Vianne Timmons	Regina	1:10:53	7:06
25	1055	Lorna Weisbrod	Lumsden	1:11:17	7:08
26	917	Laura Kapp	Regina	1:13:46	7:23
27	1011	Tammy Ridgway	Avonlea	1:20:55	8:06

Category: Female 60-69

Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	1051	Judy Warick	Saskatoon	59:33	5:58
2	813	Pat Bell	Regina	1:03:56	6:24

3	862 Jane Ekong	Regina	1:03:58	6:24
4	954 Anne Marie MacNeil	Regina	1:13:13	7:20
5	950 Norma Luhning	Lumsden	1:13:51	7:24
6	884 Cloy Gould	Lumsden	1:28:03	8:49

 Category: Female 70 & over
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	875	Dorothy Fitzer	Regina	1:16:55	7:42