

2013 Outdoor Rankings

Master Women

| Time/Dist | | Athlete | | | Date | Location |
|-----------|--|---------|--|--|------|----------|
|-----------|--|---------|--|--|------|----------|

50 Metres

| | | | | | | |
|------|------|-----------------------|----|------|------------|--------|
| 8.01 | -0.4 | Gieni, Muriel | 58 | RIVA | 15/06/2013 | Regina |
| 8.15 | -0.4 | LaFayette-Boyd, Carol | 42 | EXCL | 15/06/2013 | Regina |

100 Metres

| | | | | | | |
|-------|------|-----------------------|----|------|------------|-----------|
| 15.15 | -2.5 | Arnason, Sandi | 73 | RIVA | 26/07/2013 | Regina |
| 15.26 | 1.8 | LaFayette-Boyd, Carol | 42 | EXCL | 06/07/2013 | Saskatoon |
| 15.93 | -2.5 | Collier, Naomi | 75 | EXCL | 26/07/2013 | Regina |
| 16.53 | -3.3 | Dobson, Nancy | 49 | UNSK | 26/07/2013 | Regina |
| 16.98 | -3.3 | Coward, Selina | 54 | EXCL | 26/07/2013 | Regina |

200 Metres

| | | | | | | |
|-------|------|-----------------------|----|------|------------|-----------|
| 30.10 | 0.3 | Bletsky, Nicole | 75 | SCTM | 06/07/2013 | Saskatoon |
| 32.49 | -1.7 | Smith, Jan | 59 | UNSK | 26/07/2013 | Regina |
| 32.52 | -1.8 | LaFayette-Boyd, Carol | 42 | EXCL | 26/07/2013 | Regina |
| 35.15 | -2.8 | Coward, Selina | 54 | EXCL | 26/07/2013 | Regina |

400 Metres

| | | | | | | |
|---------|--|-----------------|----|------|------------|--------|
| 1:07.15 | | Bletsky, Nicole | 75 | SCTM | 26/07/2013 | Regina |
| 1:08.46 | | Meloche, Laurie | 61 | UNSK | 26/07/2013 | Regina |
| 2:01.30 | | Matlock, Joan | 39 | SCTM | 26/07/2013 | Regina |

800 Metres

| | | | | | | |
|---------|--|-----------------|----|------|------------|-----------|
| 2:37.63 | | Bletsky, Nicole | 75 | SCTM | 06/07/2013 | Saskatoon |
| 3:29.04 | | Warick, Judy | 49 | SCTM | 26/07/2013 | Regina |

1500 Metres

| | | | | | | |
|---------|--|-----------------|----|------|------------|-----------|
| 5:59.35 | | Bletsky, Nicole | 75 | SCTM | 11/06/2013 | Saskatoon |
| 6:55.78 | | Warick, Judy | 49 | SCTM | 26/07/2013 | Regina |

5000 Metres

| | | | | | | |
|----------|--|-----------------|----|------|------------|--------|
| 22:11.17 | | Erhardt, Leslie | 65 | JRPC | 26/07/2013 | Regina |
| 23:40.25 | | Smith, Jan | 59 | UNSK | 26/07/2013 | Regina |

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|----------------------------|-----|-----------------------|----|------|------------|-----------|
| 80m Hurdles | | | | | | |
| 14.60 | 0.0 | Gieni, Muriel | 58 | RIVA | 15/06/2013 | Regina |
| 2000m Steeple Chase | | | | | | |
| 9:33.53 | | Smith, Jan | 59 | UNSK | 26/07/2013 | Regina |
| High Jump | | | | | | |
| 1.26m | | Arnason, Sandi | 73 | RIVA | 26/07/2013 | Regina |
| 1.23m | | LaFayette-Boyd, Carol | 09 | EXCL | 26/07/2013 | Regina |
| Long Jump | | | | | | |
| 4.17m | 1.9 | Gieni, Muriel | 58 | RIVA | 06/07/2013 | Saskatoon |
| 3.96m | 1.2 | Arnason, Sandi | 73 | RIVA | 11/06/2013 | Saskatoon |
| 3.92m | 0.0 | LaFayette-Boyd, Carol | 42 | EXCL | 15/06/2013 | Regina |
| 3.49m | 1.7 | Dobson, Nancy | 49 | UNSK | 26/07/2013 | Regina |
| Wind/No Wind | | | | | | |
| 4.20m | 2.9 | Gieni, Muriel | 58 | RIVA | 26/07/2013 | Regina |
| Triple Jump | | | | | | |
| 8.95m | 1.5 | Gieni, Muriel | 58 | RIVA | 06/07/2013 | Saskatoon |
| 8.89m | 1.2 | Arnason, Sandi | 73 | RIVA | 06/07/2013 | Saskatoon |
| 8.43m | 1.5 | LaFayette-Boyd, Carol | 42 | EXCL | 06/07/2013 | Saskatoon |
| 7.23m | 1.2 | Dobson, Nancy | 49 | UNSK | 26/07/2013 | Regina |
| Shot Put | | | | | | |
| 12.56m | | Gabruch, Karla | 78 | STFC | 15/06/2013 | Regina |
| 9.87m | | Coward, Selina | 54 | EXCL | 23/07/2013 | Regina |
| 9.18m | | Tosh, Marg | 37 | STFC | 26/07/2013 | Regina |
| 9.11m | | Gieni, Muriel | 58 | RIVA | 15/06/2013 | Regina |
| Discus | | | | | | |
| 35.58m | | Gabruch, Karla | 78 | STFC | 06/07/2013 | Saskatoon |
| 23.15m | | Tosh, Marg | 37 | STFC | 26/07/2013 | Regina |
| 19.44m | | Warick, Judy | 49 | SCTM | 26/07/2013 | Regina |

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|--------------------------|--|----|------|------------|-----------|
| Hammer | | | | | |
| 46.65m | Gabruch, Karla | 78 | STFC | 26/06/2013 | Saskatoon |
| 19.47m | Tosh, Marg | 37 | STFC | 06/07/2013 | Saskatoon |
| Javelin | | | | | |
| 29.61m | Gabruch, Karla | 78 | STFC | 26/06/2013 | Saskatoon |
| 19.47m | Tosh, Marg | 37 | STFC | 06/07/2013 | Saskatoon |
| Weight Throw | | | | | |
| 14.64m | Gabruch, Karla | 78 | STFC | 26/07/2013 | Regina |
| 13.26m | Tosh, Marg | 37 | STFC | 26/07/2013 | Regina |
| Weight Pentathlon | | | | | |
| 4598 | Tosh, Marg | 37 | STFC | 26/07/2013 | Regina |
| | Hammer 26.92m/Shot Put 9.17m/Discus 20.79m/ Javelin 19.42m/ Weight Throw 13.06m | | | | |
| 3517 | Gabruch, Karla | 78 | STFC | 26/07/2013 | Regina |
| | Hammer 46.65m/Shot Put 11.88m/Discus 33.46m/ Javelin 27.74m/ Weight Throw 14.64m | | | | |