

2019 Indoor Rankings Master Women

Time/Dist	Athlete			Date	Location
50 Metres					
7.60	Valerie Hardy	69	RIVA	15/03/2019	Saskatoon
8.05	Sandi Arnason	73	RIVA	15/03/2019	Saskatoon
8.43	Rhonda Tremblay	60	RIVA	15/03/2019	Saskatoon
9.58	Lisa Davis	68	PAAC	15/03/2019	Saskatoon
60 Metres					
8.64	Kelly Silcox	66	EXCL	24/01/2019	Saskatoon
8.70	Amanda Stalwick	72	DATC	11/01/2019	Saskatoon
8.80	Kari Zinkhan-Davies	81	EXCL	08/02/2019	Regina
8.87	Valerie Hardy	69	RIVA	24/01/2019	Saskatoon
9.23	Sandi Arnason	73	RIVA	01/03/2019	Manitoba
9.43	Carol LaFayette-Boyd	42	EXCL	08/03/2019	Alberta
10.86	Jo-Ann Kennedy	58	YLTC	08/12/2018	Regina
11.28	Lisa Davis	68	PAAC	08/03/2019	Alberta
200 Metres					
28.94	Kelly Silcox	66	EXCL	08/02/2019	Regina
29.73	Andrea Kozan	72	EXCL	15/03/2019	Saskatoon
29.74	Kari Zinkhan-Davies	81	EXCL	08/02/2019	Regina
30.33	Valerie Hardy	69	RIVA	08/03/2019	Alberta
30.81	Sandi Arnason	73	RIVA	08/03/2019	Alberta
32.26	Carol LaFayette-Boyd	42	EXCL	08/03/2019	Alberta
33.53	Brenda Hudey	67	EXCL	15/03/2019	Saskatoon
34.18	Jan Smith	59	STFC	15/03/2019	Saskatoon
300 Metres					
47.92	Andrea Kozan	72	EXCL	24/01/2019	Saskatoon
49.79	Valerie Hardy	69	RIVA	24/01/2019	Saskatoon
53.09	Brenda Hudey	67	EXCL	24/01/2019	Saskatoon
400 Metres					
1:16.17	Brenda Hudey	67	EXCL	08/02/2019	Regina

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500 Metres					
1:30.34	Andrea Kozan	72	EXCL	15/03/2019	Saskatoon
1:39.96	Brenda Hudey	67	EXCL	15/03/2019	Saskatoon
1:41.31	Jan Smith	59	STFC	15/03/2019	Saskatoon
2:03.14	Judy Warick	49	SCTM	15/03/2019	Saskatoon
600 Metres					
1:54.23	Andrea Kozan	72	EXCL	11/01/2016	Saskatoon
800 Metres					
3:01.00	Jan Smith	59	STFC	08/03/2019	Alberta
3:35.92	Lisa Davis	68	PAAC	15/03/2019	Saskatoon
3:37.83	Judy Warick	49	SCTM	08/03/2019	Alberta
1500 Metres					
6:16.32	Jan Smith	59	STFC	08/03/2019	Alberta
7:28.09	Judy Warick	49	SCTM	08/03/2019	Alberta
3000 Metres					
19:29.97	Jean Healey	48	SCTM	15/03/2019	Saskatoon
Pole Vault					
2.97m	Teresa Hill	87	UNSK	15/03/2019	Saskatoon
High Jump					
1.21m	Sandi Arnason	73	RIVA	15/03/2019	Saskatoon
1.20m	Jo-Ann Kennedy	58	YLTC	08/02/2019	Regina
1.18m	Allison Klassen	67	RIVA	08/03/2019	Alberta
Long Jump					
4.01m	Muriel Gieni	58	RIVA	18/01/2019	Alberta
3.96m	Sandi Arnason	73	RIVA	08/03/2019	Alberta
3.72m	Carol LaFayette-Boyd	42	EXCL	08/02/2019	Regina

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Long Jump Cont'd

3.10m	Jo-Ann Kennedy	58	YLTC	08/12/2019	Regina
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Triple Jump

8.68m	Sandi Arnason	73	RIVA	08/03/2019	Alberta
7.88m	Carol LaFayette-Boyd	42	EXCL	08/03/2019	Alberta
6.76m	Jo-Ann Kennedy	58	YLTC	08/02/2019	Regina

Shot Put

8.84m	Jennifer Tondevold	75	EXCL	08/12/2018	Regina
8.56m	Allison Klassen	67	RIVA	08/03/2019	Alberta
8.53m	Margaret Tosh	37	STFC	15/12/2018	Saskatoon
8.34m	Gill Gracie	43	SCTM	08/02/2019	Regina
6.85m	Marilyn McCloy Cornish	55	SCTM	15/03/2019	Saskatoon
6.26m	Jean Healey	48	SCTM	15/03/2019	Saskatoon
6.26m	Rhonda Tremblay	60	RIVA	15/03/2019	Saskatoon

Weight Throw

10.57m	Margaret Tosh	37	STFC	15/03/2019	Saskatoon
9.61m	Gill Gracie	43	SCTM	08/02/2019	Regina
8.56m	Jean Healey	48	SCTM	15/03/2019	Saskatoon
8.36m	Marilyn McCloy Cornish	55	SCTM	15/12/2018	Saskatoon