

# NATIONAL U16 / U18 CHAMPIONSHIPS STANDARDS

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## ATHLETICS CANADA ENTRY STANDARDS

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Saskatchewan athletes achieving the enclosed standards are automatically eligible if:

- Performances have been achieved in a competition which has been sanctioned by: Athletics Canada, Athletics Canada Provincial Branch, USTFA, NCAA, IAAF.
- Performances must be achieved Outdoors between January 1, 2019 to the close of the entry deadline of Friday July 31, 2019 at 11:59pm ET.
- Note – Entries for **ALL FIELD EVENTS** made via the Open Entry Process are “LIMITED” to an athlete maximum field size of 18 athletes. If the Championships registration exceeds 18 in any field event, then the best 18 ranked athletes (with performances validation) will be accepted.

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## SASKATCHEWAN ATHLETICS FUNDING STANDARDS

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- a) Standards must be achieved OUTDOORS from January 1, 2019 up to and including the National Championships with legal wind readings.
- b) Athletes achieving funding standard may receive up to 75% of transportation to the National Championships.
- c) **Athletes achieving funding standards and Athlete Assistance Standards must attend Provincial Championships to receive provincial funding.** Sask Athletics will accept as an exemption from the Provincial Championships a doctor's certificate for injury, illness, death in the immediate family, letter from University, school, and technical school stating that an individual cannot attend due to commitments of the institution or if an athlete is competing at a conflicting National team event.

**READ THE INFORMATION RELATING ON HOW TO QUALIFY FOR THIS NATIONAL CHAMPIONSHIP AS THIS HAS CHANGED FROM THE PAST**

## NATIONAL U16 / U18 CHAMPIONSHIPS FUNDING

### MEN

Funding U18	Entry U18	Events	Funding U16	Entry U16
11.09	11.50	100m	11.42	11.95
14.53 (.91m)	16.00 (.91m)	110mH/100mH .91m/.84m	14.08 (.84m)	16.25 (.84m)
22.46	23.15	200m	23.27	24.45
49.99	51.40	400m/300m	36.45	40.00
55.93	63.44 (.84)	400mH/200mH	26.25	28.50 (.76m)
1:54.94	1:58.00	800m	2:01.28	2:08.65
4:00.00	4:08.00	1500m/1200m	3:16.73	3:30.00
8:45.19	9:06.00	3000m/2000m	5:53.50	6:22.00
N/E	N/E	1500m SC No water	4:33.86	5:05.00 (.76m)
6:06.17	6:45.00 (.84m)	2000m SC	N/E	N/E
N/S	N/S	5km /RW / 1500m	N/S	N/S
1.91m	1.85m	HJ	1.77m	1.65m
3.73m	3.50m	PV	3.30m	3.30m
6.69m	6.35m	LJ	6.23m	5.65m
13.72m	12.50m	TJ	12.41m	11.65m
15.46m (5kg)	13.00m (5kg)	SP	14.38m (4kg)	12.50m (4kg)
46.04m (1.5kg)	40.00m (1.5kg)	DT	47.20m (1kg)	40.00m (1kg)
53.23m (5kg)	38.00 (5kg)	HT	48.26m (4kg)	35.00m (4kg)
55.31m (700gm)	44.00m (700gm)	JT	48.29m (600gm)	40.00m (600gm)
5335 pts	N/S	Decathlon/Pentathlon	2714 pts	N/S

### WOMEN

Funding U18	Entry U18	Events	Funding U16	Entry U16
12.38	13.00	100m	12.55	13.15
14.37 (.76m)	15.67 (.76m)	100mH/80mH	12.08 (.76m)	13.45 (.76m)
25.23	26.00	200m	25.77	26.65
56.86	60.00	400m/300m	40.99	43.50
64.16	68.14	400mH/200mH (.76m)	28.56	31.00
2:13.68	2:20.00	800m	2:16.00	2:24.00
4:38.45	4:55.00	1500m/1200m	3:37.43	3:56.00
10:03.66	10:50.00	3000m /2000m	6:32.29	7:10.00
N/E	N/E	1500 SC No water	5:12.38	5:55.00 (.76m)
7:11.87	7:50.00 (.76m)	2000m SC	N/E	N/E
N/S	N/S	3km/RW/1500m	N/S	N/S
1.61m	1.55m	HJ	1.60m	1.45m
3.12m	2.80m	PV	2.78m	2.60m
5.46m	5.10m	LJ	5.26m	4.90m
11.52m	10.50m	TJ	10.80m	10.10m
12.93m (3kg)	12.05m (3kg) 10.50m (4kg)	SP	12.10m (3kg)	10.05m (3kg)
38.45m (1kg)	33.00m (1kg)	DT	33.65m (1kg)	29.00m (1kg)
50.81m (3kg)	37.95m (3kg) 33.00m (4kg)	HT	43.30m (3kg)	30.00m (3kg)
40.85m (500gm)	37.25m (500gm) 34.00m (600gm)	JT	34.66m (500gm)	32.85m (500gm) 30.00m (600gm)
4341 pts	N/S	Heptathlon/Pentathlon	25867 pts	N/S