

## 2009 Outdoor Rankings

### Senior Men

#### 100 Metres

Time/Dist	Athlete	Date	Meet
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Native Outdoor    10.45 Aug-7 -89 Cyprian Enweani Team Sask

Open Outdoor        10.39 Aug-2 -81 Desai Williams ON

10.66	1.4	Senick, Joel	89	RIV	7/25/2009	SA Provincials
10.81	1.4	Rinholm, Graeme	85	RIV	7/25/2009	SA Provincials
10.92	1.4	Andersen, Leslie	87	EXA	7/25/2009	SA Provincials
10.93	1.4	Wilkins, Preston	81	BMA	7/25/2009	SA Provincials
10.98	-1.3	Windrum, Mychael	89	EXA	13/06/2009	PeeWee/Bantam/C/E
11.02	1.9	Clark, Eric	84	URC	24/08/2009	CSG 09
11.26	1.4	Stewart, Deven	87	RIV	7/25/2009	SA Provincials
11.28	-1.8	Donsberger, Kyle	89	US	13/06/2009	PeeWee/Bantam/C/E
11.33	-1.3	Nosbush, Jordan	89	STFC	13/06/2009	PeeWee/Bantam/C/E
11.35	-1.8	Buhs, Curtis	85	STFC	13/06/2009	PeeWee/Bantam/C/E
11.38	-1.3	Kleiter, Chris	79	BMA	13/06/2009	PeeWee/Bantam/C/E
11.46	-1.0	Neufeldt, Evan	87	RIV	13/06/2009	PeeWee/Bantam/C/E
11.47	-1.0	Sharp, Keegan	89	STFC	13/06/2009	PeeWee/Bantam/C/E
11.49	-2.3	Okere, Enyinnah	87	EXA	11/07/2009	09 CSG Trials
11.64	-1.0	Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
11.64	1.4	Peneff, Ryan	88	STFC	13/06/2009	SA Provincials
11.86	-1.3	Lange, Tanner	87	STFC	13/06/2009	PeeWee/Bantam/C/E
12.09	1.3	Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals

#### Athlete with a Disability

15.22	-2.6	Mercer, Jason	87	SSO	11/07/2009	09 CSG Trials
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#### 200 Metres

Native Outdoor    20.57 Sep-28-88 Cyprian Enweani Team Sask

Open Outdoor        20.57 Sep-28-88 Cyprian Enweani Team Sask

21.34	0.6	Senick, Joel	89	RIV	24/08/2009	CSG 09
22.18	0.5	Clark, Eric	84	URC	24/08/2009	CSG 09
22.38	1.1	Unruh, Tyson	89	STFC	17/04/2009	Bryan Clay Invite

22.43	-1.0	Hretsina, Landon	89	STFC	16/05/2009	Spring C/E
22.69	0.1	Rinholm, Graeme	85	RIV	7/25/2009	SA Provincials
22.75	-0.6	Windrum, Mychael	89	EXA	13/06/2009	PeeWee/Bantam/C/E
22.96	-1.6	Wilkins, Preston	81	BMA	11/07/2009	09 CSG Trials
23.17	-0.6	Buhs, Curtis	85	STFC	13/06/2009	PeeWee/Bantam/C/E
23.39	-2.3	Donsberger, Kyle	89	US	11/07/2009	09 CSG Trials
23.49	-1.6	Kleiter, Chris	79	BMA	11/07/2009	09 CSG Trials
23.74	-2.3	Stewart, Deven	87	RIV	11/07/2009	09 CSG Trials
23.96	-2.3	Peneff, Ryan	88	STFC	11/07/2009	09 CSG Trials
24.68	-0.6	Lange, Tanner	87	STFC	13/06/2009	PeeWee/Bantam/C/E

**Athlete with a Disability**

27.84	1.8	Shaw, Kyle	87	CRTC	11/07/2009	ON Para-Athletics Championships
31.66	-2.6	Mercer, Jason	87	SSO	8/8/2009	Tri Province

**2009 Outdoor Rankings**

**Senior Men**

**400 Metres**

<b>Time/Dist</b>	<b>Athlete</b>	<b>Date</b>	<b>Meet</b>
	Native Outdoor	47.31 Jul-28-07 Joel Senick RIV	
	Open Outdoor	46.74 Aug-16-80 Tom Hind ON	
47.26	Senick, Joel	89 RIV 02/05/2009	Binghamton
48.54	Hretsina, Landon	89 STFC 8/8/2009	Tri Province
48.76	Unruh, Tyson	89 STFC 21/05/2009	Edwardsville
49.59	McCormick, Iain	85 QCS 16/05/2009	Spring C/E
50.50	Scott, Nathan	87 UNA 11/07/2009	09 CSG Trials
51.10	Donsberger, Kyle	89 US 11/07/2009	09 CSG Trials
51.23	Sharp, Keegan	89 STFC 11/07/2009	09 CSG Trials
51.36	Simair, Chris	85 QCS 16/05/2009	Spring C/E
51.99	Barber, Michael	86 EXA 25/06/2009	09 Sr Nationals
52.37	Leis, Ben	89 US 11/07/2009	09 CSG Trials
52.62	Neufeldt, Evan	87 RIV 13/06/2009	PeeWee/Bantam/C/E
52.92	Crossley, Chris	87 US 13/06/2009	PeeWee/Bantam/C/E
53.50	Buhs, Curtis	85 STFC 13/06/2009	PeeWee/Bantam/C/E
54.79	Ell, Johnathan	88 RIV 7/25/2009	SA Provincials

<b>Athlete with a Disability</b>						
52.65		Shaw, Kyle	87	CRTC	11/07/2009	Boiling Point
<b>800 Metres</b>						
Native Outdoor 1:47.27 Jul-16-86 Brian Thompson Team Sask						
Open Outdoor 1:47.1h Aug-08-87 Rick Brant Team Sask						
1:50.16		Mazzei, Darren	88	QCS	21/07/2009	Flanders Cup
1:51.28		McCormick, Iain	85	US	10/06/2009	Victoria International
1:53.70		Simair, Chris	85	US	25/06/2009	09 Sr Nationals
1:57.03		Scott, Nathan	87	UNA	11/07/2009	09 CSG Trials
1:58.00		Boldt, Alyosha	89	US	10/06/2009	Victoria International
2:03.86		Ell, Johnathan	88	RIV	11/07/2009	09 CSG Trials
2:04.43		Leis, Ben	89	US	11/07/2009	09 CSG Trials
2:06.57		Gerard, Stephane	89	US	12/06/2009	CALTAF
<b>Athlete with a Disability</b>						
1:45.07		Shaw, Kyle	87	CRTC	11/07/2009	Boiling Point
<b>1500 Metres</b>						
Native Outdoor 3:40.74 Aug-08-89 Colin Mathieson Team Sask						
Open Outdoor 3:40.74 Aug-08-89 Colin Mathieson Team Sask						
3:50.78		Fleming, Sean	88	QCS	18/04/2009	McDonnell Invite
3:53.68		Epp, Jamie	80	STFC	10/06/2009	Victoria International
3:57.10		Wiebe, Kelly	89	EXA	11/07/2009	09 CSG Trials
4:05.71		Marin, Samir	89	STFC	10/06/2009	Victoria International
4:13.21		Boldt, Alyosha	89	QCS	16/05/2009	Spring C/E
4:26.57		Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
<b>2009 Outdoor Rankings</b>						
<b>Senior Men</b>						
<b>1500 Metres Cont'd</b>						
<b>Time/Dist</b>		<b>Athlete</b>		<b>Date</b>		<b>Meet</b>

4:33.31		Sharp, Keegan	89	US	24/08/2009	CSG 09
4:33.44		Ell, Johnathan	88	RIV	13/06/2009	PeeWee/Bantam/C/E
4:52.18		Neufeldt, Evan	87	US	24/08/2009	CSG 09
5:01.26		Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
<b>Athlete with a Disability</b>						
3:12.34		Shaw, Kyle	87	CRTC	18/06/2009	Swiss#1
<b>3000 Metres</b>						
Native Outdoor			7:49.20	July-15-07	Simon Bairu	QCS
Open Outdoor			7:49.20	July-15-07	Simon Bairu	QCS
8:52.37		Marin, Samir	89	STFC	8/8/2009	Tri Province
<b>5000 Metres</b>						
Native Outdoor			13:25.91	Jul-27-07	Simon Bairu	QCS
Open Outdoor			13:25.91	Jul-27-07	Simon Bairu	QCS
13:39.23		Bairu, Simon	83	QCS	25/06/2009	09 Sr Nationals
14:01.21		Fleming, Sean	88	QCS	27/03/2009	Stanford
14:32.20		Sharp, Nigel	89	UNA	18/04/2009	MtSac Relays
14:40.22		Wiebe, Kelly	89	EXA	11/07/2009	09 CSG Trials
14:57.02		Epp, Jamie	80	STFC	10/06/2009	Kajaks Review
14:57.55		Marin, Samir	89	US	24/08/2009	CSG 09
<b>Athlete with a Disability</b>						
12:30.38		Shaw, Kyle	87	CRTC	25/06/2009	09 Sr Nationals
<b>10,000 Metres</b>						
Native Outdoor			27:50.71	Apr-29-07	Simon Bairu	QCS
Open Outdoor			27:50.71	Apr-29-07	Simon Bairu	QCS
27:50.76		Bairu, Simon	83	QCS	02/05/2009	Stanford
33:38.77		Sharp, Nigel	89	UNA	14/05/2009	Summit League
<b>110m Hurdles .99m</b>						

16.76	-1.4	McLaren, Doug	76	UNA	11/07/2009	09 CSG Trials
<b>110m Hurdles 1.07m</b>						
Native Outdoor 14.43 Jul-13-98 Omar Forrest RAT						
Open Outdoor 14.39 Aug-23-87 Al Hough ON						
14.51	1.9	Baker, Justin	89	URC	24/08/2009	CSG 09
15.05	1.9	Nosbush, Jordan	89	STFC	8/24/2009	CSG 09
<b>2009 Outdoor Rankings</b>						
<b>Senior Men</b>						
<b>110m Hurdles 1.07m Cont'd</b>						
<b>Time/Dist</b>		<b>Athlete</b>			<b>Date</b>	<b>Meet</b>
15.35	0.9	Sharp, Keegan	89	US	24/08/2009	CSG 09
16.44	0.9	Neufeldt, Evan	87	US	24/08/2009	CSG 09
16.76	-1.4	Ahmed, Uzair	86	EXA	11/07/2009	09 CSG Trials
17.93	-2.1	Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
18.31	-2.9	Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
<b>400m Hurdles .91m</b>						
Native Outdoor 51.88 Jul-30-01 Lindsay Tallon STFC						
Open Outdoor 50.93 May-24-81 Ian Newhouse AB						
54.80		Andersen, Leslie	87	EXA	11/07/2009	09 CSG Trials
<b>3000m Steple Chase</b>						
Native Outdoor 8:45.12 May-08-98 Rick Obleman HAR						
Open Outdoor 8:44.05 Aug-02-81 Greg Duhaime ON						
9:39.42		Gerard, Stephane	89	STFC	11/07/2009	09 CSG Trials
9:47.15		Mazurik, Matt	87	US	11/07/2009	09 CSG Trials
9:58.00		Marin, Samir	89	US	24/08/2009	CSG 09
<b>Half Marathon</b>						
1:03.10		Bairu, Simon	83	QCS	14/03/2009	City-Pier-City Half Marathon



5.56m	0.0	Gardiner, Mitchell	88	STFC	11/07/2009	09 CSG Trials
5.53m	2.0	Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
<b>Triple Jump</b>						
Native Outdoor 16.05m Jun-13-95 Danny Fleming RWCK						
Open Outdoor 16.05m Jun-13-95 Danny Fleming RWCK						
15.09m	-1.2	Jestadt, Sean	81	EXA	25/06/2009	09 Sr Nationals
13.49m	1.5	Andersen, Leslie	87	URC	24/08/2009	CSG 09
<b>Wind/No Wind</b>						
13.64m	2.8	Andersen, Leslie	87	EXA	11/07/2009	09 CSG Trials
12.89m	5.1	Gee, Matt	87	US	11/07/2009	09 CSG Trials
<b>Shot Put 7.26kg</b>						
Native Outdoor 19.28m Jul-22-72 Bruce Pirnie STFC						
Open Outdoor 19.95m Aug-02-81 Bishop Dolegiewicz QU						
17.49m		Smith, Andrew	88	US	8/8/2009	Tri Province
17.16m		Greif, Justin	88	TIS	11/07/2009	09 CSG Trials
12.71m		Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
12.34m		Leung, Steven	89	RIV	11/07/2009	09 CSG Trials
11.92m		Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
11.17m		Sharp, Keegan	89	US	24/08/2009	CSG 09
9.77m		Neufeldt, Evan	87	US	24/08/2009	CSG 09
8.35m		Unruh, Tyson	89	STFC	26/04/2009	SFU/UBC Dual
<b>Discus 2kg</b>						
Native Outdoor 53.80m May-16-87 Bishop Dolegiewicz UNA						
Open Outdoor 59.44m Jul-03-73 Tim Vollmer USA						
47.90m		Greif, Justin	88	TIS	11/07/2009	09 CSG Trials
43.36m		Smith, Andrew	88	US	8/8/2009	Tri Province
40.67m		Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
36.25m		Leung, Steven	89	RIV	11/07/2009	09 CSG Trials
32.19m		Sharp, Keegan	89	STFC	13/06/2009	PeeWee/Bantam/C/E
29.71m		Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
27.24m		Neufeldt, Evan	87	RIV	16/05/2009	Spring C/E

## 2009 Outdoor Rankings

### Senior Men

#### Hammer 7.26kg

Time/Dist	Athlete	Date	Meet
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Native Outdoor 62.68m Jul-07-91 Brad Marshall HTS

Open Outdoor 70.02m Jul-23-05 Jim Steacy AB

60.75m	Greif, Justin	88	TIS	7/25/2009	SA Provincials
45.87m	Smith, Andrew	88	US	15/05/2009	Chinook Throws
34.86m	Leung, Steven	89	RIV	11/07/2009	09 CSG Trials

#### Javelin 800g

Native Outdoor 63.78m Apr-09-94 Geoff Dolan RIV

Open Outdoor 68.74m Aug-04-95 Larry Steinke SA

65.90m	Peet, Geoff	89	TIS	24/08/2009	CSG 09
45.73m	Crossley, Chris	87	US	11/07/2009	09 CSG Trials
44.86m	Sharp, Keegan	89	US	24/08/2009	CSG 09
43.90m	Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
29.69m	Neufeldt, Evan	87	RIV	8/24/2009	CSG 09

#### Decathlon

Native Outdoor 7228 Jun-22-02 Darren Peters RAT

Open Outdoor 7824 Aug-22-87 Dave Johnson USA

6413	Sharp, Keegan	89	US	24/08/2009	CSG 09
11.64 100m (0.0);6.57m LJ (-0.5);11.17m SP;1.85m HJ;51.84 400m					
15.35 110mH (0.9);27.37m DT;3.80m PV;44.86m JT;4:33.31 1500m					
5707	Barber, Michael	86	EXA	25/06/2009	09 Sr Nationals
12.09 100m (1.3);5.53m LJ (2.0);11.92m SP;1.60m HJ;51.99 400m					
18.31 110mH (-2.9);40.67m DT;3.00m PV;43.90m JT;4:26.57 1500m					
5595	Crossley, Chris	87	US	13/06/2009	PeeWee/Bantam/C/E
11.64 100m (-1.0);6.57m LJ (0.8);12.71m SP;;1.77m HJ;52.92 400m					
17.93 110mH (-2.1);29.71m DT;2.50m PV;39.70m JT;5:01.26 1500m					
5559	Neufeldt, Evan	87	US	24/08/2009	CSG 09



11.73 100m (-0.1);6.60m LJ (1.6);9.77m SP;1.88m HJ;52.93 400m
16.44 110mH (0.9);23.53m DT;3.00m PV;29.69m JT;4:52.18 1500m