

2008/2009 Indoor Rankings

Senior Men

50m

Time/Dist	Athlete	Club	Date	Meet
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Native Indoor 5.86 Dec-28-84 Cyprian Enweani Team Sask

Open Indoor 5.69 Jan-12-02 Nicolas Macrozonaris-03 Mickey Grimes-03 Laval-02

6.09	Rinholm, Graeme	85	RIV	20/03/2009	Stoon Kinsmen Indoor
6.34	Hretsina, Landon	89	STFC	20/03/2009	Stoon Kinsmen Indoor
6.40	Tremblay, Andrew	85	STFC	20/03/2009	Stoon Kinsmen Indoor
6.59	Lo, Eric	89	UNA	20/03/2009	Stoon Kinsmen Indoor
7.28	Krystyniak, Chris	85	STFC	20/03/2009	Stoon Kinsmen Indoor

60m

Native Indoor 6.84 Mar-03-84 Cyprian Enweani U of S

Open Indoor 6.51 Jan-14-96 Bruny Surin QU

6.99	Laville, Brian	77	EXA	06/12/2008	Regina Friendship Games
7.03	Rinholm, Graeme	85	RIV	08/01/2009	K of C Indoor Games
7.10	Wilkins, Preston	81	BMA	23/01/2009	Sled Dog
7.12	Forsythe, Sean	86	EXA	06/02/2009	Regina QC Kinsmen Ind
7.13	Windrum, Mychael	89	EXA	06/02/2009	Regina QC Kinsmen Ind
7.13	Okere, Enyinnah	86	URC	31/01/2009	Cargill Open
7.14	Huber, Wade	85	EXA	06/12/2008	Regina Friendship Games
7.15	Clark, Eric	84	URC	06/12/2008	Regina Friendship Games
7.29	Van Sichem, Stan	87	URC	06/12/2008	Regina Friendship Games
7.30	Donsberger, Kyle	89	US	16/01/2009	Golden Bear
7.32	Headley, Chris	89	US	06/02/2009	Regina QC Kinsmen Ind
7.32	Baker, Justin	89	URC	16/01/2009	Golden Bear
7.33	Buhs, Curtis	85	STFC	05/03/2009	Boeing Classic

7.35	Setyo, Shawn	89	US	23/01/2009	Sled Dog
7.36	Kleiter, Chris	79	BMA	23/01/2009	Sled Dog
7.36	Gardiner, Mitchell	88	US	23/01/2009	Sled Dog
7.37	Stewart, Deven	87	US	16/01/2009	Golden Bear
7.37	Petrucha, Taylor	87	US	23/01/2009	Sled Dog
7.39	Kaminski, Kyle	89	US	08/01/2009	K of C Indoor Games
7.40	Jestadt, Ian	86	URC	08/01/2009	K of C Indoor Games
7.44	Jestadt, Sean	81	URC	06/02/2009	Regina QC Kinsmen Ind
7.46	Sirota, Ariston	84	US	08/01/2009	K of C Indoor Games
7.48	Peneff, Ryan	88	US	08/01/2009	K of C Indoor Games
7.49	Ahmed, Uzair	86	URC	06/02/2009	Regina QC Kinsmen Ind
7.57	Hretsina, Landon	89	STFC	23/01/2009	Sled Dog
2008/2009 Indoor Rankings					
Senior Men					
60m Cont'd					
Time/Dist	Athlete		Club	Date	Meet
7.64	Selzer, Paul	89	US	16/01/2009	Golden Bear
7.64	Andal, Kevin	88	US	08/01/2009	K of C Indoor Games
7.66	Weiman, Kyle	89	US	23/01/2009	Sled Dog
7.68	Caderma, Ashser	89	US	08/01/2009	K of C Indoor Games
7.70	Miller, Ian	88	US	23/01/2009	Sled Dog
7.72	Baluk, Don	86	URC	08/01/2009	K of C Indoor Games
7.74	Jensen, Kenneth	89	US	23/01/2009	Sled Dog
7.76	Boyd, Nathan	87	US	06/02/2009	Regina QC Kinsmen Ind
7.79	Crookedneck, Tyson	89	US	23/01/2009	Sled Dog
7.84	Wright, Joel	89	URC	06/12/2008	Regina Friendship Games
7.86	Harack, Benjamin	84	URC	06/02/2009	Regina QC Kinsmen Ind
8.02	Giesen, Daniel	89	US	08/01/2009	K of C Indoor Games
8.05	Crookedneck, Tyson	89	US	08/01/2009	K of C Indoor Games
8.72	Monette, Dale	87	US	23/01/2009	Sled Dog
8.77	McFarlen, Joshua	84	URC	06/02/2009	Regina QC Kinsmen Ind

10.19	Mercer, Jason	87	SSO	08/01/2009	K of C Indoor Games
10.55	Kakakaway, Dean	89	SSO	08/01/2009	K of C Indoor Games
60m Wheelchair					
11.24	Shaw, Kyle	87	CRTC	08/01/2009	K of C Indoor Games
200m					
Native Indoor 21.27 Feb-15-87 Cyprian Enweani Team Sask					
Open Indoor 21.22 Feb-07-04 Tyler Christopher CDA					
22.45	Hretsina, Landon	89	STFC	16/01/2009	Golden Bear
22.93	Clark, Eric	84	URC	06/12/2008	Regina Friendship Games
23.07	Buhs, Curtis	85	STFC	05/03/2009	Boeing Classic
23.24	Okere, Enyinnah	86	URC	06/12/2008	Regina Friendship Games
23.27	Andersen, Leslie	84	URC	06/12/2008	Regina Friendship Games
23.28	Windrum, Mychael	89	URC	06/12/2008	Regina Friendship Games
23.31	Donsberger, Kyle	89	US	06/02/2009	Regina QC Kinsmen Ind
23.53	Rinholm, Graeme	85	RIV	20/03/2009	Stoon Kinsmen Indoor
23.56	Simair, Joshua	87	US	06/02/2009	Regina QC Kinsmen Ind
23.65	Baker, Justin	89	URC	06/12/2008	Regina Friendship Games
24.02	Sirota, Ariston	84	STFC	20/03/2009	Stoon Kinsmen Indoor
24.32	Baluk, Don	86	URC	06/12/2008	Regina Friendship Games
2008/2009 Indoor Rankings					
Senior Men					
200m Cont'd					
Time/Dist	Athlete		Club	Date	Meet
24.55	Bonneville, Gage	89	URC	06/12/2008	Regina Friendship Games
24.55	Ahmed, Uzair	86	URC	06/12/2008	Regina Friendship Games
25.17	Glazer, Drew	89	URC	06/12/2008	Regina Friendship Games

25.42	Jestadt, Ian	86	URC	06/12/2008	Regina Friendship Games
25.64	Harack, Benjamin	84	URC	06/12/2008	Regina Friendship Games
26.01	Lo, Eric	89	UNA	20/03/2009	Stoon Kinsmen Indoor
34.37	Mercer, Jason	87	SSO	08/01/2009	K of C Indoor Games
36.01	Kakakaway, Dean	89	SSO	08/01/2009	K of C Indoor Games
200m Wheelchair					
29.14	Shaw, Kyle	87	CRTC	08/01/2009	K of C Indoor Games
300m					
Native Indoor		33.50 Feb-09-85 Cyprian Enweani UofS			
Open Indoor		33.33 Dec-30-80 Cliff Wiley USA			
35.24	Hretsina, Landon	89	STFC	23/01/2009	Sled Dog
35.66	Simair, Joshua	87	US	31/01/2009	Cargill Open
35.79	Clark, Eric	84	URC	06/02/2009	Regina QC Kinsmen Ind
35.83	Donsberger, Kyle	89	US	31/01/2009	Cargill Open
36.62	Setyo, Shawn	89	US	31/01/2009	Cargill Open
37.07	Buhs, Curtis	85	STFC	23/01/2009	Sled Dog
37.27	Jensen, Kenneth	89	US	31/01/2009	Cargill Open
37.30	Leis, Ben	89	US	16/01/2009	Golden Bear
37.61	Schneider, Jason	87	US	31/01/2009	Cargill Open
37.78	McMaster, Iain	88	US	16/01/2009	Golden Bear
37.86	Andal, Kevin	88	US	16/01/2009	Golden Bear
37.87	Stewart, Deven	87	US	16/01/2009	Golden Bear
38.14	Peneff, Ryan	88	US	08/01/2009	K of C Indoor Games
38.43	Frattinger, David	88	RIV	23/01/2009	Sled Dog
38.48	Sirota, Ariston	84	US	08/01/2009	K of C Indoor Games
39.59	Trowell, Nathan	88	US	08/01/2009	K of C Indoor Games
40.13	Giesen, Daniel	89	US	08/01/2009	K of C Indoor Games
41.56	Caderma, Ashser	89	US	23/01/2009	Sled Dog
42.65	Crookedneck, Tyson	89	US	08/01/2009	K of C Indoor Games

60m Hurdles 1.07m					
Time/Dist	Athlete		Club	Date	Meet
Native Indoor 8.04 Feb-25-99 Omar Forrest RAT/01 Lindsay Tallon UofS					
Open Indoor 7.61 Feb-06-05 Anwar Moore USA					
8.34	Baker, Justin	89	URC	12/03/2009	CIS Championships
8.42	Nosbush, Jordan	89	US	12/03/2009	CIS Championships
8.63	Crossley, Chris	87	US	16/01/2009	Golden Bear
8.65	Sharp, Keegan	89	US	12/03/2009	CIS Championships
8.74	Kaminski, Kyle	89	US	31/01/2009	Cargill Open
8.79	Andersen, Leslie	84	URC	06/02/2009	Regina QC Kinsmen Ind
8.82	Neufeldt, Evan	87	US	12/03/2009	CIS Championships
8.83	Donsberger, Kyle	89	US	23/01/2009	Sled Dog
8.84	Baluk, Don	86	EXA	06/12/2008	Regina Friendship Games
8.93	Ahmed, Uzair	86	URC	31/01/2009	Cargill Open
9.24	Glazer, Drew	89	URC	31/01/2009	Cargill Open
9.24	Boyd, Nathan	87	US	06/02/2009	Regina QC Kinsmen Ind
9.57	Boyd, Nathan	87	US	23/01/2009	Sled Dog
High Jump					
Time/Dist	Athlete		Club	Date	Meet
Native Indoor 2.15m Feb-20-83 John Neufeld 87 RIV					
Open Indoor 2.30m Jan-11-98 Brian Brown USA					
1.95m	Neufeldt, Evan	87	US	12/03/2009	CIS Championships
1.95m	Crossley, Chris	87	US	12/03/2009	CIS Championships
1.90m	Miller, Ian	88	US	23/01/2009	Sled Dog
1.83m	Andersen, Leslie	84	URC	16/01/2009	Golden Bear
1.83m	Sharp, Keegan	89	US	12/03/2009	CIS Championships

1.75m	Kopchynski, Jason	88	US	08/01/2009	K of C Indoor Games
1.75m	Glazer, Drew	89	URC	31/01/2009	Cargill Open
Pole Vault					
Native Indoor 5.20m Mar-12-99 Ryan Hvidston RIV					
Open Indoor 5.86m Dec-28-85 Billy Olsen USA					
4.90m	Gauthier, Rene	81	RIV	20/03/2009	Stoon Kinsmen Indoor
4.90m	Petrucha, Taylor	87	RIV	20/03/2009	Stoon Kinsmen Indoor
4.46m	Petrucha, Dillon	85	RIV	06/02/2009	Regina QC Kinsmen Ind
2008/2009 Indoor Rankings					
Senior Men					
Pole Vault Cont'd					
Time/Dist	Athlete		Club	Date	Meet
4.06m	Selzer, Paul	89	US	06/02/2009	Regina QC Kinsmen Ind
4.06m	Agar-Newman, Dana	84	US	06/02/2009	Regina QC Kinsmen Ind
4.00m	Wright, Joel	89	URC	16/01/2009	Golden Bear
3.92m	Weiman, Kyle	89	US	23/01/2009	Sled Dog
3.32m	Frattinger, David	88	RIV	23/01/2009	Sled Dog
Long Jump					
Native Indoor 7.53m Mar-10-06 Wade Huber UofR/RAT					
Open Indoor 7.94m Mar-01-93 Ian James ON					
7.21m	Huber, Wade	85	EXA	31/01/2009	Cargill Open
6.90m	Crossley, Chris	87	US	16/01/2009	Golden Bear
6.68m	Sharp, Keegan	89	US	16/01/2009	Golden Bear
6.48m	Jestadt, Ian	86	URC	16/01/2009	Golden Bear
6.39m	Neufeldt, Evan	87	US	12/03/2009	CIS Championships
6.37m	Headley, Chris	89	US	08/01/2009	K of C Indoor Games

6.33m	Jensen, Kenneth	89	US	23/01/2009	Sled Dog
6.31m	Andersen, Leslie	84	URC	06/02/2009	Regina QC Kinsmen Ind
6.05m	Glazer, Drew	89	URC	16/01/2009	Golden Bear
6.03m	Gardiner, Mitchell	88	US	23/01/2009	Sled Dog
5.89m	Boyd, Nathan	87	US	06/02/2009	Regina QC Kinsmen Ind
4.89m	Harack, Benjamin	84	URC	06/02/2009	Regina QC Kinsmen Ind
4.00m	Selzer, Paul	89	US	16/01/2009	Golden Bear
3.14m	Kakakaway, Dean	89	SSO	08/01/2009	K of C Indoor Games
.62m	Mercer, Jason	87	SSO	08/01/2009	K of C Indoor Games

Triple Jump

Native Indoor	16.15m Feb-22-03 Shawn Peters RAT
Open Indoor	16.56m Jan-14-96 LaMark Carter USA

14.96m	Jestadt, Sean	81	URC	31/01/2009	Cargill Open
14.36m	Jestadt, Ian	86	URC	12/03/2009	CIS Championships
12.72m	Glazer, Drew	89	URC	08/01/2009	K of C Indoor Games

2008/2009 Indoor Rankings

Senior Men

Shot Put 7.26kg

Time/Dist	Athlete	Club	Date	Meet	
Native Indoor	19.25m Mar-24-72 Bruce Pirnie UofS				
Open Indoor	20.64m Dec-29-72 Al Feuerbach USA				
16.17m	Smith, Andrew	88	US	12/03/2009	CIS Championships
15.26m	Greif, Justin	88	TIS	9/4/2009	Tisdale Indoor Throws

13.98m	Pickering, Chris	89	EXA	04/04/2009	Regina Athletic Festival
13.19m	Kleefeld, Mark	79	URC	08/01/2009	K of C Indoor Games
11.82m	Tkatchuk, Marc	89	URC	31/01/2009	Cargill Open
12.98m	Crossley, Chris	87	US	16/01/2009	Golden Bear
12.31m	Leung, Steven	89	US	06/02/2009	Regina QC Kinsmen Ind
11.05m	Sharp, Keegan	89	US	06/02/2009	Regina QC Kinsmen Ind
10.08m	Glazer, Drew	89	URC	06/02/2009	Regina QC Kinsmen Ind
9.74m	Neufeldt, Evan	87	US	12/03/2009	CIS Championships
8.53m	Andersen, Leslie	84	URC	06/02/2009	Regina QC Kinsmen Ind
6.83m	Kakakaway, Dean	89	SSO	08/01/2009	K of C Indoor Games
5.52m	Mercer, Jason	87	SSO	08/01/2009	K of C Indoor Games
8.09m	Pastuch, David	88	URC	06/12/2008	Regina Friendship Games
Weight Throw 15.88kg (35lb)					
Native Indoor 18.70m Jan-27-95 Mark Lowe RIV					
Open Indoor 22.84m Feb-25-05 Jim Steacy UofL					
15.95m	Smith, Andrew	88	US	06/02/2009	Regina QC Kinsmen Ind
14.79m	Pickering, Chris	89	EXA	04/04/2009	Regina Athletic Festival
12.75m	Tkatchuk, Marc	89	URC	06/02/2009	Regina QC Kinsmen Ind
11.09m	Tkatchuk, Marc	89	URC	06/12/2008	Regina Friendship Games
9.74m	Pastuch, David	88	URC	06/02/2009	Regina QC Kinsmen Ind
9.47m	Leung, Steven	89	US	08/01/2009	K of C Indoor Games
9.28m	Pastuch, David	88	URC	06/12/2008	Regina Friendship Games
Indoor Pentathlon					
Native Indoor 3856 Mar-11-04 Darren Peters Uof R/RAT					
Open Indoor 3869 Jan-25-03 Clifford Caines MB-UofM					
3778	Crossley, Chris	87	US	16/01/2009	Golden Bear
8.63 60mH;6.90m LJ;12.98m SP;1.92m HJ;2:49.66 1000m					
3491	Sharp, Keegan	89	US	12/03/2009	CIS Championships
8.65 60mH;6.30m LJ;10.93m SP;1.83mHJ;2:44.94 1000m					

**2008/2009 Indoor Rankings
Senior Men**

Indoor Pentathlon Cont'd

Time/Dist	Athlete	Club	Date	Meet
3383	Neufeldt, Evan 8.82 60mH;6.39m LJ;9.74m SP;1.95m HJ;2:56.83 1000m	87 US	12/03/2009	CIS Championships
3240	Andersen, Leslie 8.80 60mH;6.31m LJ;8.53m SP;1.80m HJ;2:49.64 1000m	84 URC	06/02/2009	Regina QC Kinsmen Ind
2960	Glazer, Drew 9.44 60mH;6.01mLJ;10.08m SP;1.74m LJ;3:01.26 1000m	89 URC	06/02/2009	Regina QC Kinsmen Ind