





|                                  |                     |    |      |            |                          |
|----------------------------------|---------------------|----|------|------------|--------------------------|
| 27.17                            | Ritchie, Katrin     | 92 | RIV  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 27.24                            | Wylie, Amber        | 92 | RIV  | 06/02/2009 | Regina QC Kinsmen Ind    |
| 27.50                            | Bohachewski, Kelsey | 92 | BBT  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 27.61                            | Simon, Ashlynn      | 92 | QCS  | 06/12/2008 | Regina Friendship Games  |
| 27.66                            | Gee, Danielle       | 93 | RIV  | 07/03/2009 | AB Age Class             |
| 27.87                            | Sukkau, Megan       | 92 | RIV  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 27.89                            | White, Julia        | 92 | QCS  | 06/02/2009 | Regina QC Kinsmen Ind    |
| 27.92                            | Margetts, Merissa   | 91 | EXA  | 06/12/2008 | Regina Friendship Games  |
| 28.12                            | Spafford, Megan     | 93 | STFC | 05/03/2009 | Boeing Classic           |
| 28.20                            | Peterson, Hilary    | 93 | STFC | 20/03/2009 | Stoon Kinsmen Indoor     |
| 28.24                            | Chupa, Kylie        | 93 | YLTC | 05/03/2009 | Boeing Classic           |
| 28.24                            | Shewchuk, Nicole    | 91 | YLTC | 06/12/2008 | Regina Friendship Games  |
| 28.27                            | Wiens, Courtney     | 92 | RIV  | 07/03/2009 | AB Age Class             |
| 28.60                            | Davis, Jessica      | 93 | EXA  | 04/04/2009 | Regina Athletic Festival |
| 28.64                            | Johnson, Kirsten    | 93 | RIV  | 07/03/2009 | AB Age Class             |
| 28.76                            | Couture, Celine     | 93 | RIV  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 28.82                            | Lariviere, Jessica  | 93 | QCS  | 05/03/2009 | Boeing Classic           |
| 30.65                            | Goldsmith, Kayli    | 93 | KIN  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 31.21                            | Bokan, Selina       | 92 | EXA  | 06/12/2008 | Regina Friendship Games  |
| 31.28                            | Weigel, Lauren      | 92 | SSO  | 08/01/2009 | K of C Indoor Games      |
| 31.30                            | LeBlanc, Stefanie   | 93 | STFC | 06/02/2009 | Regina QC Kinsmen Ind    |
| 32.36                            | Thomas, Kree        | 93 | UNA  | 04/04/2009 | Regina Athletic Festival |
| 33.21                            | Kulbida, Jillian    | 92 | SSO  | 08/01/2009 | K of C Indoor Games      |
|                                  |                     |    |      |            |                          |
| <b>200m - Hand Performances</b>  |                     |    |      |            |                          |
|                                  |                     |    |      |            |                          |
| 25.4h                            | Mann, Jenna         | 92 | STFC | 05/03/2009 | Boeing Classic           |
|                                  |                     |    |      |            |                          |
|                                  |                     |    |      |            |                          |
| <b>2008/2009 Indoor Rankings</b> |                     |    |      |            |                          |
| <b>Juvenile Women</b>            |                     |    |      |            |                          |
|                                  |                     |    |      |            |                          |
| <b>300m</b>                      |                     |    |      |            |                          |
|                                  |                     |    |      |            |                          |

| <b>Time/Dist</b> | <b>Athlete</b>          |               | <b>Club</b>                           | <b>Date</b> | <b>Meet</b>           |
|------------------|-------------------------|---------------|---------------------------------------|-------------|-----------------------|
|                  |                         |               |                                       |             |                       |
|                  |                         | Native Indoor | 39.72 Feb-15-03 Jenni Hucul STFC      |             |                       |
|                  |                         | Open Indoor   | 39.01 Dec-30-80 Jillian Richardson AB |             |                       |
|                  |                         |               |                                       |             |                       |
| 42.60            | Mann, Jenna             | 92            | STFC                                  | 23/01/2009  | Sled Dog              |
| 42.91            | Simon, Ashlynn          | 92            | QCS                                   | 23/01/2009  | Sled Dog              |
| 44.12            | Flavel, Meghan          | 92            | STFC                                  | 08/01/2009  | K of C Indoor Games   |
| 44.15            | Rhode, Mercedes         | 92            | RIV                                   | 23/01/2009  | Sled Dog              |
| 45.06            | Ritchie, Katrin         | 92            | RIV                                   | 08/01/2009  | K of C Indoor Games   |
| 45.92            | Sukkau, Megan           | 92            | RIV                                   | 08/01/2009  | K of C Indoor Games   |
| 47.41            | Dmyterko, Kimberly      | 93            | RIV                                   | 08/01/2009  | K of C Indoor Games   |
| 51.63            | Loran, Noelle           | 92            | RIV                                   | 23/01/2009  | Sled Dog              |
|                  |                         |               |                                       |             |                       |
|                  |                         |               | <b>400m</b>                           |             |                       |
|                  |                         |               |                                       |             |                       |
|                  |                         | Native Indoor | 56.99 Mar-13-82 Lisa Kroll STFC       |             |                       |
|                  |                         | Open Indoor   | 55.69 Feb-28-82 Jillian Richardson AB |             |                       |
|                  |                         |               |                                       |             |                       |
| 57.43            | Young, Michelle         | 92            | STFC                                  | 05/03/2009  | Boeing Classic        |
| 59.06            | Mann, Jenna             | 92            | STFC                                  | 05/03/2009  | Boeing Classic        |
| 59.31            | Simon, Ashlynn          | 92            | QCS                                   | 05/03/2009  | Boeing Classic        |
| 1:00.48          | Flavel, Meghan          | 92            | STFC                                  | 20/03/2009  | Stoon Kinsmen Indoor  |
| 1:02.75          | Rhode, Mercedes         | 92            | RIV                                   | 20/03/2009  | Stoon Kinsmen Indoor  |
| 1:04.94          | Spafford, Megan         | 93            | STFC                                  | 05/03/2009  | Boeing Classic        |
| 1:06.48          | Blenner-Hassett, Olivia | 93            | YLTC                                  | 20/03/2009  | Stoon Kinsmen Indoor  |
|                  |                         |               |                                       |             |                       |
|                  |                         |               | <b>600m</b>                           |             |                       |
|                  |                         |               |                                       |             |                       |
|                  |                         | Native Indoor | 1:36.38 Jan-26-96 Deidre Emerson CTC  |             |                       |
|                  |                         | Open Indoor   | 1:35.46 Dec-28-85 Jill McDermid AB    |             |                       |
|                  |                         |               |                                       |             |                       |
| 1:38.01          | Flavel, Meghan          | 92            | STFC                                  | 23/01/2009  | Sled Dog              |
| 1:40.13          | Simon, Ashlynn          | 92            | QCS                                   | 06/02/2009  | Regina QC Kinsmen Ind |



|  |                         |    |             |             |                       |
|--|-------------------------|----|-------------|-------------|-----------------------|
| 2:52.23  | Darbyshire, Regan       | 92 | STFC        | 06/02/2009  | Regina QC Kinsmen Ind |
| 2:53.50  | Pillipow, Alexandra     | 92 | STFC        | 20/03/2009  | Stoon Kinsmen Indoor  |
| 2:56.40  | Regnier, Amanda         | 92 | STFC        | 20/03/2009  | Stoon Kinsmen Indoor  |
| <b>1000m</b>                                       |                         |    |             |             |                       |
| Native Indoor 2:58.89 Jan-27-95 Deidre Emerson ETC |                         |    |             |             |                       |
| Open Indoor 2:55.91 Apr-26-97 Tanya Wright AB      |                         |    |             |             |                       |
| 3:22.89  | Fedyk, Leia             | 93 | STFC        | 23/01/2009  | Sled Dog              |
| 3:23.81  | Blenner-Hassett, Olivia | 93 | YLTC        | 23/01/2009  | Sled Dog              |
| 3:30.62  | Manske, Naomi           | 93 | RIV         | 08/01/2009  | K of C Indoor Games   |
| 3:32.99  | Gibson, Kristi          | 93 | RIV         | 23/01/2009  | Sled Dog              |
| 3:45.68  | Darbyshire, Regan       | 92 | STFC        | 23/01/2009  | Sled Dog              |
| <b>2008/2009 Indoor Rankings</b>                   |                         |    |             |             |                       |
| <b>Juvenile Women</b>                              |                         |    |             |             |                       |
| <b>1500m</b>                                       |                         |    |             |             |                       |
| <b>Time/Dist</b>                                   | <b>Athlete</b>          |    | <b>Club</b> | <b>Date</b> | <b>Meet</b>           |
| Native Indoor 4:38.9h Feb-08-80 Jane Bolstad RWCK  |                         |    |             |             |                       |
| Open Indoor 4:31.3h Dec-29-71 Glenda Reiser ON     |                         |    |             |             |                       |
| 4:49.01  | Miller, Abby            | 92 | RIV         | 23/01/2009  | Sled Dog              |
| 4:57.38  | Westberg, Avery         | 93 | YLTC        | 20/03/2009  | Stoon Kinsmen Indoor  |
| 4:58.50  | Thiel, Danielle         | 92 | EXA         | 05/03/2009  | Boeing Classic        |











|  |                     |    |      |            |                          |
|--|---------------------|----|------|------------|--------------------------|
| 10.20m   | White, Julia        | 92 | QCS  | 06/02/2009 | Regina QC Kinsmen Ind    |
| 9.51m  | Wiens, Courtney     | 92 | RIV  | 20/03/2009 | Stoon Kinsmen Indoor     |
| 9.10m  | Harris, Carlie      | 92 | FLSH | 06/02/2009 | Regina QC Kinsmen Ind    |
| 9.00m  | Emard, Marieve      | 92 | RIV  | 20/03/2009 | Stoon Kinsmen Indoor     |
| <b>Shot Put 4kg</b>                                |                     |    |      |            |                          |
| Native Indoor 12.56m Mar-17-07 Taryn Suttie RIV    |                     |    |      |            |                          |
| Open Indoor 12.90m Dec-28-86 Suzanne Dangenault MB |                     |    |      |            |                          |
| 11.88m   | Rak, Breanna        | 91 | UNA  | 20/12/2008 | Santa Claus Throws       |
| 10.43m   | Rhode, Mercedes     | 92 | RIV  | 07/03/2009 | AB Age Class             |
| 9.82m  | Bohachewski, Kelsey | 92 | BBT  | 23/01/2009 | Sled Dog                 |
| 9.80m  | Daniels, Shelbe     | 93 | STFC | 23/01/2009 | Sled Dog                 |
| 9.64m  | Chatfield, Patty    | 92 | TIS  | 9/4/2009   | Tisdale Indoor Throws    |
| 9.47m  | White, Julia        | 92 | QCS  | 05/03/2009 | Boeing Classic           |
| 8.71m  | Cote, Rachel        | 92 | MLTC | 20/03/2009 | Stoon Kinsmen Indoor     |
| 8.14m  | Lamoureux, Callie   | 92 | TIS  | 9/4/2009   | Tisdale Indoor Throws    |
| 7.76m  | Couture, Celine     | 93 | RIV  | 07/03/2009 | AB Age Class             |
| 7.70m  | Naytowhow, Rosie    | 93 | MLTC | 04/04/2009 | Regina Athletic Festival |
| 7.42m  | Sharp, Kienna       | 93 | YLTC | 05/03/2009 | Boeing Classic           |
| 7.20m  | Clarke, Taylor      | 93 | BBT  | 23/01/2009 | Sled Dog                 |
| 3.69m  | Kulbida, Jillian    | 92 | SSO  | 08/01/2009 | K of C Indoor Games      |
| 2.54m  | Littman, Katrina    | 92 | SASO | 08/01/2009 | K of C Indoor Games      |
| <b>Weight Throw 9.08kg</b>                         |                     |    |      |            |                          |
| Native Indoor 13.82m Dec-02-06 Chelsey Revoy TIS   |                     |    |      |            |                          |
| Open Indoor 13.82m Dec-02-06 Chelsey Revoy TIS     |                     |    |      |            |                          |
| 10.80m   | Rak, Breanna        | 91 | UNA  | 20/12/2008 | Santa Claus Throws       |