

08 Outdoor Rankings**Master Men****50 Metres**

Time/Dist		Athlete			Date	Meet
7.37	0.0	Berquist, Brian	53	RIV	6/10/2008	Huntsman
7.92	1.2	Rowan, Ted	33	CTC	6/10/2008	Huntsman
8.55	0.0	Delhomeau, Roland	45	CTC	6/10/2008	Huntsman

100 Metres

Time/Dist		Athlete			Date	Meet
12.74	0.8	D'Eon, Marcel	53	RIV	28/06/2008	Sk Jr Prov Champ&Trials
13.16	0.7	Berquist, Brian	53	RIV	01/08/2008	08 Cdn Masters
13.52	-0.3	Gerwing, Jim	59	UNA	01/08/2008	08 Cdn Masters
14.68	-0.3	Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
14.69	0.8	Rowan, Ted	33	CTC	28/06/2008	Sk Jr Prov Champ&Trials
14.94	0.7	Warick, Randy	49	CTC	01/08/2008	08 Cdn Masters
15.27	0.2	Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
15.54	0.2	Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
21.62	0.9	Coates, Max	23	CTC	01/08/2008	08 Cdn Masters
22.17	0.9	Dziadyk, Andrew	31	UNA	01/08/2008	08 Cdn Masters

100 Metre Wheelchair

19.40	-1.0	Schiissler, Dale	51	CRTC	11/05/2008	Dogwood Meet
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200 Metre

25.74	-1.9	Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
25.88	0.8	Headley, John	56	RIV	01/08/2008	08 Cdn Masters
26.40	-2.2	D'Eon, Marcel	53	RIV	28/06/2008	Sk Jr Prov Champ&Trials
26.79	0.2	Berquist, Brian	53	RIV	19/07/2008	Sk Ath Prov
26.87	0.8	Baiton, Darrell	58	EXA	01/08/2008	08 Cdn Masters
27.83	0.4	Gerwing, Jim	59	UNA	01/08/2008	08 Cdn Masters
28.44	-2.2	Hill, Perry	58	EXA	28/06/2008	Sk Jr Prov Champ&Trials
29.66	-0.6	Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters

31.51	0.2	Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
32.14	-0.6	Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
32.32	-1.6	van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
33.05	0.2	Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
33.09	-1.6	Rowan, Ted	33	CTC	01/08/2008	08 Cdn Masters
48.28	1.3	Coates, Max	23	CTC	01/08/2008	08 Cdn Masters
Wind/No Wind						
34.50	NWI	Delhomeau, Roland	45	CTC	03/05/2008	Spring Classic
200 Metre Wheelchair						
33.31	-1.1	Schiessler, Dale	51	CRTC	11/05/2008	Dogwood Meet
400 Metres						
57.96		D'Eon, Marcel	53	RIV	01/08/2008	08 Cdn Masters
58.12		Headley, John	56	RIV	01/08/2008	08 Cdn Masters
58.34		Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
1:00.61		Gerwing, Jim	59	UNA	01/08/2008	08 Cdn Masters
1:07.33		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
1:11.21		Warick, Randy	49	CTC	01/08/2008	08 Cdn Masters
1:16.36		Van Eaton, Grant	60	EXA	03/05/2008	Spring Classic
1:17.87		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
1:24.82		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
08 Outdoor Rankings						
Master Men						
400 Metres Cont'd						
Time/Dist		Athlete			Date	Meet
2:15.77		Coates, Max	23	CTC	01/08/2008	08 Cdn Masters
400 Metre Wheelchair						
1:05.47		Schiessler, Dale	51	CRTC	11/05/2008	Dogwood Meet
1:11.20		Gerein, Clayton	64	CRTC	04/05/2008	Big East
800 Metres						

2:28.01		Gerwing, Jim	59	UNA	01/08/2008	08 Cdn Masters
2:35.61		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
2:42.50		Van Eaton, Grant	60	EXA	19/07/2008	Sk Ath Prov
3:09.13		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
3:36.68		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
5:14.73		Coates, Max	23	CTC	03/05/2008	Spring Classic
800 Metre Wheelchair						
2:09.75		Schiessler, Dale	51	CRTC	11/05/2008	Dogwood Meet
2:26.21		Gerein, Clayton	64	CRTC	04/05/2008	Big East
1500 Metres						
5:22.43		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
5:36.80		Olsen, David	55	UNA	03/05/2008	Spring Classic
6:03.20		Van Eaton, Grant	60	EXA	03/05/2008	Spring Classic
6:10.03		Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
6:24.18		Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
7:23.35		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
8:11.37		Rowan, Ted	33	CTC	01/08/2008	08 Cdn Masters
5000 Metres						
16:40.82		Jaleta, Ted	47	UNA	01/08/2008	08 Cdn Masters
19:47.30		Olsen, David	55	UNA	01/08/2008	08 Cdn Masters
22:20.21		Warick, Randy	49	CTC	01/08/2008	08 Cdn Masters
10000 Metres						
43:58.67		Olsen, David	55	UNA	01/08/2008	08 Cdn Masters
Marathon						
2:06:32.2		Gerein, Clayton	64	CRTC	24/05/2008	Marathon Schenkon
80 Metre Hurdles						
18.67	0.4	van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters

08 Outdoor Rankings**Master Men****100 Metre Hurdles****Time/Dist****Athlete****Date****Meet**

22.75	-1.7	Renwick, Doug	42	CTC	14/06/2008	Sr Trials, C/E, Mid/Juv Trial
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300 Metre Hurdles

59.20		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
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59.61		Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
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400 Metre Hurdles

1:16.14		Berquist, Brian	53	RIV	01/08/2008	08 Cdn Masters
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2000 Metre Stepple Chase

8:57.88		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
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11:24.35		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
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High Jump

1.36m		Delhomeau, Roland	45	CTC	6/10/2008	Huntsman
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1.31m		Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
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1.22m		Renwick, Doug	42	CTC	14/06/2008	Sr Trials, C/E, Mid/Juv Trial
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1.16m		Rowan, Ted	33	CTC	6/10/2008	Huntsman
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1.10m		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
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Pole Vault

3.40m		Kowalski, Kent	70	RIV	19/07/2008	Sk Ath Prov
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2.20m		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
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Long Jump

5.58m	1.0	Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
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4.24m	0.0	Rowan, Ted	33	CTC	6/10/2008	Huntsman
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4.14m	1.8	Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
4.11m	0.5	Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
4.04m	1.0	Berquist, Brian	53	RIV	01/08/2008	08 Cdn Masters
3.97m	1.6	Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
3.25m	1.7	van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
2.76m	2.2	Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
Triple Jump						
8.68m	0.0	Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
8.41m	0.0	Delhomeau, Roland	45	CTC	8/10/2008	Huntsman
7.98m	1.6	Rowan, Ted	33	CTC	28/06/2008	Sk Jr Prov Champ&Trials
7.88m	0.0	Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
Shot Put						
10.29m		Berquist, Brian	53	RIV	19/07/2008	Sk Ath Prov
9.39m		Edwards, Bob	40	UNA	16/05/2008	Chinook Throws
08 Outdoor Rankings						
Master Men						
Shot Put						
Time/Dist		Athlete			Date	Meet
8.50m		Rowan, Ted	33	CTC	10/05/2008	Zone 8 Throws
7.50m		Delhomeau, Roland	45	CTC	10/05/2008	Zone 8 Throws
7.30m		Dziadyk, Andrew	31	UNA	01/08/2008	08 Cdn Masters
7.14m		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
7.08m		Renwick, Doug	42	CTC	14/06/2008	Sr Trials, C/E, Mid/Juv Trial
Discus						
33.53m		Berquist, Brian	53	RIV	7/10/2008	Huntsman
32.80m		Mountjoy, Terry	48	EXA	10/05/2008	Zone 8 Throws
30.38m		Edwards, Bob	40	UNA	10/05/2008	Zone 8 Throws
30.06m		Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
28.17m		Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
27.31m		Rowan, Ted	33	CTC	28/06/2008	Sk Jr Prov Champ&Trials
21.60m		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
20.74m		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters

20.01m		Koza, Joseph	35	UNA	01/08/2008	08 Cdn Masters
19.54m		Dziadyk, Andrew	31	UNA	01/08/2008	08 Cdn Masters
16.59m		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
Hammer						
33.94m		Edwards, Bob	40	UNA	10/05/2008	Zone 8 Throws
29.23m		Mountjoy, Terry	48	EXA	10/05/2008	Zone 8 Throws
22.80m		Berquist, Brian	53	RIV	10/05/2008	Zone 8 Throws
21.46m		Rowan, Ted	33	CTC	10/05/2008	Zone 8 Throws
20.26m		Delhomeau, Roland	45	CTC	10/05/2008	Zone 8 Throws
Javelin						
42.13m		Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
37.68m		Berquist, Brian	53	RIV	6/10/2008	Huntsman
30.17m		Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
30.00m		Rowan, Ted	33	CTC	28/06/2008	Sk Jr Prov Champ&Trials
27.46m		Gerwing, Jim	59	UNA	01/08/2008	08 Cdn Masters
24.80m		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
24.18m		Edwards, Bob	40	UNA	10/05/2008	Zone 8 Throws
20.11m		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
12.88m		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
Decathlon						
2192		Renwick, Doug	42	CTC	14/06/2008	Sr Trials, C/E, Mid/Juv Trial
14.84 (NWI) 100m;4.04m (4.1) LJ;7.08m SP;1.22m HJ;1:09.35 400m;						
22.75 (-1.7) 100mH;23.38m JT;2.20m PV;21.53m DT;5:40.11 1500m						
Outdoor Pentathlon						
3340		Rowan, Ted	33	CTC	01/08/2008	08 Cdn Masters
33.09 (-1.6) 200m;3.73m (3.9) LJ;26.34m DT;26.19m JT;8:11.37 1500m						
3250		Renwick, Doug	42	CTC	01/08/2008	08 Cdn Masters
29.66 (-0.6) 200m;4.14m (1.8) LJ;21.60m DT;24.75m JT;5:22.43 1500m						
08 Outdoor Rankings						
Master Men						
Outdoor Pentathlon						
Time/Dist		Athlete			Date	Meet

2962		Johnson, Winchester	61	KIN	01/08/2008	08 Cdn Masters
25.74 (-1.9) 200m;5.58m (1.0) LJ;28.17m DT;42.13m JT;6:10.03 1500m						
2634		Delhomeau, Roland	45	CTC	01/08/2008	08 Cdn Masters
32.14 (-0.6) 200m;3.97m (1.6) LJ;28.80m DT;30.17m JT;6:24.18 1500m						
2134		van der Wal, Hylke	38	AIA	01/08/2008	08 Cdn Masters
32.32 (-1.6) 200m;3.25m (1.7) LJ;16.59m DT;12.88m JT;7:23.35 1500m						
1734		Epp, Ken	36	CTC	01/08/2008	08 Cdn Masters
31.66 (-1.6) 200m;2.76m (2.2) LJ;19.14m DT;16.71m JT;DNF 1500m						
1614		Berquist, Brian	53	RIV	01/08/2008	08 Cdn Masters
DNF 200m;4.04m (1.0) LJ;33.09m DT;34.09m JT;DNF 1500m						
Weight Pentathlon						
2838		Edwards, Bob	40	UNA	01/08/2008	08 Cdn Masters
27.25m DT;26.28m HT;11.15m WT;23.72 JT;8.57m SP						