

## 2019 WOMEN'S INDOOR RECORDS

### 1200 – U14 Women

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 3:51.90 | Molly Lakustiak (04) RMSC | Regina | 02/12/17 |
| Old: | 3:51.90 | Molly Lakustiak (04) RMSC | Regina | 02/12/17 |

### \*60m Hurdles 30" – U16 Women

|      |      |                               |           |          |
|------|------|-------------------------------|-----------|----------|
| New: | 8.78 | Savannah Sutherland (03) STFC | Saskatoon | 01/12/18 |
| Old: | 8.88 | Jenni Hucul (88) STFC         | Saskatoon | 25/01/03 |

### 2000m – U16 Women

|      |         |                         |           |          |
|------|---------|-------------------------|-----------|----------|
| New: | 6:47.69 | Alexis Lewans (04) RIVA | Saskatoon | 16/03/18 |
| Old: | 6:47.69 | Alexis Lewans (04) RIVA | Saskatoon | 16/03/18 |

### \*Shot Put 3kg – U16 Women

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 12.52m | Melissa Crowdis (03) YLTC | Regina    | 08/12/18 |
| Old: | 11.97m | Melissa Crowdis (03) YLTC | Saskatoon | 16/03/18 |

### 4x200m – U16 Women

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:47.51 | Saskatoon Track & Field Club<br>(Savannah Sutherland 03, Rachel Albertson 03, Olamide Olaloku 03, Teagan Jasieniuk 03) | Saskatoon | 12/01/18 |
| Old: | 1:47.51 | Saskatoon Track & Field Club<br>(Savannah Sutherland 03, Rachel Albertson 03, Olamide Olaloku 03, Teagan Jasieniuk 03) | Saskatoon | 12/01/18 |

### Sprint Medley (200m, 100m, 100m 400m) – U16 Women

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:52.50 | Saskatoon Track & Field Club<br>(Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03) | Saskatoon | 17/03/18 |
| Old: | 1:52.50 | Saskatoon Track & Field Club<br>(Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03) | Saskatoon | 17/03/18 |

### Pentathlon – U16 Women

|      |   |                            |          |          |
|------|---|----------------------------|----------|----------|
| New: | 2644pts<br>(60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27) | Rachel Albertson (03) STFC | Edmonton | 18/02/18 |
| Old: | 2644pts<br>(60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27) | Rachel Albertson (03) STFC | Edmonton | 18/02/18 |

## 2019 WOMEN'S INDOOR RECORDS

### \*Shot Put 3kg – U18 Women

|      |        |                              |           |          |
|------|--------|------------------------------|-----------|----------|
| New: | 13.35m | Nicole Kramchynsky (01) STFC | Saskatoon | 15/12/18 |
| New: | 13.32m | Nicole Kramchynsky (01) STFC | Regina    | 08/12/18 |
| Old: | 12.51m | Nicole Kramchynsky (01) STFC | Saskatoon | 16/03/18 |

### 1000m – Senior Women

|      |         |                           |          |          |
|------|---------|---------------------------|----------|----------|
| New: | 2:43.73 | Julianne Labach (96) UofS | Winnipeg | 23/02/18 |
| Old: | 2:43.73 | Julianne Labach (96) UofS | Winnipeg | 23/02/18 |

### 1500m – Senior Women

|      |         |                           |          |          |
|------|---------|---------------------------|----------|----------|
| New: | 4:23.17 | Julianne Labach (96) UofS | Winnipeg | 24/02/18 |
| Old: | 4:23.17 | Julianne Labach (96) UofS | Winnipeg | 24/02/18 |

## 2019 OPEN WOMEN'S INDOOR RECORDS

### 1200 – U14 Women

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 3:51.90 | Molly Lakustiak (04) RMSC | Regina | 02/12/17 |
| Old: | 3:51.90 | Molly Lakustiak (04) RMSC | Regina | 02/12/17 |

### 2000m – U16 Women

|      |         |                         |           |          |
|------|---------|-------------------------|-----------|----------|
| New: | 6:47.69 | Alexis Lewans (04) RIVA | Saskatoon | 16/03/18 |
| Old: | 6:47.69 | Alexis Lewans (04) RIVA | Saskatoon | 16/03/18 |

### \*60m Hurdles 30" – U16 Women

|      |      |                               |           |          |
|------|------|-------------------------------|-----------|----------|
| New: | 8.78 | Savannah Sutherland (03) STFC | Saskatoon | 01/12/18 |
| Old: | 8.88 | Jenni Hucul (88) STFC         | Saskatoon | 25/01/03 |

### \*Shot Put 3kg – U16 Women

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 12.52m | Melissa Crowdis (03) YLTC | Regina    | 08/12/18 |
| Old: | 11.97m | Melissa Crowdis (03) YLTC | Saskatoon | 16/03/18 |

### Sprint Medley (200m, 100m, 100m 400m) – U16 Women

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:52.50 | Saskatoon Track & Field Club   | Saskatoon | 17/03/18 |
|      |         | (Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03) |           |          |
| Old: | 1:52.50 | Saskatoon Track & Field Club   | Saskatoon | 17/03/18 |
|      |         | (Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03) |           |          |

### Pentathlon – U16 Women

|      |         |  |          |          |
|------|---------|--|----------|----------|
| New: | 2644pts | Rachel Albertson (03) STFC                                   | Edmonton | 18/02/18 |
|      |         | (60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27) |          |          |
| Old: | 2644pts | Rachel Albertson (03) STFC                                   | Edmonton | 18/02/18 |
|      |         | (60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27) |          |          |

### \*Shot Put 3kg – U18 Women

|      |        |                              |           |          |
|------|--------|------------------------------|-----------|----------|
| New: | 13.35m | Nicole Kramchynsky (01) STFC | Saskatoon | 15/12/18 |
| New: | 13.32m | Nicole Kramchynsky (01) STFC | Regina    | 08/12/18 |
| Old: | 12.51m | Nicole Kramchynsky (01) STFC | Saskatoon | 16/03/18 |

## 2019 MASTER WOMEN'S INDOOR RECORDS

### 600m - W35

|      |         |                              |           |          |
|------|---------|------------------------------|-----------|----------|
| New: | 1:45.03 | Olivia Chadwick (81) 36 UofS | Saskatoon | 27/01/18 |
| Old: | 1:45.03 | Olivia Chadwick (81) 36 UofS | Saskatoon | 27/01/18 |

### 1000m - W35

|      |         |                              |           |          |
|------|---------|------------------------------|-----------|----------|
| New: | 3:09.07 | Olivia Chadwick (81) 36 UofS | Saskatoon | 26/01/18 |
| Old: | 3:09.07 | Olivia Chadwick (81) 36 UofS | Saskatoon | 26/01/18 |

### 60m - W45

|      |      |                              |          |          |
|------|------|------------------------------|----------|----------|
| New: | 8.57 | Amanda Stalwick (72) 45 DATC | Edmonton | 03/03/18 |
| Old: | 8.57 | Amanda Stalwick (72) 45 DATC | Edmonton | 03/03/18 |

### 200m - W45

|      |       |                              |           |          |
|------|-------|------------------------------|-----------|----------|
| New: | 28.51 | Amanda Stalwick (72) 45 DATC | Saskatoon | 16/03/18 |
| Old: | 28.51 | Amanda Stalwick (72) 45 DATC | Saskatoon | 16/03/18 |

### \*600m - W45

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 1:57.84 | Andrea Kozan (72) 46 EXCL | Regina | 08/12/18 |
| Old: | 2:09.52 | Brenda Hudey (67) 48 EXCL | Regina | 12/02/16 |

### High Jump - W45

|      |       |                            |          |          |
|------|-------|----------------------------|----------|----------|
| New: | 1.31m | Sandi Arnason (73) 45 RIVA | Edmonton | 04/03/18 |
| Old: | 1.31m | Sandi Arnason (73) 45 RIVA | Edmonton | 04/03/18 |

### \*60m - W50

|      |      |                           |           |          |
|------|------|---------------------------|-----------|----------|
| New: | 8.69 | Kelly Silcox (66) 52 EXCL | Saskatoon | 01/12/18 |
| Old: | 8.73 | Kelly Silcox (66) 51 EXCL | Saskatoon | 27/01/18 |

### 200m - W50

|      |                       |                           |         |          |
|------|-----------------------|---------------------------|---------|----------|
| New: | 28.94 <b>ChampRec</b> | Kelly Silcox (66) 51 EXCL | Toronto | 11/03/18 |
| Old: | 28.94 <b>ChampRec</b> | Kelly Silcox (66) 51 EXCL | Toronto | 11/03/18 |

### Weight Throw (16lbs) - W50

|      |        |                                     |           |          |
|------|--------|-------------------------------------|-----------|----------|
| New: | 12.17m | Michelle Van DeMeutter (66) 51 NBLT | Saskatoon | 17/03/18 |
| Old: | 12.17m | Michelle Van DeMeutter (66) 51 NBLT | Saskatoon | 17/03/18 |

## 2019 MASTER WOMEN'S INDOOR RECORDS

### \*High Jump – W60

|      |       |                             |        |          |
|------|-------|-----------------------------|--------|----------|
| New: | 1.15m | Jo-Ann Kennedy (58) 60 YLTC | Regina | 08/12/18 |
| Old: | 1.15m | Judy Warick (42) 60 SCTM    | Regina | 04/04/09 |

### 50m - W75

|      |                         |                                   |         |          |
|------|-------------------------|-----------------------------------|---------|----------|
| New: | 8.08 <b>CRChamp Rec</b> | Carol Lafayette-Boyd (42) 75 EXCL | Toronto | 10/03/18 |
| Old: | 8.08 <b>CRChamp Rec</b> | Carol Lafayette-Boyd (42) 75 EXCL | Toronto | 10/03/18 |

### 60m - W75

|      |                   |                                   |        |          |
|------|-------------------|-----------------------------------|--------|----------|
| New: | 9.40 <b>WR CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Regina | 10/02/18 |
| Old: | 9.40 <b>WR CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Regina | 10/02/18 |

### 200m - W75

|      |                 |                                   |          |          |
|------|-----------------|-----------------------------------|----------|----------|
| New: | 33.45 <b>CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 21/01/18 |
| Old: | 33.45 <b>CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 21/01/18 |

### High Jump - W75

|      |                         |                                   |         |          |
|------|-------------------------|-----------------------------------|---------|----------|
| New: | 1.19m <b>CRChampRec</b> | Carol Lafayette-Boyd (42) 75 EXCL | Toronto | 11/03/18 |
| Old: | 1.19m <b>CRChampRec</b> | Carol Lafayette-Boyd (42) 75 EXCL | Toronto | 11/03/18 |

### Long Jump - W75

|      |                   |                                   |          |          |
|------|-------------------|-----------------------------------|----------|----------|
| New: | 3.97m <b>CRWR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 20/01/18 |
| Old: | 3.97m <b>CRWR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 20/01/18 |

### Triple Jump - W75

|      |                   |                                   |          |          |
|------|-------------------|-----------------------------------|----------|----------|
| New: | 8.46m <b>CRWR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 20/01/18 |
| Old: | 8.46m <b>CRWR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Edmonton | 20/01/18 |

### Weight Throw (4kg) - W80

|      |                    |                        |           |          |
|------|--------------------|------------------------|-----------|----------|
| New: | 11.28m <b>CRWR</b> | Marg Tosh (37) 80 SCTM | Saskatoon | 27/01/18 |
| Old: | 11.28m <b>CRWR</b> | Marg Tosh (37) 80 SCTM | Saskatoon | 27/01/18 |

### Shot Put (2kg) - W80

|      |                 |                        |        |          |
|------|-----------------|------------------------|--------|----------|
| New: | 9.50m <b>CR</b> | Marg Tosh (37) 80 SCTM | Regina | 10/02/18 |
| Old: | 9.50m <b>CR</b> | Marg Tosh (37) 80 SCTM | Regina | 10/02/18 |

## 2019 MEN'S INDOOR RECORDS

### 50m – U14 Men

|      |      |                             |           |          |
|------|------|-----------------------------|-----------|----------|
| New: | 6.52 | Williams Ogunnubi (05) RIVA | Saskatoon | 17/03/18 |
| Old: | 6.52 | Williams Ogunnubi (05) RIVA | Saskatoon | 17/03/18 |

### 150m – U14 Men

|      |       |                             |          |          |
|------|-------|-----------------------------|----------|----------|
| New: | 18.39 | Williams Ogunnubi (05) RIVA | Edmonton | 03/03/18 |
| Old: | 18.39 | Williams Ogunnubi (05) RIVA | Edmonton | 03/03/18 |

### \*60m Hurdles (.76m) – U14 Men

|      |      |                         |           |          |
|------|------|-------------------------|-----------|----------|
| New: | 9.59 | Josh Tam (05) PRAT      | Saskatoon | 01/12/18 |
| Old: | 9.80 | Nicholas Keenan 97 RIVA | Saskatoon | 20/03/10 |

### \*60m Hurdles (.84m) – U16 Men

|      |      |                         |           |          |
|------|------|-------------------------|-----------|----------|
| New: | 8.70 | Tiago Dimande (04) STFC | Saskatoon | 01/12/18 |
| Old: | 9.02 | Payne Wylie 00 RIVA     | Regina    | 13/02/15 |

### \*60m – U18 Men

|      |      |                         |           |          |
|------|------|-------------------------|-----------|----------|
| New: | 6.97 | Dami Ogunbiyi (01) EXCL | Regina    | 08/12/18 |
| New: | 7.03 | Allan Fong (67) RIV/US  | Saskatoon | 28/12/84 |

### Sprint Medley (200m, 100m, 100m 400m) – U18 Men

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:39.67 | Riversdale Track & Field Club<br>(Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01) | Saskatoon | 17/03/18 |
| Old: | 1:39.67 | Riversdale Track & Field Club<br>(Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01) | Saskatoon | 17/03/18 |

### 4x800m – U18 Men

|      |         |  |          |          |
|------|---------|--|----------|----------|
| New: | 8:20.61 | Riversdale Athletic Club<br>(Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01) | Winnipeg | 02/02/18 |
| Old: | 8:20.61 | Riversdale Athletic Club<br>(Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01) | Winnipeg | 02/02/18 |

### \*60m Hurdles (42") – U20 Men

|      |      |                           |               |          |
|------|------|---------------------------|---------------|----------|
| New: | 8.13 | Payne Wylie (00) RIVA/UNA | Allendale, MI | 07/12/18 |
| Old: | 8.27 | Drew Walker (74) US/NBL   | Edmonton      | 27/02/93 |

## 2019 MEN'S INDOOR RECORDS

### Heptathlon – U20 Men

New: 4577pts Landon Gill (99) US Edmonton 19-20/01/18  
(60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45)

Old: 4577pts Landon Gill (99) US Edmonton 19-20/01/18  
(60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45)

### 60m Hurdles (1.06m) – Senior Men

New: 7.90 Kayden Johnson (96) UNSK Windsor 09/03/18  
Old: 7.90 Kayden Johnson (96) UNSK Windsor 09/03/18

## 2019 OPEN MEN'S INDOOR RECORDS

### 50m – U14 Men

|      |      |                             |           |          |
|------|------|-----------------------------|-----------|----------|
| New: | 6.52 | Williams Ogunnubi (05) RIVA | Saskatoon | 17/03/18 |
| Old: | 6.52 | Williams Ogunnubi (05) RIVA | Saskatoon | 17/03/18 |

### 150m – U14 Men

|      |       |                             |           |          |
|------|-------|-----------------------------|-----------|----------|
| New: | 18.45 | Williams Ogunnubi (05) RIVA | Saskatoon | 13/01/17 |
| Old: | 18.45 | Williams Ogunnubi (05) RIVA | Saskatoon | 13/01/17 |

### \*60m Hurdles (.76m) – U14 Men

|      |      |                         |           |          |
|------|------|-------------------------|-----------|----------|
| New: | 9.59 | Josh Tam (05) PRAT      | Saskatoon | 01/12/18 |
| Old: | 9.80 | Nicholas Keenan 97 RIVA | Saskatoon | 20/03/10 |

### \*60m Hurdles (.84m) – U16 Men

|      |      |                         |           |          |
|------|------|-------------------------|-----------|----------|
| New: | 8.70 | Tiago Dimande (04) STFC | Saskatoon | 01/12/18 |
| Old: | 9.02 | Payne Wylie 00 RIVA     | Regina    | 13/02/15 |

### Sprint Medley (200m, 100m, 100m 400m) – U18 Men

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:39.67 | Riversdale Track & Field Club<br>(Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01) | Saskatoon | 17/03/18 |
| Old: | 1:39.67 | Riversdale Track & Field Club<br>(Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01) | Saskatoon | 17/03/18 |

### 4x800m – U18 Men

|      |         |  |          |          |
|------|---------|--|----------|----------|
| New: | 8:20.61 | Riversdale Athletic Club<br>(Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01) | Winnipeg | 02/02/18 |
| Old: | 8:20.61 | Riversdale Athletic Club<br>(Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01) | Winnipeg | 02/02/18 |

### \*60m Hurdles (42") – U20 Men

|      |      |                            |               |          |
|------|------|----------------------------|---------------|----------|
| New: | 8.13 | Payne Wylie (00) RIVA/UNA  | Allendale, MI | 07/12/18 |
| Old: | 8.26 | Dave Wilkinson (65) BC/UBC | Saskatoon     | 03/03/84 |

### Heptathlon – U20 Men

|      |         |  |          |             |
|------|---------|--|----------|-------------|
| New: | 4577pts | Landon Gill (99) US  | Edmonton | 19-20/01/18 |
|      |         | (60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45) |          |             |
| Old: | 4577pts | Landon Gill (99) US  | Edmonton | 19-20/01/18 |
|      |         | (60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45) |          |             |



## 2019 MASTER MEN'S INDOOR RECORDS

### \*60m - M30

|      |      |                            |           |          |
|------|------|----------------------------|-----------|----------|
| New: | 7.16 | Deven Stewart (87) 31 STFC | Saskatoon | 01/12/18 |
| Old: | 7.18 | Mike Taylor (81) 34 PAAC   | Saskatoon | 16/01/16 |

### \*600m - M30

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 1:27.06 | Russell Neff (85) 33 EXCL | Regina | 08/12/18 |
|------|---------|---------------------------|--------|----------|

### 1500m - M30

|      |         |                           |          |          |
|------|---------|---------------------------|----------|----------|
| New: | 4:09.10 | Russell Neff (85) 32 EXCL | Winnipeg | 03/03/18 |
| Old: | 4:09.10 | Russell Neff (85) 32 EXCL | Winnipeg | 03/03/18 |

### 50m - M35

|      |      |                          |           |          |
|------|------|--------------------------|-----------|----------|
| New: | 6.36 | Mike Taylor (81) 36 PAAC | Saskatoon | 17/03/18 |
| Old: | 6.36 | Mike Taylor (81) 36 PAAC | Saskatoon | 17/03/18 |

### 60m - M40

|      |      |                           |           |          |
|------|------|---------------------------|-----------|----------|
| New: | 7.56 | Tim Sebulsky (77) 40 UNSK | Saskatoon | 13/01/18 |
| Old: | 7.56 | Tim Sebulsky (77) 40 UNSK | Saskatoon | 13/01/18 |

### 200m - M40

|      |       |                           |         |          |
|------|-------|---------------------------|---------|----------|
| New: | 24.97 | Chad Kichula (76) 41 EXCL | Toronto | 11/03/18 |
| Old: | 24.97 | Chad Kichula (76) 41 EXCL | Toronto | 11/03/18 |

### 300m - M40

|      |       |                           |           |          |
|------|-------|---------------------------|-----------|----------|
| New: | 39.90 | Chad Kichula (76) 41 EXCL | Saskatoon | 12/01/18 |
| Old: | 39.90 | Chad Kichula (76) 41 EXCL | Saskatoon | 12/01/18 |

### Shot Put 16lbs - M40

|      |        |                            |        |          |
|------|--------|----------------------------|--------|----------|
| New: | 12.43m | Darren Peters (77) 40 EXCL | Regina | 09/02/18 |
| Old: | 12.43m | Darren Peters (77) 40 EXCL | Regina | 09/02/18 |

### 400m - M50

|      |       |                          |           |          |
|------|-------|--------------------------|-----------|----------|
| New: | 59.57 | Colin Ellis (67) 50 EXCL | Saskatoon | 17/03/18 |
| Old: | 59.57 | Colin Ellis (67) 50 EXCL | Saskatoon | 17/03/18 |

## 2019 MASTER MEN'S INDOOR RECORDS

### 1000m - M50

|      |         |                          |           |          |
|------|---------|--------------------------|-----------|----------|
| New: | 3:14.34 | Harvey Weber (65) 52 TIS | Saskatoon | 12/01/18 |
| Old: | 3:14.34 | Harvey Weber (65) 52 TIS | Saskatoon | 12/01/18 |

### 60m Hurdles - M55

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 11.22 | Dale Lawrence (58) 59 UNSK | Regina | 02/12/17 |
| Old: | 11.22 | Dale Lawrence (58) 59 UNSK | Regina | 02/12/17 |

### Triple Jump - M55

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 9.65m | Dale Lawrence (58) 59 UNSK | Regina | 02/12/17 |
| Old: | 9.65m | Dale Lawrence (58) 59 UNSK | Regina | 02/12/17 |

### 60m Hurdles - M60

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 11.52 | Dale Lawrence (58) 60 UNSK | Regina | 09/02/18 |
| Old: | 11.52 | Dale Lawrence (58) 60 UNSK | Regina | 09/02/18 |

### Long Jump - M60

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 4.44m | Dale Lawrence (58) 60 UNSK | Regina | 09/02/18 |
| Old: | 4.44m | Dale Lawrence (58) 60 UNSK | Regina | 09/02/18 |

### Triple Jump - M60

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 9.78m | Dale Lawrence (58) 60 UNSK | Regina | 10/02/18 |
| Old: | 9.78m | Dale Lawrence (58) 60 UNSK | Regina | 10/02/18 |

### \*60m - M65

|      |      |                           |           |          |
|------|------|---------------------------|-----------|----------|
| New: | 8.76 | Marcel D'Eon (53) 65 RIVA | Saskatoon | 01/12/18 |
| Old: | 9.30 | Doug Renwick (42) 66 SCTM | Edmonton  | 01/03/08 |

### \*200m - M65

|      |       |                           |           |          |
|------|-------|---------------------------|-----------|----------|
| New: | 29.33 | Marcel D'Eon (53) 65 RIVA | Saskatoon | 01/12/18 |
| Old: | 29.94 | Doug Renwick (42) 65 SCTM | Regina    | 24/03/07 |

### 1Mile - M75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 7:25.08 | Doug Renwick (42) 75 SCTM | Saskatoon | 13/01/18 |
| Old: | 7:25.08 | Doug Renwick (42) 75 SCTM | Saskatoon | 13/01/18 |

## 2019 MASTER MEN'S INDOOR RECORDS

|                      |
|----------------------|
| Shot Put (4kg) - M75 |
|----------------------|

|      |        |                           |        |          |
|------|--------|---------------------------|--------|----------|
| New: | 10.04m | Art Battiste (42) 75 SCTM | Regina | 10/02/18 |
| Old: | 10.04m | Art Battiste (42) 75 SCTM | Regina | 10/02/18 |

|                           |
|---------------------------|
| Weight Throw (16lb) - M75 |
|---------------------------|

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 12.41m | Art Battiste (42) 75 SCTM | Saskatoon | 17/03/18 |
| Old: | 12.41m | Art Battiste (42) 75 SCTM | Saskatoon | 17/03/18 |

## 2019 WOMEN'S OUTDOOR RECORDS

### 300m – U16 Women

|      |       |                                    |             |          |
|------|-------|------------------------------------|-------------|----------|
| New: | 39.27 | Savannah Sutherland (03) TMSK/STFC | Sherwood Pk | 28/07/18 |
| Old: | 39.27 | Savannah Sutherland (03) TMSK/STFC | Sherwood Pk | 28/07/18 |

### 400m – U16 Women

|      |       |                               |           |          |
|------|-------|-------------------------------|-----------|----------|
| New: | 57.36 | Savannah Sutherland (03) STFC | Saskatoon | 12/05/18 |
| Old: | 57.36 | Savannah Sutherland (03) STFC | Saskatoon | 12/05/18 |

### 80m Hurdles – U16 Women

|      |             |                                    |         |          |
|------|-------------|------------------------------------|---------|----------|
| New: | 11.27 (1.3) | Savannah Sutherland (03) TMSK/STFC | Brandon | 10/08/18 |
| Old: | 11.27 (1.3) | Savannah Sutherland (03) TMSK/STFC | Brandon | 10/08/18 |

### 200m Hurdles – U16 Women

|      |              |                                    |         |          |
|------|--------------|------------------------------------|---------|----------|
| New: | 27.66 (-2.6) | Savannah Sutherland (03) TMSK/STFC | Brandon | 12/08/18 |
| Old: | 27.66 (-2.6) | Savannah Sutherland (03) TMSK/STFC | Brandon | 12/08/18 |

### 1500m Steeplechase 30" – U16 Women

|      |         |                           |         |          |
|------|---------|---------------------------|---------|----------|
| New: | 5:10.91 | Eryn Kielo (03) Team Sask | Brandon | 12/08/18 |
| Old: | 5:10.91 | Eryn Kielo (03) Team Sask | Brandon | 12/08/18 |

### 4x100m – U16 Women

|      |       |   |             |          |
|------|-------|---|-------------|----------|
| New: | 48.55 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |       | Olamide Olaloku 03, Shelaine Prichard 04, Rachel Alberston 03, Savannah Sutherland 03 |             |          |
| Old: | 48.55 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |       | Olamide Olaloku 03, Shelaine Prichard 04, Rachel Alberston 03, Savannah Sutherland 03 |             |          |

### Medley – U16 Women

|      |         |   |             |          |
|------|---------|---|-------------|----------|
| New: | 4:12.20 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |         | Savannah Sutherland 03, Shelaine Prichard 04, Rachel Alberston 03, Stella McLeod 04 |             |          |
| Old: | 4:12.20 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |         | Savannah Sutherland 03, Shelaine Prichard 04, Rachel Alberston 03, Stella McLeod 04 |             |          |

### Shot Put 3kg – U18 Women

|      |        |                              |         |          |
|------|--------|------------------------------|---------|----------|
| New: | 13.97m | Nicole Kramchynsky (01) STFC | Brandon | 11/08/18 |
| Old: | 13.97m | Nicole Kramchynsky (01) STFC | Brandon | 11/08/18 |

## 2019 WOMEN'S OUTDOOR RECORDS

|                     |
|---------------------|
| 800m - Senior Women |
|---------------------|

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 2:02.07 | Julianne Labach (96) STFC | Ottawa | 08/07/18 |
| Old: | 2:02.07 | Julianne Labach (96) STFC | Ottawa | 08/07/18 |

|                      |
|----------------------|
| 1500m - Senior Women |
|----------------------|

|      |         |                             |         |          |
|------|---------|-----------------------------|---------|----------|
| New: | 4:11.83 | Courtney Hufsmith (98) STFC | Burnaby | 27/06/18 |
| Old: | 4:11.83 | Courtney Hufsmith (98) STFC | Burnaby | 27/06/18 |

## 2019 OPEN WOMEN'S OUTDOOR RECORDS

### 300m – U16 Women

|      |       |                                    |             |          |
|------|-------|------------------------------------|-------------|----------|
| New: | 39.27 | Savannah Sutherland (03) TMSK/STFC | Sherwood Pk | 28/07/18 |
| Old: | 39.27 | Savannah Sutherland (03) TMSK/STFC | Sherwood Pk | 28/07/18 |

### 80m Hurdles – U16 Women

|      |             |                                    |         |          |
|------|-------------|------------------------------------|---------|----------|
| New: | 11.27 (1.3) | Savannah Sutherland (03) TMSK/STFC | Brandon | 10/08/18 |
| Old: | 11.27 (1.3) | Savannah Sutherland (03) TMSK/STFC | Brandon | 10/08/18 |

### 200m Hurdles – U16 Women

|      |              |                                    |         |          |
|------|--------------|------------------------------------|---------|----------|
| New: | 27.66 (-2.6) | Savannah Sutherland (03) TMSK/STFC | Brandon | 12/08/18 |
| Old: | 27.66 (-2.6) | Savannah Sutherland (03) TMSK/STFC | Brandon | 12/08/18 |

### 4x100m – U16 Women

|      |       |   |             |          |
|------|-------|---|-------------|----------|
| New: | 48.55 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |       | Olamide Olaloku 03, Shelaine Prichard 04, Rachel Alberston 03, Savannah Sutherland 03 |             |          |

|      |       |   |             |          |
|------|-------|---|-------------|----------|
| Old: | 48.55 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |       | Olamide Olaloku 03, Shelaine Prichard 04, Rachel Alberston 03, Savannah Sutherland 03 |             |          |

### Medley – U16 Women

|      |         |   |             |          |
|------|---------|---|-------------|----------|
| New: | 4:12.20 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |         | Savannah Sutherland 03, Shelaine Prichard 04, Rachel Alberston 03, Stella McLeod 04 |             |          |

|      |         |   |             |          |
|------|---------|---|-------------|----------|
| Old: | 4:12.20 | Team Sask   | Sherwood Pk | 27/07/18 |
|      |         | Savannah Sutherland 03, Shelaine Prichard 04, Rachel Alberston 03, Stella McLeod 04 |             |          |

### Shot Put 3kg – U18 Women

|      |        |                              |         |          |
|------|--------|------------------------------|---------|----------|
| New: | 13.97m | Nicole Kramchynsky (01) STFC | Brandon | 11/08/18 |
| Old: | 13.97m | Nicole Kramchynsky (01) STFC | Brandon | 11/08/18 |

### 800m - Senior Women

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 2:02.07 | Julianne Labach (96) STFC | Ottawa | 08/07/18 |
| Old: | 2:02.07 | Julianne Labach (96) STFC | Ottawa | 08/07/18 |

### 1500m - Senior Women

|      |         |                             |         |          |
|------|---------|-----------------------------|---------|----------|
| New: | 4:11.83 | Courtney Hufsmith (98) STFC | Burnaby | 27/06/18 |
| Old: | 4:11.83 | Courtney Hufsmith (98) STFC | Burnaby | 27/06/18 |

## 2019 MASTER WOMEN'S OUTDOOR RECORDS

### 3000m - W35

|      |          |                              |           |          |
|------|----------|------------------------------|-----------|----------|
| New: | 11:35.13 | Olivia Chadwick (81) 36 UNSK | Saskatoon | 19/06/18 |
| Old: | 11:35.13 | Olivia Chadwick (81) 36 UNSK | Saskatoon | 19/06/18 |

### High Jump - W45

|      |       |                            |           |          |
|------|-------|----------------------------|-----------|----------|
| New: | 1.20m | Sandi Arnason (73) 45 RIVA | Saskatoon | 12/05/18 |
| Old: | 1.20m | Sandi Arnason (73) 45 RIVA | Saskatoon | 12/05/18 |

### Javelin 600gm - W45

|      |        |                             |           |          |
|------|--------|-----------------------------|-----------|----------|
| New: | 23.52m | Alicia Vassell (71) 48 SCTM | Saskatoon | 08/09/18 |
| Old: | 23.52m | Alicia Vassell (71) 48 SCTM | Saskatoon | 08/09/18 |

### 200m - W50

|      |             |                            |            |          |
|------|-------------|----------------------------|------------|----------|
| New: | 28.44 (0.7) | Kelly Silcox (66) 52 EXCEL | Surrey, BC | 05/08/18 |
| Old: | 28.44 (0.7) | Kelly Silcox (66) 52 EXCEL | Surrey, BC | 05/08/18 |

### Hammer 3kg – W50

|      |        |                                      |            |          |
|------|--------|--------------------------------------|------------|----------|
| New: | 38.02m | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 04/08/18 |
| Old: | 38.02m | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 04/08/18 |

### Weight Throw 16lbs – W50

|      |        |                                      |            |          |
|------|--------|--------------------------------------|------------|----------|
| New: | 12.05m | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 05/08/18 |
| Old: | 12.05m | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 05/08/18 |

### Weight Pentathlon – W50

|      |  |                                      |            |          |
|------|--|--------------------------------------|------------|----------|
| New: | 3065 pts<br>(HT – 34.40m, SP – 8.01m, DT – 24.08m, JT – 23.71m, WT – 11.79m) | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 03/08/18 |
| Old: | 3065 pts<br>(HT – 34.40m, SP – 8.01m, DT – 24.08m, JT – 23.71m, WT – 11.79m) | Michelle Van De Meutter (66) 52 NBLT | Surrey, BC | 03/08/18 |

### Javelin 500gm - W55

|      |        |                             |           |          |
|------|--------|-----------------------------|-----------|----------|
| New: | 18.35m | Colleen Moniuk (57) 61 SCTM | Saskatoon | 08/09/18 |
| Old: | 18.35m | Colleen Moniuk (57) 61 SCTM | Saskatoon | 08/09/18 |

## 2019 MASTER WOMEN'S OUTDOOR RECORDS

### 80m Hurdles (27") - W60

|      |                             |                           |            |          |
|------|-----------------------------|---------------------------|------------|----------|
| New: | 13.86 (-0.4) <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Surrey, BC | 04/08/18 |
| Old: | 13.86 (-0.4) <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Surrey, BC | 04/08/18 |

### 300m Hurdles (27") - W60

|      |                      |                           |            |          |
|------|----------------------|---------------------------|------------|----------|
| New: | 57.09 <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Surrey, BC | 05/08/18 |
| Old: | 57.09 <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Surrey, BC | 05/08/18 |

### High Jump - W60

|      |       |                             |        |          |
|------|-------|-----------------------------|--------|----------|
| New: | 1.16m | Jo-Ann Kennedy (58) 60 YLTC | Regina | 09/06/18 |
| Old: | 1.16m | Jo-Ann Kennedy (58) 60 YLTC | Regina | 09/06/18 |

### Triple Jump - W60

|      |                            |                           |         |          |
|------|----------------------------|---------------------------|---------|----------|
| New: | 9.09m (1.9) <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Spokane | 27/07/18 |
| Old: | 9.09m (1.9) <b>Can REC</b> | Muriel Gieni (58) 60 RIVA | Spokane | 27/07/18 |

### Javelin 500gm - W65

|      |        |                        |           |          |
|------|--------|------------------------|-----------|----------|
| New: | 20.28m | Vi Mizuno (51) 66 SCTM | Saskatoon | 08/09/18 |
| Old: | 20.28m | Vi Mizuno (51) 66 SCTM | Saskatoon | 08/09/18 |

### 100m - W75

|      |                          |                                   |            |          |
|------|--------------------------|-----------------------------------|------------|----------|
| New: | 15.03 (0.6) <b>WR/CR</b> | Carol Lafayette-Boyd (42) 76 EXCL | Surrey, BC | 04/08/18 |
| Old: | 15.03 (0.6) <b>WR/CR</b> | Carol Lafayette-Boyd (42) 76 EXCL | Surrey, BC | 04/08/18 |

### 200m - W75

|      |                           |                                   |            |          |
|------|---------------------------|-----------------------------------|------------|----------|
| New: | 31.56 (-0.7) <b>WR/CR</b> | Carol Lafayette-Boyd (42) 76 EXCL | Malaga, SP | 09/09/18 |
| Old: | 31.56 (-0.7) <b>WR/CR</b> | Carol Lafayette-Boyd (42) 76 EXCL | Malaga, SP | 09/09/18 |

### High Jump - W75

|      |                    |                                   |            |          |
|------|--------------------|-----------------------------------|------------|----------|
| New: | 1.24m <b>WR/CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Malaga, SP | 10/09/18 |
| Old: | 1.24m <b>WR/CR</b> | Carol Lafayette-Boyd (42) 75 EXCL | Malaga, SP | 10/09/18 |

### 50m - W 80

|      |              |                          |        |          |
|------|--------------|--------------------------|--------|----------|
| New: | 13.86 (-1.4) | Gwen Boivin (34) 84 UNSK | Regina | 09/06/18 |
| Old: | 13.86 (-1.4) | Gwen Boivin (34) 84 UNSK | Regina | 09/06/18 |



## 2019 MASTER WOMEN'S OUTDOOR RECORDS

### 100m - W 80

|      |              |                          |        |          |
|------|--------------|--------------------------|--------|----------|
| New: | 27.78 (-1.3) | Gwen Boivin (34) 84 UNSK | Regina | 09/06/18 |
| Old: | 27.78 (-1.3) | Gwen Boivin (34) 84 UNSK | Regina | 09/06/18 |

### Triple Jump - W 80

|      |             |                          |        |          |
|------|-------------|--------------------------|--------|----------|
| New: | 3.79m (0.7) | Gwen Boivin (34) 84 UNSK | Regina | 10/06/18 |
| Old: | 3.79m (0.7) | Gwen Boivin (34) 84 UNSK | Regina | 10/06/18 |

### Shot Put 2kg – W80

|      |                 |                        |           |          |
|------|-----------------|------------------------|-----------|----------|
| New: | 9.15m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 12/05/18 |
| Old: | 9.15m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 12/05/18 |

### Discus .750gm – W80

|      |                  |                        |           |          |
|------|------------------|------------------------|-----------|----------|
| New: | 21.37m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
| Old: | 21.37m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |

### Javelin Throw 400gm – W80

|      |                     |                        |           |          |
|------|---------------------|------------------------|-----------|----------|
| New: | 22.47m <b>WR CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
| Old: | 22.47m <b>WR CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |

### Hammer 2kg – W80

|      |                  |                        |           |          |
|------|------------------|------------------------|-----------|----------|
| New: | 30.70m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
| Old: | 30.70m <b>CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |

### Weight Throw 4kg – W80

|      |                     |                        |           |          |
|------|---------------------|------------------------|-----------|----------|
| New: | 11.64m <b>WR CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
| Old: | 11.64m <b>WR CR</b> | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |

### Weight Pentathlon – W80

|      |  |                        |           |          |
|------|--|------------------------|-----------|----------|
| New: | 5275 pts <b>WR CR</b>  | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
|      | (HT – 30.70m, SP – 8.89m, DT – 21.37m, JT – 20.49m, WT – 11.64m) |                        |           |          |
| Old: | 5275 pts <b>WR CR</b>  | Marg Tosh (37) 80 STFC | Saskatoon | 08/09/18 |
|      | (HT – 30.70m, SP – 8.89m, DT – 21.37m, JT – 20.49m, WT – 11.64m) |                        |           |          |

## 2019 MEN'S OUTDOOR RECORDS

### 1200m – U16 Men

|      |         |                         |         |          |
|------|---------|-------------------------|---------|----------|
| New: | 3:14.48 | Adam Mytopher (03) TMSK | Brandon | 10/08/18 |
| Old: | 3:14.48 | Adam Mytopher (03) TMSK | Brandon | 10/08/18 |

### 100m – U18 Men

|      |              |                         |         |          |
|------|--------------|-------------------------|---------|----------|
| New: | 10.71 (+1.4) | Dami Ogunbiyi (01) TMSK | Brandon | 10/08/18 |
| Old: | 10.71 (+1.4) | Dami Ogunbiyi (01) TMSK | Brandon | 10/08/18 |

### 2000m Steeplechase 33"- U18 Men

|      |         |                            |             |          |
|------|---------|----------------------------|-------------|----------|
| New: | 6:09.29 | Said Moktar (01) TMSK/RIVA | Sherwood Pk | 28/07/18 |
| Old: | 6:09.29 | Said Moktar (01) TMSK/RIVA | Sherwood Pk | 28/07/18 |

### Decathlon - U18 Men

|      |  |                         |         |             |
|------|--|-------------------------|---------|-------------|
| New: | 5091pts<br>(11.52 (1.0), 5.74m (2.2), 10.89m, 1.56m, 54.42, 16.43 (1.2), 27.66m, 2.90m, 43.53m, 5:54.38) | Jordan Dasiuk (01) RIVA | Calgary | 14-15/07/18 |
| Old: | 5091pts<br>(11.52 (1.0), 5.74m (2.2), 10.89m, 1.56m, 54.42, 16.43 (1.2), 27.66m, 2.90m, 43.53m, 5:54.38) | Jordan Dasiuk (01) RIVA | Calgary | 14-15/07/18 |

### 4x100m – U18 Men

|      |       |  |             |          |
|------|-------|--|-------------|----------|
| New: | 42.65 | Team Sask<br>Jordan Dasiuk 01, Thomas Ward 01, Scott Joseph 01, Dami Ogunbiyi 01 | Sherwood Pk | 27/07/18 |
| Old: | 42.65 | Team Sask<br>Jordan Dasiuk 01, Thomas Ward 01, Scott Joseph 01, Dami Ogunbiyi 01 | Sherwood Pk | 27/07/18 |

### 5000m Racewalk – U20 Men

|      |          |                       |         |          |
|------|----------|-----------------------|---------|----------|
| New: | 26:54.61 | Keenan Hoyer (00) UNA | Calgary | 17/06/18 |
| Old: | 26:54.61 | Keenan Hoyer (00) UNA | Calgary | 17/06/18 |

### 110m Hurdles 39" – U20 Men

|      |              |                       |        |          |
|------|--------------|-----------------------|--------|----------|
| New: | 14.12 (+1.4) | Payne Wylie (00) RIVA | Regina | 05/05/18 |
| New: | 14.12 (+1.4) | Payne Wylie (00) RIVA | Regina | 05/05/18 |

### 110m Hurdles 42" – Senior Men

|      |             |                          |         |          |
|------|-------------|--------------------------|---------|----------|
| New: | 14.30 (1.0) | Kayden Johnson (96) UNSK | Calgary | 27/05/18 |
| Old: | 14.30 (1.0) | Kayden Johnson (96) UNSK | Calgary | 27/05/18 |

## 2019 OPEN MEN'S OUTDOOR RECORDS

### 1200m – U16 Men

|      |         |                         |         |          |
|------|---------|-------------------------|---------|----------|
| New: | 3:14.48 | Adam Mytopher (03) TMSK | Brandon | 10/08/18 |
| Old: | 3:14.48 | Adam Mytopher (03) TMSK | Brandon | 10/08/18 |

### 2000m Steeplechase 33" - U18 Men

|      |         |                            |               |          |
|------|---------|----------------------------|---------------|----------|
| New: | 6:09.29 | Said Moktar (01) TMSK/RIVA | Sherwood Park | 28/07/18 |
| Old: | 6:09.29 | Said Moktar (01) TMSK/RIVA | Sherwood Park | 28/07/18 |

### Decathlon - U18 Men

|      |  |                         |         |             |
|------|--|-------------------------|---------|-------------|
| New: | 5091pts<br>(11.52 (1.0), 5.74m (2.2), 10.89m, 1.56m, 54.42, 16.43 (1.2), 27.66m, 2.90m, 43.53m, 5:54.38) | Jordan Dasiuk (01) RIVA | Calgary | 14-15/07/18 |
| Old: | 5091pts<br>(11.52 (1.0), 5.74m (2.2), 10.89m, 1.56m, 54.42, 16.43 (1.2), 27.66m, 2.90m, 43.53m, 5:54.38) | Jordan Dasiuk (01) RIVA | Calgary | 14-15/07/18 |

### 5000m Racewalk – U20 Men

|      |          |                       |         |          |
|------|----------|-----------------------|---------|----------|
| New: | 26:54.61 | Keenan Hoyer (00) UNA | Calgary | 17/06/18 |
| Old: | 26:54.61 | Keenan Hoyer (00) UNA | Calgary | 17/06/18 |

### 110m Hurdles 42" – Senior Men

|      |             |                          |         |          |
|------|-------------|--------------------------|---------|----------|
| New: | 14.30 (1.0) | Kayden Johnson (96) UNSK | Calgary | 27/05/18 |
| Old: | 14.30 (1.0) | Kayden Johnson (96) UNSK | Calgary | 27/05/18 |

## 2019 MASTER MEN'S OUTDOOR RECORDS

### 100m - M30

|      |             |                            |           |          |
|------|-------------|----------------------------|-----------|----------|
| New: | 11.10 (0.1) | Deven Stewart (87) 30 STFC | Saskatoon | 19/06/18 |
| Old: | 11.10 (0.1) | Deven Stewart (87) 30 STFC | Saskatoon | 19/06/18 |

### 200m - M30

|      |              |                            |             |          |
|------|--------------|----------------------------|-------------|----------|
| New: | 22.95 (-1.2) | Deven Stewart (87) 30 STFC | Sherwood Pk | 28/07/18 |
| Old: | 22.95 (-1.2) | Deven Stewart (87) 30 STFC | Sherwood Pk | 28/07/18 |

### 1500m - M30

|      |         |                           |        |          |
|------|---------|---------------------------|--------|----------|
| New: | 4:13.41 | Russell Neff (85) 33 EXCL | Regina | 09/06/18 |
| Old: | 4:13.41 | Russell Neff (85) 33 EXCL | Regina | 09/06/18 |

### 3000m - M30

|      |         |                             |           |          |
|------|---------|-----------------------------|-----------|----------|
| New: | 9:39.80 | Iain McCormick (85) 32 UNSK | Saskatoon | 19/06/18 |
| Old: | 9:39.80 | Iain McCormick (85) 32 UNSK | Saskatoon | 19/06/18 |

### 5000m - M30

|      |          |                           |        |          |
|------|----------|---------------------------|--------|----------|
| New: | 17:11.74 | Russell Neff (85) 33 EXCL | Regina | 10/06/18 |
| Old: | 17:11.74 | Russell Neff (85) 33 EXCL | Regina | 10/06/18 |

### 50m - M35

|      |             |                          |        |          |
|------|-------------|--------------------------|--------|----------|
| New: | 6.38 (-1.0) | Mike Taylor (81) 36 PAAC | Regina | 09/06/18 |
| Old: | 6.38 (-1.0) | Mike Taylor (81) 36 PAAC | Regina | 09/06/18 |

### Weight Throw 35lbs – M35

|      |        |                       |           |          |
|------|--------|-----------------------|-----------|----------|
| New: | 10.11m | Mike Ehr (79) 38 EXCL | Saskatoon | 08/09/18 |
| Old: | 10.11m | Mike Ehr (79) 38 EXCL | Saskatoon | 08/09/18 |

### Weight Pentathlon – M35

|      |  |                       |           |          |
|------|--|-----------------------|-----------|----------|
| New: | 2152 pts   | Mike Ehr (79) 38 EXCL | Saskatoon | 08/09/18 |
|      | (HT – 30.96m, SP – 9.23m, DT – 28.54m, JT – 36.46m, WT – 10.11m) |                       |           |          |
| Old: | 2152 pts   | Mike Ehr (79) 38 EXCL | Saskatoon | 08/09/18 |
|      | (HT – 30.96m, SP – 9.23m, DT – 28.54m, JT – 36.46m, WT – 10.11m) |                       |           |          |

### 50m - M50

|      |             |                          |        |          |
|------|-------------|--------------------------|--------|----------|
| New: | 6.90 (-1.0) | Colin Ellis (67) 50 EXCL | Regina | 09/06/18 |
| Old: | 6.90 (-1.0) | Colin Ellis (67) 50 EXCL | Regina | 09/06/18 |

## 2019 MASTER MEN'S OUTDOOR RECORDS

### 400m - M50

|      |       |                          |               |          |
|------|-------|--------------------------|---------------|----------|
| New: | 57.90 | Colin Ellis (67) 50 EXCL | Malaga, Spain | 11/09/18 |
| Old: | 57.90 | Colin Ellis (67) 50 EXCL | Malaga, Spain | 11/09/18 |

### 50m – M65

|      |             |                             |        |          |
|------|-------------|-----------------------------|--------|----------|
| New: | 7.95 (-1.0) | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |
| Old: | 7.95 (-1.0) | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |

### Shot Put 5kg – M65

|      |        |                             |        |          |
|------|--------|-----------------------------|--------|----------|
| New: | 10.15m | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |
| Old: | 10.15m | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |

### Discus 1.0kg – M65

|      |        |                             |        |          |
|------|--------|-----------------------------|--------|----------|
| New: | 34.94m | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |
| Old: | 34.94m | Brian Berquist (53) 65 RIVA | Regina | 09/06/18 |

### Javelin 600gm – M65

|      |        |                             |         |          |
|------|--------|-----------------------------|---------|----------|
| New: | 30.21m | Brian Berquist (53) 65 RIVA | Kelowna | 29/06/18 |
| Old: | 30.21m | Brian Berquist (53) 65 RIVA | Kelowna | 29/06/18 |

### Weight Pentathlon – M65

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 2775pts | Brian Berquist (53) 65 RIVA                                      | Saskatoon | 08/09/18 |
|      |         | (HT – 23.94m, SP – 9.84m, DT - 32.28m, JT – 29.00m, WT – 10.04m) |           |          |
| Old: | 2775pts | Brian Berquist (53) 65 RIVA                                      | Saskatoon | 08/09/18 |
|      |         | (HT – 23.94m, SP – 9.84m, DT - 32.28m, JT – 29.00m, WT – 10.04m) |           |          |

### Pole Vault – M75

|      |       |                           |         |          |
|------|-------|---------------------------|---------|----------|
| New: | 2.10m | Doug Renwick (42) 76 SCTM | Spokane | 28/07/18 |
| Old: | 2.10m | Doug Renwick (42) 76 SCTM | Spokane | 28/07/18 |

### Shot Put (4kg) – M75

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 10.26m | Art Battiste (42) 75 SCTM | Saskatoon | 17/07/18 |
| Old: | 10.26m | Art Battiste (42) 75 SCTM | Saskatoon | 17/07/18 |

### Hammer (4kg) – M75

|      |        |                           |        |          |
|------|--------|---------------------------|--------|----------|
| New: | 27.00m | Art Battiste (42) 75 SCTM | Regina | 10/06/18 |
| Old: | 27.00m | Art Battiste (42) 75 SCTM | Regina | 10/06/18 |

## 2019 MASTER MEN'S OUTDOOR RECORDS

### Weight Throw (16lbs) – M75

|      |        |                           |        |          |
|------|--------|---------------------------|--------|----------|
| New: | 12.02m | Art Battiste (42) 75 SCTM | Regina | 09/06/18 |
| Old: | 12.02m | Art Battiste (42) 75 SCTM | Regina | 09/06/18 |

### Weight Pentathlon – M75

|      |          |   |           |          |
|------|----------|---|-----------|----------|
| New: | 3116 pts | Art Battiste (42) 75 SCTM   | Saskatoon | 08/09/18 |
|      |          | (HT – 25.44m, SP – 10.16m, DT – 26.20m, JT – 24.40m, WT – 11.46m) |           |          |
| Old: | 3116 pts | Art Battiste (42) 75 SCTM   | Saskatoon | 08/09/18 |
|      |          | (HT – 25.44m, SP – 10.16m, DT – 26.20m, JT – 24.40m, WT – 11.46m) |           |          |

### 200m Hurdles 27" – M80

|      |               |                                |            |          |
|------|---------------|--------------------------------|------------|----------|
| New: | 1:08.27 (0.7) | Hylke Van Der Wal (38) 80 UNSK | Surrey, BC | 05/08/18 |
| Old: | 1:08.27 (0.7) | Hylke Van Der Wal (38) 80 UNSK | Surrey, BC | 05/08/18 |

### 2000m Steeplechase 30" – M80

|      |          |                                |            |          |
|------|----------|--------------------------------|------------|----------|
| New: | 19:51.49 | Hylke Van Der Wal (38) 80 UNSK | Surrey, BC | 04/08/18 |
| Old: | 19:51.49 | Hylke Van Der Wal (38) 80 UNSK | Surrey, BC | 04/08/18 |

### 100m – M85

|      |                        |                        |            |          |
|------|------------------------|------------------------|------------|----------|
| New: | 16.99 (-0.5) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |
| Old: | 16.99 (-0.5) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |

### 400m – M85

|      |         |                        |            |          |
|------|---------|------------------------|------------|----------|
| New: | 1:40.25 | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |
| Old: | 1:40.25 | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |

### 1500m – M85

|      |         |                        |            |          |
|------|---------|------------------------|------------|----------|
| New: | 9:38.84 | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |
| Old: | 9:38.84 | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |

### 80m Hurdles – M85

|      |                        |                        |            |          |
|------|------------------------|------------------------|------------|----------|
| New: | 20.09 (+0.9) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 05/09/18 |
| Old: | 20.09 (+0.9) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 05/09/18 |

### High Jump – M85

|      |                 |                        |            |          |
|------|-----------------|------------------------|------------|----------|
| New: | 1.09m <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |
| Old: | 1.09m <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |

## 2019 MASTER MEN'S OUTDOOR RECORDS

### Pole Vault – M85

|      |                 |                        |            |          |
|------|-----------------|------------------------|------------|----------|
| New: | 1.62m <b>CR</b> | Ted Rowan (33) 85 SCTM | Surrey, BC | 04/08/18 |
| Old: | 1.62m <b>CR</b> | Ted Rowan (33) 85 SCTM | Surrey, BC | 04/08/18 |

### Long Jump – M85

|      |                       |                        |            |          |
|------|-----------------------|------------------------|------------|----------|
| New: | 3.31m (1.0) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |
| Old: | 3.31m (1.0) <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |

### Triple Jump – M85

|      |              |                        |            |          |
|------|--------------|------------------------|------------|----------|
| New: | 6.37m (-1.6) | Ted Rowan (33) 85 SCTM | Malaga, SP | 12/09/18 |
| Old: | 6.37m (-1.6) | Ted Rowan (33) 85 SCTM | Malaga, SP | 12/09/18 |

### Shot Put 3kg – M85

|      |       |                        |            |          |
|------|-------|------------------------|------------|----------|
| New: | 8.08m | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |
| Old: | 8.08m | Ted Rowan (33) 85 SCTM | Malaga, SP | 04/09/18 |

### Javelin (400gm) – M85

|      |                  |                        |            |          |
|------|------------------|------------------------|------------|----------|
| New: | 22.94m <b>CR</b> | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |
| Old: | 22.94m <b>CR</b> | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |

### Discus (1kg) – M85

|      |                  |                        |            |          |
|------|------------------|------------------------|------------|----------|
| New: | 25.87m <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 05/09/18 |
| Old: | 25.87m <b>CR</b> | Ted Rowan (33) 85 SCTM | Malaga, SP | 05/09/18 |

### Pentathlon – M85

|      |   |                        |            |          |
|------|---|------------------------|------------|----------|
| New: | 3635 pts <b>WR</b> <b>CR</b>  | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |
|      | (200m – 36.30 (2.2), DT – 21.03m, JT – 22.94m, LJ – 3.15m (0.0), 1500m – 9:38.84) |                        |            |          |
| Old: | 3635 pts <b>WR</b> <b>CR</b>  | Ted Rowan (33) 85 SCTM | Surrey, BC | 03/08/18 |
|      | (200m – 36.30 (2.2), DT – 21.03m, JT – 22.94m, LJ – 3.15m (0.0), 1500m – 9:38.84) |                        |            |          |

### Decathlon – M85

|      |  |                        |            |             |
|------|--|------------------------|------------|-------------|
| New: | 7110 pts <b>WR</b> <b>CR</b>   | Ted Rowan (33) 85 SCTM | Malaga, SP | 04-05/09/18 |
|      | (100m – 16.99 (-0.5), LJ – 3.31m (1.0), SP – 8.08m, HJ – 1.09m, 400m – 1:40.25, 80m H – 20.09 (+0.9), DT – 25.87m, PV - 1.60m, JT – 19.86m, 1500m – 9:43.23) |                        |            |             |
| Old: | 7110 pts <b>WR</b> <b>CR</b>   | Ted Rowan (33) 85 SCTM | Malaga, SP | 04-05/09/18 |
|      | (100m – 16.99 (-0.5), LJ – 3.31m (1.0), SP – 8.08m, HJ – 1.09m, 400m – 1:40.25, 80m H – 20.09 (+0.9), DT – 25.87m, PV - 1.60m, JT – 19.86m, 1500m – 9:43.23) |                        |            |             |